



**Linn-Mar High School  
Updates and Announcements  
For Students and Parents  
November 15, 2024**



**November 18 - 22, 2024**

**...Week 13...**

**Monday, November 18**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

- 3:30 p.m. RTI**
- 4:30 p.m. INCOMPLETE GRADES DUE from 1<sup>st</sup> Quarter**
- 5:30 p.m. \*JV Girls Wrestling @ Independence**

**Tuesday, November 19**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

- 3:30 p.m. RTI**
- 4:00 p.m. \*JV1/V Girls Basketball Scrimmage @ West Delaware**
- 6:00 p.m. Excelsior MS/Bella Voce/Chamber Singers Concert (LM Aud.)**
- 6:30 p.m. V Football banquet (South Commons)**
- 7:30 p.m. Oak Ridge MS/Bella Voce/Chamber Singers Concert (LM Aud.)**

**Wednesday, November 20**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

- 3:30 p.m. RTI**

**Thursday, November 21**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

- All Day \*Cheer Honor Squad Selectees @ Cedar Falls (UNI)**
- All Day \*Music All-State Rehearsals @ Ames (ISU)**
- All Day \*OPUS Honor Choir @ Ames (ISU)**
- 3:30 p.m. RTI**
- 4:30 p.m. LMHS Parent Conferences**
- Boys Swimming Pictures (LM Aquatic Center)**
- 6:00 p.m. JV/V Girls Wrestling @ Xavier**

**Friday, November 22**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

**Deadline to DROP classes for 2<sup>nd</sup> Quarter**

- All Day \*Music All-State Rehearsals @ Ames (ISU)**
- All Day \*Orchestra Jr. Honors Strings @ Ames (ISU)**
- All Day \*Cheer Honor Squad Selectees @ Cedar Falls (UNI)**
- 3:30 p.m. RTI**

**Saturday, November 23**

- All Day Music All-State Rehearsals @ Ames (ISU) (Concert at 7:30 p.m.)**
- 9:00 a.m. Robotics FTC League Meet @ Center Point-Urbana MS**
- V Girls Wrestling @ Independence**
- 10:00 a.m. Boys Wrestling Pictures (Wrestling Room)**
- 1:00 p.m. JV2 Girls Basketball vs. Cedar Falls (Auxiliary Gym)**
- JV1/V Girls Basketball vs. Cedar Falls (LM Main Gym)**

**Notes**

- 11/18 JV Girls Wrestling dismissed at 3:20 p.m.**
- 11/19 JV1/V Girls Basketball dismissed at 2:25 p.m.**
- 11/21 Cheer Honor Squad departing prior to 9:00 a.m.**
- Music All-State departing at various times to be emailed to staff.**
- Opus Honor Choir departing prior to 9:00 a.m.**
- 11/22 Music All-State departing on 11/21.**
- Orchestra Jr. Honor Strings departing prior to 9:00 a.m.**
- Cheer Honor Squad Selectees departing on 11/21.**

**Future**

- 11/27-29 Thanksgiving Holiday – No Classes**
- 11/27 MPD Swat Team Practice (Pride Rock – Door #13 and Upper East Side) 9:00-2:00 p.m.**
- 12/5 Building Management Team (8:05 a.m., Presentation-Lecture Hall)**
- 12/9 9<sup>th</sup> Grade Connection (3:30 p.m., Focus: Preparing for Semester Exams and Exam Schedule)**

12/20

[Two-Hour Early Release Schedule](#) (District-wide) (Winter Break begins at 2:00 p.m.)

## 2<sup>nd</sup> Quarter

### **Two LMHS Seniors Named Herbert Hoover *Uncommon Student* Award Recipients**

Congratulations to LMHS Seniors **Gabbie Biedermann** and **Ananya Oli** for being named recipients of the 2024 Herbert Hoover *Uncommon Student* Award. Gabbie's *Uncommon Student* project was called **The Reaction Project: Putting the Action into Reactions by Spreading Awareness of Food Allergies and Related Mental Health**. For her project, Gabbie received a \$10,000 scholarship! Ananya's *Uncommon Student* project was called **Today's Voters, Tomorrow's Future**. For her project, Ananya received a \$1,500 scholarship! Congratulations to **Gabbie** and **Ananya**!

