



2024-25 School Year

Linn-Mar High School
Updates and Announcements
For Students and Parents
November 22, 2024



November 25 – December 5, 2024

...Week 14 and Week 15...

Monday, November 25

Regular Daily Schedule (9:00 – 4:00 p.m.)

3:30 p.m. RTI

Tuesday, November 26

Regular Daily Schedule (9:00 – 4:00 p.m.)

2:30 p.m. *JV/V Girls/Boys Bowling @ Dubuque (Cherry Lanes)

3:30 p.m. RTI

*JV Girls Wrestling Tourney @ Midland HS (Wyoming)

5:00 p.m. *JV1/V Girls Basketball @ Bettendorf

6:00 p.m. V Boys Swimming Metro Meet @ CR Jefferson

Wednesday, November 27

Holiday Break – No Classes

9:00 a.m. Marion PD Swat Team Practice (Upper East Side of LMHS)

Thursday, November 28

Thanksgiving Holiday – No Classes

Friday, November 29

Holiday Break – No Classes

Saturday, November 30

10:00 a.m. V Girls Wrestling LM Duals (LM Main Gym)

Monday, December 2

Regular Daily Schedule (9:00 – 4:00 p.m.)

3:30 p.m. RTI

6:00 p.m. JV/V Girls Wrestling vs. CR Kennedy (LM Main Gym)

Tuesday, December 3

Regular Daily Schedule (9:00 – 4:00 p.m.)

3:30 p.m. RTI

4:30 p.m. *JV1/V Girls Basketball @ Marion HS

5:00 p.m. 10th/V Boys Basketball vs. Bettendorf (LM Main Gym)

6:00 p.m. *JV/V Boys Swimming @ Cedar Falls

Wednesday, December 4

Regular Daily Schedule (9:00 – 4:00 p.m.)

3:30 p.m. RTI

7:30 p.m. Pom Preview Show (LM Main Gym)

Thursday, December 5

Regular Daily Schedule (9:00 – 4:00 p.m.)

All Day *V Poms ISDTA @ Des Moines

12:00 p.m. *V Girls Wrestling Dan Gable Donnybrook @ Coralville

3:30 p.m. *9th GRADE CONNECTION

4:30 p.m. Jazz Bands Jazz-A-Thon (Learning Center)

6:00 p.m. JV/V Boys Wrestling vs. CR Kennedy (LM Main Gym)

Friday, December 6

Regular Daily Schedule (9:00 – 4:00 p.m.)

Deadline to Declare Credit/Fail for 2nd Quarter Classes

All Day *V Poms ISDTA @ Des Moines

8:00 a.m. *V Girls Wrestling Dan Gable Donnybrook @ Coralville

11:30 a.m. *V Boys Wrestling Dan Gable Donnybrook @ Coralville

3:00 p.m. *JV/V Girls/Boys Bowling vs. CR Jefferson (CRBC)

3:30 p.m. RTI

4:30 p.m. *JV2 Girls Basketball @ Western Dubuque (Epworth)

6:00 p.m. JV1/V Girls Basketball vs. Dubuque Hempstead (LM Main Gym)

7:00 p.m. 9th Grade Play *The Best Christmas Pageant Ever* (Little Theatre)

Saturday, December 7

All Day NEIBA Honor Band @ Oelwein

9:00 a.m. V Boys Wrestling Dan Gable Donnybrook @ Coralville

10:00 a.m. V Boys Swimming @ Sun Prairie East HS (Wisconsin)

12:00 p.m. JV1 Girls Basketball vs. Waukee (Auxiliary Gym)
 10th Boys Basketball vs. Waukee (LM Main Gym)
 1:30 p.m. V Girls/Boys Basketball vs. Waukee (LM Main Gym)
 7:00 p.m. 9th Grade Play *The Best Christmas Pageant Ever* (Little Theatre)

