



2023-24 School Year

Linn-Mar High School  
Updates and Announcements  
For Students and Parents  
November 3, 2023



Calendar

November 6 - 11, 2023

...Quarter 2 Week 2...

<b>Monday,</b>	<b>November 6</b>	<b>Regular Schedule (9:00 – 4:00 p.m.)</b>
	<b>3:30 p.m.</b>	<b>RTI</b>
	6:00 p.m.	HS and 5 <sup>th</sup> Grade Band Concert #1 (LM Auditorium) Boys Basketball Parent Meeting (Learning Center)
	<b>6:30 p.m.</b>	<b>LMHS Parent Advisory (Presentation-Lecture Hall)</b>
	7:30 p.m.	HS and 5 <sup>th</sup> Grade Band Concert #2 (LM Auditorium)
<b>Tuesday,</b>	<b>November 7</b>	<b>Regular Schedule (9:00 – 4:00 p.m.)</b>
	<b>All Day</b>	<b>School Board Election</b>
	<b>3:30 p.m.</b>	<b>RTI</b>
	7:30 p.m.	Chamber Orchestras @ CR (St. Mark's Church)
<b>Wednesday,</b>	<b>November 8</b>	<b>Regular Schedule (9:00 – 4:00 p.m.)</b>
	7:30 a.m.	National Letter of Intent Signing Ceremony (Lower Commons)
	<b>3:30 p.m.</b>	<b>RTI</b>
	6:00 p.m.	Boys Cross Country Banquet (Cafeteria/Lower Commons)
<b>Thursday,</b>	<b>November 9</b>	<b>Regular Schedule (9:00 – 4:00 p.m.)</b>
	<b>3:30 p.m.</b>	<b>RTI</b>
	6:00 p.m.	JV/V Football Banquet (Cafeteria/Lower Commons/Little Theatre)
	7:00 p.m.	HS/5 <sup>th</sup> Grade Orchestra Adopt-a-Beginner Performance (LM Auditorium)
<b>Friday,</b>	<b>November 10</b>	<b>Regular Schedule (9:00 – 4:00 p.m.)</b>
	12:00 p.m.	*Human Trafficking Speaker (LM Auditorium)
	<b>3:30 p.m.</b>	<b>RTI</b>
	11:00 a.m.	*V Girls Swimming State Meet @ Marshalltown YMCA
	5:00 p.m.	*V Girls Diving State Meet @ Marshalltown YMCA
	7:00 p.m.	NHS Lip Sync Contest (LM Auditorium)
<b>Saturday,</b>	<b>November 11</b>	
	10:00 a.m.	Girls Wrestling Team Pictures (Wrestling Room)
	12:00 p.m.	Boys Swimming Team Pictures (LM Aquatic Center) V Girls Swimming State Meet @ Marshalltown YMCA

**\*Notes**

11/10 Human Trafficking Speaker: Only those classes that have signed up will be attending.  
V Girls Swimming/Diving departing prior to 9:00 a.m.

**Future**

11/13 **9<sup>th</sup> Grade Connection**

11/22-24 Thanksgiving break

11/30 Board visit to LMHS (8:45 – 9:45 a.m.)  
**LMHS Parent Conferences (4:30-7:30 p.m.)**

12/15 Pep Assembly Schedule (Pep Assembly in place of RTI)

12/18 **9<sup>th</sup> Grade Connection (3:30 p.m.)**

12/22 **Two-Hour Early Release Schedule**

12/23-1/2/24 Winter Break

1/3/24 Classes Resume

1/9 Semester Exams (Blocks 1, 2; Periods 1, 2, 3, 4)

1/10 Semester Exams (Block 3; Periods 5, 6)

1/11 Semester Exams (Block 4; Periods 7, 8)

## Student Assistance Office

**Student Assistance Specialists Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Joyce Booth-Baisten: [joyce.booth@linnmar.k12.ia.us](mailto:joyce.booth@linnmar.k12.ia.us) (319) 447-4884

Jessica Deahl: [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559

Kevin McCauley: [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. Thanks to some hard work and efforts by some of our LMHS students, we now have a QR code and a link that can be used more easily for student reporting. The QR code will be posted at various locations around school and the link will be made available in the Updates as well as on the LMHS webpage on the district website.

