



**Linn-Mar High School  
Updates and Announcements  
For Students and Parents  
March 7, 2025**



**March 10 – March 15, 2025**

...Week 27...

...One Big Week, then Spring Break...

**Monday, March 10,**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

2:00 p.m. \*V Boys Basketball State Tournament @ Des Moines

**3:30 p.m. RTI**

TBD Colton Center Jazz Ensemble Corridor Jazz @ CR (Paramount Theater)

**Tuesday, March 11**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

**10:25 a.m. \*TORNADO DRILL**

2:00 p.m. \*V Girls Track and Field Indoor @ Cedar Falls (UNI-Dome)

**3:30 p.m. RTI**

**Wednesday, March 12**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

**3:30 p.m. RTI**

6:30 p.m. Boys Wrestling Banquet (South Commons)

7:15 p.m. \*V Boys Basketball State Tournament @ Des Moines

**Thursday, March 13**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

All Day \*Robotics FRC Regionals @ St. Louis, Missouri

9:00 a.m. \*V Boys Track and Field Indoor @ Ames (ISU)

**3:30 p.m. RTI**

6:00 p.m. Boys Baseball Parent Meeting (LM Main Gym)

**Friday, March 14**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**

All Day Robotics FRC Regionals @ St. Louis, Missouri

1:00 p.m. \*V Boys Basketball State Tournament @ Des Moines

\*Music Department Trip to Orlando, Florida

3:15 p.m. \*V Girls Track and Field Indoor @ Ames (ISU)

**3:30 p.m. RTI**

**Saturday, March 15**

All Day Robotics FRC Regionals @ St. Louis, Missouri

All Day Music Department Trip to Orlando, Florida

**Notes**

3/10 V Boys Basketball departing prior to 9:00 a.m.

Pep Bus will depart from Door #10 area at 11:00 a.m. Pep Bus students are dismissed at 10:50 a.m.

3/11 **TORNADO DRILL: (rescheduled twice) Students will proceed quietly to the evacuation areas, sit down, and remain quiet until the drill ends. We expect a few bottlenecks to overcome quickly near the B area Math classrooms and KL108-109 area due to the classes scheduled at this time.**

V Girls Track and Field dismissed at 11:30 a.m.

3/12 V Boys Basketball dependent upon win on Monday.

3/13 Robotics departing prior to 9:00 a.m.

V Boys Track and Field departing prior to 9:00 a.m.

3/14 Music Department departing prior to 9:00 a.m.

V Girls Track and Field dismissed at 11:40 a.m.

V Boys Basketball dependent upon win on Wednesday.

**Future**

3/17-21 Spring Break – No Classes

3/28 Last Day of 3<sup>rd</sup> Quarter

3/31 Professional Development Day – No Classes

4/1 Professional Day – No Classes

4/2 1<sup>st</sup> Day of 4<sup>th</sup> Quarter

## 3<sup>rd</sup> Quarter

### **A Reminder Spring Break Begins at 4:00 p.m. on March 14, not prior to 4:00 p.m.**

Just a reminder that LMHS school day ends on March 14 at 4:00 p.m. While a lot of events will be taking place prior to 4:00 p.m. next Friday in Robotics, Music, and Boys Basketball, classes will still be going until 3:25 p.m. and we will have RTI until 4:00 p.m.

### **LMHS Leadership For Five Seasons Donation Drive**

Three LMHS 11<sup>th</sup> grade students are holding a Donation Drive in support of the ARC of East Central Iowa! This donation drive is part of their experience through the *Leadership for Five Seasons* program (see 10<sup>th</sup> Grade Information). **Aheli Mustafi, Macy Millhollin, and Shreeya Shetty** are competing against other schools in the city to see who can gather the most donations. **They are collecting feminine products, bars of soap, deodorant, and other essential household items to create Blessing Bags for individuals with intellectual disabilities, helping them live independently. Drop off your donations at the School Counseling Office, Attendance Office, or Main Office. The drive runs through March 14.** Help us spread the word and show your school spirit as we work together to make a difference in this city-wide project! Every donation counts!

### **Spring Fling Dance '25 on March 29**

Get ready to dance the night away! We are excited to announce our *Spring Fling Dance*, sponsored by LMHS Student Council, taking place on **Saturday, March 29<sup>th</sup>, from 8:00-10:30 p.m.**

#### **Here are the important details:**

- **Ticket Sales (Online):** Tickets will be available for purchase on Bound starting **Monday, March 10th.**
- **Ticket Price: \$8.**
- **Cash Sales (In-Person):** For those who prefer to pay with cash, tickets will be sold at the Cashier's Office during school hours from **Monday, March 24th, through Friday, March 28th.**
- **No Cash Sales at the Door:** Please note that tickets will **NOT** be sold for cash on the night of the dance.
- **Outside Guests:** Students are welcome to bring ONE outside guest from another high school. However, a guest request form must be completed, returned, and approved by **Tuesday, March 25th.** These forms can be picked up from the school counseling office. **Middle School students are NOT allowed to attend a high school dance.**

### **LMHS 2024-25 Regular Daily Schedule (link)**

The link above is for the LMHS 2024-25 Regular Daily Schedule.