Notes

11/26 JV/V Girls/Boys Bowling dismissed at 12:25 p.m.
 JV Girls Wrestling dismissed at 12:40 p.m.
 JV1/V Girls Basketball dismissed at 1:55 p.m.
 12/3 JV1/V Girls Basketball dismissed at 3:10 p.m.
 JV/V Boys Swimming dismissed at 2:55 p.m.
 12/5 **9th GRADE CONNECTION:** *This is a date change (from 12/9): The Focus: the Semester Exam Schedule and Preparing for Semester Exams.*
 V Poms dismissed at 1:40 p.m.
 V Girls Wrestling departing prior to 9:00 a.m.
 12/6 V Poms departing on 12/5
 V Girls Wrestling departing prior to 9:00 a.m.
 V Boys Wrestling departing prior to 9:00 a.m.
 JV/V Girls/Boys Wrestling dismissed at 1:40 p.m.
 JV2 Girls Basketball dismissed at 2:10 p.m.

Future

12/9 9th Grade Connection (3:30 p.m., Focus: Preparing for Semester Exams and Exam Schedule)
 12/13 Legislative representatives have been invited to visit the district and will be touring LMHS between 9:45-10:15 a.m.
 12/20 **Two-Hour Early Release Schedule** (District-wide) (Winter Break begins at 2:00 p.m.)

2nd Quarter

Two LMHS Seniors Named Herbert Hoover *Uncommon Student* Award Recipients

Congratulations to LMHS Seniors **Gabbie Biedermann** and **Ananya Oli** for being named recipients of the 2024 Herbert Hoover *Uncommon Student* Award. Gabbie's *Uncommon Student* project was called **The Reaction Project: Putting the Action into Reactions by Spreading Awareness of Food Allergies and Related Mental Health**. For her project, Gabbie received a \$10,000 scholarship! Ananya's *Uncommon Student* project was called **Today's Voters, Tomorrow's Future**. For her project, Ananya received a \$1,500 scholarship! Congratulations to **Gabbie** and **Ananya**!

Mental Health & Disabilities Resource Fair on December 3 at CR Public Library

A second Mental Health & Disabilities Resource Fair will be held for all area families who have students with disabilities, mental health issues, and/or other differences that may impact daily life. This event will be held **Tuesday, December 3, from 5:00 p.m.-6:30 p.m. at the Cedar Rapids Public Library**. Many of the organizations, resources, and groups at the November 19 event will also be present on December 3.

LMHS 2024-25 Regular Daily Schedule (link)

The link above is for the LMHS 2024-25 Regular Daily Schedule.

Student Assistance Office

Student Assistance Specialists Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or in person to schedule a meeting:

Joyce Booth: joyce.booth@linnmar.k12.ia.us (319) 892-4884
 Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559
 Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. The link will be made available in the Updates (below) as well as on the LMHS webpage on the district website.

High School Safe2Speakup
See Something. Say Something.

****This reporting tool is for High School students only. ****

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

[Need to make a report \(THIS IS THE LINK\)](#)

[I have been/Someone I know has been Sexually Assaulted](#)

[Weapon on School Grounds](#)

[I am/Someone I know is thinking about Suicide](#)

[LMHS Wildcat Food Pantry](#)

Students and families in need of food are able to utilize the **LMHS Wildcat Food Pantry** located in the LMHS Wildcat Closet. Food distribution is based upon the need for students and families. To utilize this resource, please connect with your school counselor, a student assistance specialist, or directly with Mr. Knighton, our Family Resource Specialist, located in the LMHS Main Office via email, phone, or face to face.

Shawn Knighton: shawn.knighton@linnmar.k12.ia.us 319-730-3633

The **LMHS Wildcat Closet**, run by the Student Assistance Office, continues to be available for students needing clothing, school supplies, and hygiene products. Students needing to use the LMHS Wildcat Closet can speak to any LMHS staff member, who will help students get in the LMHS Wildcat Closet.