### High School Safe2Speakup

*See Something. Say Something.*

**\*\*This reporting tool is for High School students only. \*\***

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

**I need to make a report (THIS IS THE LINK)**

**I have been/Someone I know has been Sexually Assaulted**

**Weapon on School Grounds**

**I am/Someone I know is thinking about Suicide**

## 2<sup>nd</sup> Quarter

### **Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:**

Nov. 6 - 10, 2023 *Human Trafficking Awareness Week* Sponsoring Group: Amnesty Club

### **Information on the Speaker on Human Trafficking on Friday, November 10**

Teachers may sign up to bring classes to hear a speaker on human trafficking in the Auditorium on Friday, November 10, at 12:00 p.m. An excerpt on the speaker is included below:

From Chains Interrupted:

*The survivor that we have to speak at Linn Mar is a teen. I think that her story will have the greatest impact on your student body and her story will be very relatable to them. I have been speaking with her mom, who said that it will only take her about 20-30 minutes for her to share her story. I was thinking we could start with a speaker explaining what human trafficking is; the force, fraud and coercion components; the laws pertaining to victims who are under 18; the grooming process and where traffickers find people to groom. This would lead to the number one place that people are being groomed into exploitation - the internet. This is where this particular survivor was groomed into trafficking and would lead right into her story. We could then have our speaker follow up with what students can do if they think they or someone they know is being groomed or trafficked.*

### **Pep Assembly at 3:30 p.m. on December 15**

LMHS will have a Pep Assembly in place of RTI on Friday, December 15.

### **Order Your 2023-24 LMHS Yearbook**

Anyone interested in ordering the 2023-24 LMHS Yearbook may do so using the following link.

[Click here to order your 23/24 Yearbook!](#)

## 12<sup>th</sup> Grade – LMHS Class of 2024

**Senior Cap/Gown/Tassel/Victory Stole Ordering Assistance on November 15**

A representative from our vendor (Herff Jones) will be at Linn-Mar Wednesday, November 15th from 8:00 a.m.-10:30 a.m. in the South Commons to assist with ordering as needed and to answer any questions. Please put mark this date on your calendar. Students & Parents will be receiving an email this week with detailed order information and instruction.

**Kirkwood Winter/Spring Course** registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

**ACT Prep at LMHS on November 4 (tomorrow)**

Recommended for Grades 10-12: ACT Prep – Doorway to College – Students planning to take the ACT can take advantage of \$95 ACT Prep here at Linn-Mar High School on Saturday, November 4<sup>th</sup>. Register for this test prep at <https://www.doorwaytocollege.com/seminarinformation/act-seminar-details?id=11428>.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

**Foundation Scholarships**

Linn-Mar Foundation Scholarships – Attention Seniors! The Linn-Mar Foundation has opened their scholarship application early this year. Applications are completely online and due January 15<sup>th</sup>. Check out the LM Foundation website for more details.

**How to Request a Transcript for College Applications**

Seniors needing to request a transcript for a college should do so through Xello. [See this video](#) for details on how to add a school and request a transcript. Students who are applying via Common App must connect their Common App account to Xello - see this [YouTube video](#) for details.

**IMPORTANT LMHS Class of 2024 Planning Dates**

- 5/6 Senior Recognition Night (7:00 p.m., LMHS Auditorium)
- 5/11 Senior Prom (8:00 – 10:30 p.m.)
- 5/22 Seniors Last Class Day (Graduation Rehearsal, 1:00 p.m.)
- 5/26 Commencement (1:00 p.m., Alliant Energy Powerhouse)

## 11<sup>th</sup> Grade

**Kirkwood Winter/Spring Course** registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

**Winter/Spring Internship applications for Workplace Learning Connection are due Friday, November 3rd.**

Students interested in an internship should have a block off in their day and make sure all approvals and recommendations are completed by Friday as well.

**ACT Prep at LMHS on November 4 (tomorrow)**

Recommended for Grades 10-12: ACT Prep – Doorway to College – Students planning to take the ACT can take advantage of \$95 ACT Prep here at Linn-Mar High School on Saturday, November 4<sup>th</sup>. Register for this test prep at <https://www.doorwaytocollege.com/seminarinformation/act-seminar-details?id=11428>.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

## 10<sup>th</sup> Grade

**ACT Prep at LMHS on November 4 (tomorrow)**

Recommended for Grades 10-12: ACT Prep – Doorway to College – Students planning to take the ACT can take advantage of \$95 ACT Prep here at Linn-Mar High School on Saturday, November 4<sup>th</sup>. Register for this test prep at <https://www.doorwaytocollege.com/seminarinformation/act-seminar-details?id=11428>.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

## 9<sup>th</sup> Grade

**Signs Of Suicide Lesson During U.S. History Classes on November 15**

All 9<sup>th</sup> grade students will participate in one classroom lesson which teaches them to recognize the signs of depression and suicide in themselves and others. This is a continuation of their learning that took place in the middle school on the signs of suicide. They are taught the appropriate response to these signs is to use the ACT Technique: **A**cknowledge that there is a problem, let the person know you **C**are, and **T**ell a trusted adult. For freshmen enrolled in US History for this semester, their lesson will take place on November 15, 2023. **Parents may view the lesson content and tap into valuable resources about suicide at**

<https://www.mindwise.org/parents/>. In January, more communication will be sent on the opportunity for students to complete a Depression Screening. These screenings only occur **WITH** parent permission and parents will have the opportunity before that time to view the screener that is used.