## Student Assistance Office

**Student Assistance Specialists Available to All Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or in person to schedule a meeting:

Joyce Booth: [joyce.booth@linnmar.k12.ia.us](mailto:joyce.booth@linnmar.k12.ia.us) (319) 892-4884

Jessica Deahl: [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559

Kevin McCauley: [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. The link will be made available in the Updates (below) as well as on the LMHS webpage on the district website.

### **High School Safe2Speakup**

*See Something. Say Something.*

**\*\*This reporting tool is for High School students only. \*\***

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

### **I need to make a report (THIS IS THE LINK)**

### **I have been/Someone I know has been Sexually Assaulted**

## [Weapon on School Grounds](#)

## [I am/Someone I know is thinking about Suicide](#)

### **LMHS Wildcat Food Pantry**

Students and families in need of food are able to utilize the **LMHS Wildcat Food Pantry** located in the LMHS Wildcat Closet. Food distribution is based upon the need for students and families. To utilize this resource, please connect with your school counselor, a student assistance specialist, or directly with Mr. Knighton, our Family Resource Specialist, located in the LMHS Main Office via email, phone, or face to face.

**Shawn Knighton:** [shawn.knighton@linnmar.k12.ia.us](mailto:shawn.knighton@linnmar.k12.ia.us) 319-730-3633

The **LMHS Wildcat Closet**, run by the Student Assistance Office, continues to be available for students needing clothing, school supplies, and hygiene products. Students needing to use the LMHS Wildcat Closet can speak to any LMHS staff member, who will help students get in the LMHS Wildcat Closet.

## **12<sup>th</sup> Grade – LMHS Class of 2025**

### **Information Regarding Prom '25 Updates**

The links below have been updated for Prom '25:

<https://www.linnmar.k12.ia.us/school/linn-mar/activities/prom/>

<https://www.linnmar.k12.ia.us/school/linn-mar/activities/linn-mar-post-prom/>

To get started on your FAFSA:

Visit [FAFSA.gov](https://fafsa.gov) to begin the application process.

You will need the student's personal information, including their social security number, as well as parent(s)/guardian(s)' tax information for the previous year. It's a good idea to set aside 30-60 minutes to complete the FAFSA. You can save your progress and come back to it later, if needed. ICAN ([www.icansucceed.org](http://www.icansucceed.org)) in Hiawatha offers free help to get the FAFSA filled out. Reach out to them to schedule an appointment today. Please reach out to your school counselor with any questions.

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!  
<https://tinyurl.com/lmhsschoolcounseling>

### **Senior Scholarship Information**

Seniors can access local scholarships through the LMHS Counseling Scholarship spreadsheet: [tinyurl.com/lmhsscholarships](https://tinyurl.com/lmhsscholarships) This document will be continuously updated as the year goes on and is important for students to check frequently to access new scholarships as we become aware of them.

### **IMPORTANT LMHS Class of 2025 Planning Dates**

- 5/5 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/17 Senior Prom (8:00 p.m., Epic Events Center)
- 5/21 Seniors Last Class Day (1:00 p.m., Graduation Rehearsal)
- 5/25 Commencement (1:00 p.m., Alliant Energy Powerhouse, CR)

## **11<sup>th</sup> Grade**

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!  
<https://tinyurl.com/lmhsschoolcounseling>

### **ACT Information**

As you plan post-secondary education, we encourage all students who are university-bound to consider taking the ACT. The ACT is an important college admissions exam that can play a significant role in your application process and financial aid. Linn-Mar High School will only host the December test date this year, but students can register for the other dates - October, February, April, June and July - at alternate locations. For registration details, visit the [ACT](#) website.

### **LMHS Class of 2026 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 24, 2026, Alliant Energy Powerhouse, CR)

## **10<sup>th</sup> Grade**

### **Application Information for Youth Leadership for Five Seasons Coming Next Week**

LMHS 10<sup>th</sup> grade students should watch for an email next week for how to apply for **Youth Leadership for Five Seasons a FREE**, transformative experience for select area high school students during their junior year. Step outside the classroom one Wednesday a month to explore careers and aspects of Cedar Rapids like government, arts & culture, healthcare, non-profits, and more! Connect with local decision-makers, tour businesses, engage in community service, and meet students from other schools. If you're interested in learning more about this program, please contact:

- Who to contact for more info: **Your LMHS School Counselor**
- Application deadline: **April 21, 2025**

**Apply now!** Spots are limited to only a handful of students per school.

Check out [cedarrapids.org/LFS](https://cedarrapids.org/LFS) for more information and to see which students from our school have recently participated!