12th Grade – LMHS Class of 2025

[Kirkwood Winter and Spring Course Registration](#)

Juniors and Seniors can sign up to take individual courses on Kirkwood's main campus or online (asynchronous) for Winter and Spring term classes. You can find a full list of classes we offer on this Google Doc – [Kirkwood 2024-25](#). **Students must register for winter courses by November 26th, 2024 and spring courses by December 21** ([see registration information here](#)). Please see your school counselor if you have questions about course time and availability. The School Counselors will also be offering registration assistance on Tuesday, November 19th, Wednesday, November 20th and Monday, November 25th at 3:30 in the College/Career Center.

[Kirkwood Concurrent Course Enrollment for Spring 2025](#)

The Spring 2025 Kirkwood Concurrent Course enrollment begins on Monday, October 14 and closes on January 7. To get more information on what classes qualify and how to go about the enrollment process, you can go to the School Counselor's Website and under "Academics", you will find "Earn College Credit While In High School", or see your school counselor.

[Post-Secondary Planning Information Available for Each Grade Level](#)

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more! <https://tinyurl.com/lmhsschoolcounseling>

[Senior Scholarship Information](#)

Seniors can access local scholarships through the LMHS Counseling Scholarship spreadsheet: tinyurl.com/lmhsscholarships This document will be continuously updated as the year goes on and is important for students to check frequently to access new scholarships as we become aware of them.

[Linn-Mar School Foundation Scholarship Applications Opened October 15 for Linn-Mar Seniors!](#)

The Linn-Mar School Foundation is pleased to announce that scholarship applications opened on October 15 for graduating seniors. With over 20 scholarships available, this is an incredible opportunity for students to gain support for their future educational pursuits.

Applications will be accepted through January 15. We encourage seniors to apply and take advantage of this support, generously made possible by our dedicated donors. Their commitment to the Linn-Mar student body truly makes a difference in the lives of our Lions.

For more information and to access the applications, visit [the Foundation's webpage](#).

[ACT Information](#)

As you plan post-secondary education, we encourage all students who are university-bound to consider taking the ACT. The ACT is an important college admissions exam that can play a significant role in your application process and financial aid. Linn-Mar High School will only host the December test date this year, but students can register for the other dates - October, February, April, June and July - at alternate locations. For registration details, visit the [ACT](#) website.

IMPORTANT LMHS Class of 2025 Planning Dates

5/5 Senior Recognition Night (7:00 p.m., LM Auditorium)
5/17 Senior Prom (8:00 p.m., Epic Events Center)
5/21 Seniors Last Class Day (1:00 p.m., Graduation Rehearsal)
5/25 Commencement (1:00 p.m., Alliant Energy Powerhouse, CR)

11th Grade

Kirkwood Winter and Spring Course Registration

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LMHS Class of 2026 Future Planning Dates

Commencement (1:00 p.m., Sunday, May 24, 2026, Alliant Energy Powerhouse, CR)

10th Grade

Post-Secondary Planning Information Available for Each Grade Level

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!
<https://tinyurl.com/lmhsschoolcounseling>

LMHS Class of 2027 Future Planning Dates

Commencement (1:00 p.m., Sunday, May 30, 2027, Alliant Energy Powerhouse, CR)

9th Grade

Post-Secondary Planning Information Available for Each Grade Level

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!
<https://tinyurl.com/lmhsschoolcounseling>

LMHS Class of 2028 Future Planning Dates

Commencement (1:00 p.m., Sunday, May 28, 2028, Alliant Energy Powerhouse, CR)

Activities

Planning to participate in any LMHS activity this school year?

If your student is planning to participate in either Athletics, Fine Arts and/or Clubs for the 2024-25 School Year, please [click here](#) and select Register. <https://www.gobound.com/ia/schools/linnmar>

Athletics

Congratulations to LMHS Girls Swimming and Diving for placing in the following events at the Girls State Swimming and Diving Meet: [Tori Sletteland](#) (Diving-15th Place); [Anna Nordine](#) (200 Medley Relay-13th Place); [Mehal Raghvani](#) (200 Medley Relay-13th Place, 200 IM-16th Place, 400 Free Relay-15th Place); [Maura Carstensen](#) (200 Medley Relay-13th Place, 100

Butterfly-15th Place, 400 Free Relay-16th Place); **Greta Huberg** (500 Free-11th Place, 400 Free Relay-16th Place); **Mackenzie Tristan** (500 Free-16th Place, 400 Free Relay-16th Place); and **Libby Richard** (200 Medley Relay-13th Place)!