### **Mental Health & Disabilities Resource Fair on November 19**

Linn-Mar has collaborated with Marion Independent School District as they host their second annual Mental Health & Disabilities Resource Fair for all area families who have students with disabilities, mental health issues, and/or other differences that may impact daily life. This event will be held **Tuesday, November 19, from 5:30 p.m.-7:30 p.m. at Marion High School**. This will be an open house event with more than 40 Marion and Cedar Rapids community resource organizations represented.

### **LMHS Parent Conferences on Thursday, November 21**

2<sup>nd</sup> Quarter Parent Conferences will be held on Thursday, November 21, from 4:30-7:30 p.m. Priority is given to those needing to have a parent conference based on current performance. The link will be emailed to parents on Monday, November 18, for parents to fill remaining teacher conference slots. If you do not receive this email on Monday, please contact Barb Benton at [bbenton@linnmar.k12.ia.us](mailto:bbenton@linnmar.k12.ia.us) or 319-447-3040.

### **LMHS 2024-25 Regular Daily Schedule** (link)

The link above is for the LMHS 2024-25 Regular Daily Schedule.

## Student Assistance Office

**Student Assistance Specialists Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or in person to schedule a meeting:

Joyce Booth: [joyce.booth@linnmar.k12.ia.us](mailto:joyce.booth@linnmar.k12.ia.us) (319) 892-4884

Jessica Deahl: [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559

Kevin McCauley: [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. The link will be made available in the Updates (below) as well as on the LMHS webpage on the district website.

### **High School Safe2Speakup**

*See Something. Say Something.*

**\*\*This reporting tool is for High School students only. \*\***

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

### **I need to make a report (THIS IS THE LINK)**

### **I have been/Someone I know has been Sexually Assaulted**

### **Weapon on School Grounds**

### **I am/Someone I know is thinking about Suicide**

### **LMHS Wildcat Food Pantry**

Students and families in need of food are able to utilize the **LMHS Wildcat Food Pantry** located in the LMHS Wildcat Closet. Food distribution is based upon the need for students and families. To utilize this resource, please connect with your school counselor, a student assistance specialist, or directly with Mr. Knighton, our Family Resource Specialist, located in the LMHS Main Office via email, phone, or face to face.

**Shawn Knighton:** [shawn.knighton@linnmar.k12.ia.us](mailto:shawn.knighton@linnmar.k12.ia.us) 319-730-3633

The **LMHS Wildcat Closet**, run by the Student Assistance Office, continues to be available for students needing clothing, school supplies, and hygiene products. Students needing to use the LMHS Wildcat Closet can speak to any LMHS staff member, who will help students get in the LMHS Wildcat Closet.

## **12<sup>th</sup> Grade – LMHS Class of 2025**

### **Kirkwood Winter and Spring Course Registration**

Juniors and Seniors can sign up to take individual courses on Kirkwood's main campus or online (asynchronous) for Winter and Spring term classes. You can find a full list of classes we offer on this Google Doc – [Kirkwood 2024-25](#). **Students must register for winter courses by November 26<sup>th</sup>, 2024 and spring courses by December 21** ([see registration information here](#)). Please see your school counselor if you have questions about course time and availability. The School Counselors will also be offering registration assistance on Tuesday, November 19<sup>th</sup>, Wednesday, November 20<sup>th</sup> and Monday, November 25<sup>th</sup> at 3:30 in the College/Career Center.

### **Kirkwood Concurrent Course Enrollment for Spring 2025**

The Spring 2025 Kirkwood Concurrent Course enrollment begins on Monday, October 14 and closes on January 7. To get more information on what classes qualify and how to go about the enrollment process, you can go to the School Counselor's Website and under "Academics", you will find "Earn College Credit While In High School", or see your school counselor.