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!

<https://tinyurl.com/lmhsschoolcounseling>

### **LMHS Class of 2027 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 30, 2027, Alliant Energy Powerhouse, CR)

## **9<sup>th</sup> Grade**

### **Post-Secondary Planning Information Available for Each Grade Level**

Families check out the Linn-Mar High School counseling page for resources on planning for each grade level, college/career planning, scholarship information, resources for navigating personal/social issues, academic planning, upcoming events and more!

<https://tinyurl.com/lmhsschoolcounseling>

### **LMHS Class of 2028 Future Planning Dates**

Commencement (1:00 p.m., Sunday, May 28, 2028, Alliant Energy Powerhouse, CR)

## **Activities**

### **Planning to participate in any LMHS activity this school year?**

If your student is planning to participate in either Athletics, Fine Arts and/or Clubs for the 2024-25 School Year, please [click here](#) and select Register. <https://www.gobound.com/ia/schools/linnmar>

### **Athletics**

**Congratulations to LM Boys Basketball for qualifying for the Boys State Basketball Tournament!**

**Congratulations to LM Boys Wrestling for having two place winners at the Boys State Wrestling Tournament! Lion Boys Wrestling State Place winners: Malik DeBow (3<sup>rd</sup> Place, 126 lbs.), Philip Jacobs (7<sup>th</sup> Place, 175 lbs.)!**

**Congratulations to our Lions on the CR Rough-Rider High School Hockey Team that qualified for the playoffs this season! LMHS Rough-Rider High School Hockey Team Senior members are: Colton Frey, Kyle Ramsey, and Michael Stocki! LMHS Rough-Rider High School Hockey Team Underclassmen are: Dominic Frangella, Gavin Frey, Mason Hodny, Mitchell Nye, and Coleman Walker!**

### **Fine Arts**

**Congratulations to 10<sup>th</sup> Street Edition Show Choir for being Grand Champion at the Iowa City Liberty Competition! 10<sup>th</sup> Street Edition earned Caption Awards for Best Vocals, Best Choreography, Best Band, Best Soloist (Jacob Jensen), and Best Performer (Eric Liang)!**

**Congratulations to Jazz Collective for earning 2<sup>nd</sup> Place honors in the 4A Second Band division at the Coe Jazz Summit! Alex Rodriguez was named 'Outstanding Soloist'! Carter Buske was named 'Outstanding Soloist' in the 4A Band Division!**

**Congratulations to Jazz Collective for placing 1<sup>st</sup> in the 2<sup>nd</sup> Band Division at Iowa City Liberty Competition! Alex Rodriguez was named 'Outstanding Soloist'!**

**Congratulations to In Step for placing 3<sup>rd</sup> in the Varsity division at the CR Jefferson Show Choir Festival!**

**Congratulations to Hi-Style for placing 4<sup>th</sup> in the Varsity division at the CR Jefferson Show Choir Festival!**

### **Clubs and Organizations**

**Congratulations to LMHS Science Olympiad for receiving the following honors at the Mount Vernon Science Olympiad Invitational! 1<sup>st</sup> Place in Optics (Abhinav Suresh Kannan, Ayra Ravukumar); 2<sup>nd</sup> Place in Anatomy and Physiology (Tom Fireman, Adithi Jenigiri); 3<sup>rd</sup> Place in Disease Detectives (Sheza Mulanthalala, George Joseph); 3<sup>rd</sup> Place in Fossils (Abhinav Suresh Kannan, Abhay Suri); and 3<sup>rd</sup> Place in Code Busters (Abhay Suri, Nirupa Rao, Neha Onteru)!**

## **Next Up**

**First Lion Learning "On the Road" Session is Tuesday, March 11**

Our district's facility plans have been continuously updated to align with our evolving needs, and we are now ready to share a conceptual plan that addresses activity space shortcomings and other related needs at our high school.

Our district will host three [Lion Learning: On the Road](#) sessions at our high school to walk through our current training and athletic facilities and introduce some fresh concepts for a new indoor activity and training center and related improvements. The first of these three sessions is **Tuesday, March 11 at 5:30 in our high school Lower Commons**. (Please enter through Door 10, our athletic entrance.) Students, staff, families, and members of the community are invited to us to learn more. We hope to see you there.

The next edition of the 2024-25 *LMHS Updates for Students and Parents* will be sent on **Friday, March 14, 2025**. *This will be a two-week edition of the Updates to include Spring Break and the week of March 24. The Updates will not be sent on March 21.*