Congratulations to LMHS Cheer members Allie Dvorak, Abry Harrington, and Ella Kline for being selected for the All-Iowa Cheer Squad that will be performing in Cedar Falls during the football championship games!

Congratulations to LMHS Girls Swimming and Diving for qualifying for the following events for the Girls State Swimming and Diving Meet: **Tori Sletteland** (Diving); **Layla Breitbach** (200 Medley Relay, 200 IM, 200 Free Relay); **Maura Carstensen** (200 Medley Relay, 200 IM, 200 Free Relay, 100 Breaststroke); **Mehal Raghvani** (200 Medley Relay, 200 IM, 100 Free, 400 Free Relay); **Anna Nordine** (200 Medley Relay, 400 Free Relay); **Greta Huberg** (200 Free, 500 Free, 200 Free Relay, 400 Free Relay); **Mackenzie Tristan** (500 Free); **Issy Telisak** (500 Free); and **Addison Luck** (200 Free Relay, 400 Free Relay)!

Congratulations to LMHS Girls Cross Country team members for recognition received this season: **Hailey Kozloski** (State Qualifier, 1st Team All-Metro, Metro Co-Athlete of the Year, 1st Team All-MVC); **Gabby Mauren** (State Qualifier, 1st Team All-Metro, 2nd Team All-MVC, MVC All-Academic); **Anna Temple** (2nd Team All-Metro, 2nd Team All-MVC); **Addison Domer** (2nd Team All-Metro, MVC All-Academic); **Leah Paulson** (2nd Team All-Team, Honorable Mention All-MVC, MVC All-Academic); **Mackenzie Tristan** (2nd Team All-Metro); **Bryinna Gander** (Honorable Mention All-Metro); **Bella Cole** (Honorable Mention All-Metro); **Anika Haugen** (MVC All-Academic); **Chloe Kozloski** (MVC All-Academic); **Ellie Scott** (MVC All-Academic); **Thanh Beech** (MVC All-Academic); **Addie Brooks** (MVC All-Academic); **Anna Buchholz** (MVC All-Academic); **Katie Christenson** (MVC All-Academic); **Mya Koppes** (MVC All-Academic); and **Katelyn Orr** (MVC All-Academic)!

Congratulations to LMHS Boys Cross Country team members for recognition received this season: **Ethan Cheney** (State Qualifier, 1st Team All-Metro, 1st Team All-MVC, MVC All-Academic); **Ethan Boston** (State Qualifier, 1st Team All-Metro, 1st Team All-MVC); **Owen Hanson** (Academic All-State, 2nd Team All-Metro, Honorable Mention All-MVC, MVC All-Academic); **Treyton Hoffman** (Honorable Mention All-Metro); **Cade Lorenz** (Honorable Mention All-Metro); **Bronson Beals** (MVC All-Academic); **Jackson Fagan** (MVC All-American); **Leo Hackett** (MVC All-Academic); **Robbie Hoke** (MVC All-Academic); **Parker Holtan** (MVC All-Academic); **Caleb Klinkenberg** (MVC All-Academic); **Joshua Knapp** (MVC All-Academic); **Griffin Adamson** (MVC All-Academic); **Jonathan Clark** (MVC All-Academic); **Bassil Elshiekh** (MVC All-Academic); **Evan Felton** (MVC All-Academic); **Theo Hartwig** (MVC All-Academic); **Ethan Kamphaugh** (MVC All-Academic); **Dylan Koepnick** (MVC All-Academic); **Bhargava Malya** (MVC All-Academic); **Tyler Person** (MVC All-Academic); **Talan Stradt** (MVC All-Academic), and **Lucas Tentinger** (MVC All-Academic)!