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more! <https://tinyurl.com/lmhsschoolcounseling>

### **Senior Scholarship Information**

Seniors can access local scholarships through the LMHS Counseling Scholarship spreadsheet: [tinyurl.com/lmhsscholarships](https://tinyurl.com/lmhsscholarships) This document will be continuously updated as the year goes on and is important for students to check frequently to access new scholarships as we become aware of them.

### **Linn-Mar School Foundation Scholarship Applications Opened October 15 for Linn-Mar Seniors!**

The Linn-Mar School Foundation is pleased to announce that scholarship applications opened on October 15 for graduating seniors. With over 20 scholarships available, this is an incredible opportunity for students to gain support for their future educational pursuits.

Applications will be accepted through January 15. We encourage seniors to apply and take advantage of this support, generously made possible by our dedicated donors. Their commitment to the Linn-Mar student body truly makes a difference in the lives of our Lions.

For more information and to access the applications, visit [the Foundation's webpage](#).

### **ACT Information**

As you plan post-secondary education, we encourage all students who are university-bound to consider taking the ACT. The ACT is an important college admissions exam that can play a significant role in your application process and financial aid. Linn-Mar High School will only host the December test date this year, but students can register for the other dates - October, February, April, June and July - at alternate locations. For registration details, visit the [ACT](#) website.

### **IMPORTANT LMHS Class of 2025 Planning Dates**

- 5/5 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/17 Senior Prom (8:00 p.m., Epic Events Center)
- 5/21 Seniors Last Class Day (1:00 p.m., Graduation Rehearsal)
- 5/25 Commencement (1:00 p.m., Alliant Energy Powerhouse, CR)

## **11<sup>th</sup> Grade**

### **Kirkwood Winter and Spring Course Registration**

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<https://tinyurl.com/lmhsschoolcounseling>

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### **LMHS Class of 2026 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 24, 2026, Alliant Energy Powerhouse, CR)

## **10<sup>th</sup> Grade**

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!  
<https://tinyurl.com/lmhsschoolcounseling>

### **LMHS Class of 2027 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 30, 2027, Alliant Energy Powerhouse, CR)

## **9<sup>th</sup> Grade**

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!  
<https://tinyurl.com/lmhsschoolcounseling>

### **LMHS Class of 2028 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 28, 2028, Alliant Energy Powerhouse, CR)

## **Activities**

### **Planning to participate in any LMHS activity this school year?**

If your student is planning to participate in either Athletics, Fine Arts and/or Clubs for the 2024-25 School Year, please [click here](#) and select Register. <https://www.gobound.com/ia/schools/linnmar>

### **Athletics**

**Congratulations to LMHS Cheer members Allie Dvorak, Abry Harrington, and Ella Kline for being selected for the All-Iowa Cheer Squad that will be performing in Cedar Falls during the football championship games!**

**Congratulations to LMHS Girls Swimming and Diving for qualifying the following events for the Girls State Swimming and Diving Meet: Tori Sletteland (Diving); Layla Breitbart (200 Medley Relay, 200 IM, 200 Free Relay); Maura Carstensen (200 Medley Relay, 200 IM, 200 Free Relay, 100 Breaststroke); Mehal Raghvani (200 Medley Relay, 200 IM, 100 Free, 400 Free Relay); Anna Nordine (200 Medley Relay, 400 Free Relay); Greta Huberg (200 Free, 500 Free, 200 Free Relay, 400 Free Relay); Mackenzie Tristan (500 Free); Issy Telisak (500 Free); and Addison Luck (200 Free Relay, 400 Free Relay)!**