Congratulations to LMHS Boys Golf team members for recognition received this season: **Christian Cloyd** (9th Place State Meet, 2nd Team State All-Tournament, 1st Team All-State, 1st Team All-Metro, 1st Team All-MVC, MVC All-Academic); **Max Faulkner** (1st Team All-Metro, 1st Team All-MVC, MVC All-Academic); **Ben Steenrod** (2nd Team All-Metro, 1st Team All-MVC); **Dylan Heater** (2nd Team All-Metro, 2nd Team All-MVC, MVC All-Academic); **Kael Smith** (Honorable Mention All-Metro, Honorable Mention All-MVC, MVC All-Academic); **Trevor Denny** (Honorable Mention All-Metro); **Aden Bakker** (MVC All-Academic); **Jacob Bahl** (MVC All-Academic); **Brycen Brown** (MVC All-Academic); **Brody Faulkner** (MVC All-Academic); **Cooper Hoskins** (MVC All-Academic); **Jacob Jensen** (MVC All-Academic); **Cam Potter** (MVC All-Academic); **Henry Wagner** (MVC All-Academic), and **Will Wagner** (MVC All-Academic)!

Best wishes to the LMHS students who are members of the CR Roughrider High School Hockey Team this season! LMHS student Roughrider High School Hockey Players: **Dominic Frangella, Colton Frey, Gavin Frey** (Dual Rostered player for 14U and High School), **Mason Hodny, Mitchell Nye** (Dual Rostered player for 14U and High School), **Kyle Ramsey, Michael Stocki**, and **Coleman Walker**!

Congratulations to the Lion Seniors who signed National Letters of Intent: **Morgan Rupp**-University of South Dakota- *Golf*; **Emily Koranda**- Missouri State University- *Softball*; **Kira Klesner**- University of Wisconsin-River Falls- *Volleyball*; **Kelsey Klesner**- University of Wisconsin-River Falls- *Volleyball*; **Kaden Harris**-Black Hawk College- *Baseball*; **Ally Jelinek**-Lindenwood- *Wrestling*; **Toby Cruz**-Black Hawk College-*Baseball*; **Colton Bergen**- Black Hawk College-*Baseball*; **Aubrey Gilliland**- University of Nebraska- *Gymnastics*; **Addi Millius**- Mount Mercy University-*Volleyball*; **Davis Kern**- South Dakota State University- *Basketball*; **Payson Nietert**- Wayne State University- *Basketball*; **Abi Roberts**- North Dakota State University- *Soccer*; **Seth Comer**- Southern Illinois University Edwardsville-*Soccer*; and **Lillian Pohlman**- Loras College-*Soccer*!

Fine Arts

Congratulations to Olivea Getz, alto, for being named this week to the All-State Music Chorus!

Clubs and Organizations

Best wishes to LMHS Esports Varsity Rainbow 6 Siege and Smash Brothers Ultimate as they participate in the State Esports Playoffs in Marshalltown today! Varsity Rainbow 6 Siege team members: **Ryder Darrow, Connor Steenhoek, Maxwell Reck, Cory Kruse, Andrew Zolnowsky, Thorin Tuttrup, Grant Jessen, Wyatt Darrow, Cullen Madsen, and Jace Bierman!** Varsity Smash Brothers Ultimate team members: **Adam Ledger, Brett Decker, Alex Rodriguez, Easton Shepherd, Wyatt Carlson, Seth Dickson, Jackson Phelps, Robbie Hoke, Liam Hindahl, and Ryan Phillipp!**

Student Council 'Spring Fling' Dance will be Saturday, March 29

The LMHS Student Council has announced that the 'Spring Fling' Dance will be held on **Saturday March 29**, from 8:00-10:30 p.m. in the LM Main Gym.

Congratulations to **Benita Anyanwu** and **Bronson Beals** for being named **Outstanding Delegates** at the **Iowa Youth Symposium for Model United Nations!**

Next Up

The next edition of the 2024-25 *LMHS Updates for Students and Parents* will be sent on **Friday, December 6**. We will not send out an *Updates* next Friday.