**Congratulations to LMHS Girls Cross Country team members for recognition received this season: Hailey Kozloski (State Qualifier, 1<sup>st</sup> Team All-Metro, Metro Co-Athlete of the Year, 1<sup>st</sup> Team All-MVC); Gabby Mauren (State Qualifier, 1<sup>st</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC, MVC All-Academic); Anna Temple (2<sup>nd</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC); Addison Domer (2<sup>nd</sup> Team All-Metro, MVC All-Academic); Leah Paulson (2<sup>nd</sup> Team All-Team, Honorable Mention All-MVC, MVC All-Academic); Mackenzie Tristan (2<sup>nd</sup> Team All-Metro); Brynna Gander (Honorable Mention All-Metro); Bella Cole (Honorable Mention All-Metro); Anika Haugen (MVC All-Academic); Chloe Kozloski (MVC All-Academic); Ellie Scott (MVC All-Academic); Thanh Beech (MVC All-Academic); Addie Brooks (MVC All-Academic); Anna Buchholz (MVC All-Academic); Katie Christenson (MVC All-Academic); Mya Koppes (MVC All-Academic); and Katelyn Orr (MVC All-Academic)!**

**Congratulations to LMHS Boys Cross Country team members for recognition received this season: Ethan Cheney (State Qualifier, 1<sup>st</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC, MVC All-Academic); Ethan Boston (State Qualifier, 1<sup>st</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC); Owen Hanson (Academic All-State, 2<sup>nd</sup> Team All-Metro, Honorable Mention All-MVC, MVC All-Academic);**

**Treyton Hoffman** (Honorable Mention All-Metro); **Cade Lorenz** (Honorable Mention All-Metro); **Bronson Beals** (MVC All-Academic); **Jackson Fagan** (MVC All-American); **Leo Hackett** (MVC All-Academic); **Robbie Hoke** (MVC All-Academic); **Parker Holtan** (MVC All-Academic); **Caleb Klinkenberg** (MVC All-Academic); **Joshua Knapp** (MVC All-Academic); **Griffin Adamson** (MVC All-Academic); **Jonathan Clark** (MVC All-Academic); **Bassil Elshiekh** (MVC All-Academic); **Evan Felton** (MVC All-Academic); **Theo Hartwig** (MVC All-Academic); **Ethan Kamphaugh** (MVC All-Academic); **Dylan Koepnick** (MVC All-Academic); **Bhargava Malya** (MVC All-Academic); **Tyler Person** (MVC All-Academic); **Talan Stradt** (MVC All-Academic), and **Lucas Tentinger** (MVC All-Academic)!

**Congratulations** to LMHS Boys Golf team members for **recognition received** this season: **Christian Cloyd** (9<sup>th</sup> Place State Meet, 2<sup>nd</sup> Team State All-Tournament, 1<sup>st</sup> Team All-State, 1<sup>st</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC, MVC All-Academic); **Max Faulkner** (1<sup>st</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC, MVC All-Academic); **Ben Steenrod** (2<sup>nd</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC); **Dylan Heater** (2<sup>nd</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC, MVC All-Academic); **Kael Smith** (Honorable Mention All-Metro, Honorable Mention All-MVC, MVC All-Academic); **Trevor Denny** (Honorable Mention All-Metro); **Aden Bakker** (MVC All-Academic); **Jacob Bahl** (MVC All-Academic); **Brycen Brown** (MVC All-Academic); **Brody Faulkner** (MVC All-Academic); **Cooper Hoskins** (MVC All-Academic); **Jacob Jensen** (MVC All-Academic); **Cam Potter** (MVC All-Academic); **Henry Wagner** (MVC All-Academic), and **Will Wagner** (MVC All-Academic)!

**Best wishes** to the LMHS students who are members of the **CR Roughrider High School Hockey Team** this season! LMHS student Roughrider High School Hockey Players: **Dominic Frangella**, **Colton Frey**, **Gavin Frey** (Dual Rostered player for 14U and High School), **Mason Hodny**, **Mitchell Nye** (Dual Rostered player for 14U and High School), **Kyle Ramsey**, **Michael Stocki**, and **Coleman Walker**!

**Congratulations** to the **Lion Seniors** who **signed National Letters of Intent** this week: **Morgan Rupp**-University of South Dakota- *Golf*; **Emily Koranda**- Missouri State University- *Softball*; **Kira Klesner**- University of Wisconsin-River Falls- *Volleyball*; **Kelsey Klesner**- University of Wisconsin-River Falls- *Volleyball*; **Kaden Harris**-Black Hawk College- *Baseball*; **Ally Jelinek**- Lindenwood- *Wrestling*; **Toby Cruz**-Black Hawk College-*Baseball*; **Colton Bergen**- Black Hawk College- *Baseball*; **Aubrey Gilliland**- University of Nebraska- *Gymnastics*; **Addi Millius**- Mount Mercy University-*Volleyball*; **Davis Kern**- South Dakota State University- *Basketball*; **Payson Nietert**- Wayne State University- *Basketball*; **Abi Roberts**- North Dakota State University- *Soccer*; **Seth Comer**- Southern Illinois University Edwardsville-*Soccer*; and **Lillian Pohlman**- Loras College-*Soccer*!

**Congratulations** to LMHS Volleyball team members for **recognition received** this season: **Minnie Joyner** (Academic All-State, MVC All-Academic); **Kelsey Klesner** (1<sup>st</sup> Team All-Metro, 1<sup>st</sup> Team All-MVC, MVC All-Academic); **Karsyn Michael** (2<sup>nd</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC, MVC All-Academic); **Kira Klesner** (2<sup>nd</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC, MVC All-Academic); **Emily Brunson** (2<sup>nd</sup> Team All-Metro, 2<sup>nd</sup> Team All-MVC, MVC All-Academic); **Peyton Busch** (Honorable Mention All-Metro, Honorable Mention All-MVC); **Benita Anyanwu** (Honorable Mention All-Metro, Honorable Mention All-MVC); **Claire Carson** (MVC All-Academic); **Meadow Christensen** (MVC All-Academic); **Zigana Christensen** (MVC All-Academic); **Iseani Enosa** (MVC All-Academic); **Christina Gorsich** (MVC All-Academic); **Delaney Lake** (MVC All-Academic); **Sophie Mishler** (MVC All-Academic); **Addison Mohwinkle** (MVC All-Academic); Alexis Schaefer (MVC All-Academic); **Lauren Castor** (MVC All-Academic); **Samantha Eichinger** (MVC All-Academic); **Addison Millius** (MVC All-Academic); and **Ashlynn Moores** (MVC All-Academic)!

### **Fine Arts**

**Congratulations** to the following LMHS Band members selected for the NEIBA Honor Band: **Ren Dvorsky** (Baritone Saxophone); **Ellie Fredin** (Clarinet); **Paige Harksen** (Clarinet); **Hudson Kensinger** (Bass Clarinet); **Nick Kindl** (Tuba); **Eve McInroy** (Clarinet); **Molly McPeek** (Alto Saxophone); **Lily Miglia** (Flute); **Maria Neihart Thielen** (Clarinet); **Jasper Neymeyer** (Tuba); **River Newton** (Clarinet); **Connor Niemeier** (Tenor Saxophone); **Khushi Reddy** (Clarinet); **Sophia Ryon** (Oboe); **Abram Sennett** (Tuba); **Nick Soto** (Clarinet); and **Peyton Stoller** (Trumpet)!

### **Clubs and Organizations**

**Congratulations** to **Benita Anyanwu** and **Bronson Beals** for being named **Outstanding Delegates** at the **Iowa Youth Symposium for Model United Nations**!

**Congratulations** to LMHS Esports Varsity Rainbow 6 Siege and Super Smash Brothers for **qualifying for the State Esports Playoffs** in Marshalltown on November 22!

### **Next Up**

The next edition of the 2024-25 *LMHS Updates for Students and Parents* will be sent on **Friday, November 22**. This will be a Two-Week Update to include the week of Thanksgiving and the first week in December.