**9<sup>th</sup> Grade Connection Dates: (3:30-4:00 p.m.)**

November 13, December 18, March 18, May 6

## **Activities**

### ***Athletics***

**Congratulations to **Shandin Gilbert** for qualifying for the Girls State Diving Meet!**

**Good luck to the Lion Girls Swimming Team as they compete in the State Qualifier Meet on Saturday!**

**Congratulations to the Lion Boys Golf Team for the following state/conference/metro recognition this season: **Christian Cloyd** (All-State 2<sup>nd</sup> Team, All-MVC 1<sup>st</sup> Team, All-Metro 1<sup>st</sup> Team), **Max Faulkner** (All-MVC 2<sup>nd</sup> Team, All-Metro 2<sup>nd</sup> Team), **Ben Steenrod** (All-MVC 2<sup>nd</sup> Team, All-Metro 2<sup>nd</sup> Team), **Cameron Potter** (All-MVC Honorable Mention, MVC All-Academic), **Ian Anderson** (All-Metro Honorable Mention, MVC All-Academic), **Drake Miller** (All-Metro Honorable Mention, MVC All-Academic), **Brody Faulkner** (MVC All-Academic), **Dylan Heater** (MVC All-Academic), **Jacob Jensen** (MVC All-Academic), **Braydon Foster** (MVC All-Academic), **Owen Havlik** (MVC All-Academic), **Nate Hoefle** (MVC All-Academic), **Jackson Kramer** (MVC All-Academic) and **Henry Wagner** (MVC All-Academic)!**

**Congratulations to the Lion Girls Cross Country Team for the following state/conference/metro recognition this season: **Hailey Kozloski** (State Meet Qualifier, All-MVC 2<sup>nd</sup> Team, All-Metro 1<sup>st</sup> Team), **Ally Buck** (State Meet Qualifier, All-MVC 2<sup>nd</sup> Team, All-Metro 1<sup>st</sup> Team, MVC All-Academic), **Bella Cole** (All-MVC Honorable Mention, All-Metro 2<sup>nd</sup> Team), **Chloe Egbert** (All-MVC Honorable Mention, All-Metro 2<sup>nd</sup> Team), **Addie Domer** (All-MVC Honorable Mention, All-Metro 2<sup>nd</sup> Team), **Gabbie Mauren** (All-Metro 2<sup>nd</sup> Team, MVC All-Academic), **Avery Dechant** (All-Metro Honorable Mention), **Payzee Shaffer** (All-Metro Honorable Mention), **Thanh Beech** (MVC All-Academic), **Addie Brooks** (MVC All-Academic), **Anna Buchholz** (MVC All-Academic), **Katie Christenson** (MVC All-Academic), **Mya Koppes** (MVC All-Academic), **Katelyn Orr** (MVC All-Academic), **Hazel Koenighain** (MVC All-Academic), **Morgan Like** (MVC All-Academic), **Zoe Scott** (MVC All-Academic), **Rita Sourwine** (MVC All-Academic), and **Breka Trapp** (MVC All-Academic)!**

**Congratulations to the Lion Boys Cross Country Team for the following state/conference/metro recognition this season: **Riley Kuhn** (State Meet Qualifier, All-MVC Honorable Mention, All-Metro 1<sup>st</sup> Team), **Ethan Cheney** (All-MVC Honorable Mention, All Metro 2<sup>nd</sup> Team), **Ethan Boston** (All-MVC Honorable Mention), **Brendan Bakker** (All-Metro Honorable Mention, MVC All-Academic), **Owen Hanson** (All-Metro Honorable Mention), **Griffin Adamson** (MVC All-Academic), **Bassil Elshiekh** (MVC All-Academic), **Evan Felton** (MVC All-Academic), **Owen Hanson** (MVC All-Academic), **Theo Hartwig** (MVC All-Academic), **Ethan Kamphaugh** (MVC All-Academic), **Adam Kmetz** (MVC All-Academic), **Dylan Koepnick** (MVC All-Academic), **Bhargava Malya** (MVC All-Academic), **Tyler Person** (MVC All-Academic), **Talan Stradt** (MVC All-Academic), **Lucas Tentinger** (MVC All-Academic), **Thiago Bedal** (MVC All-Academic), **Isaac Cormier** (MVC All-Academic), **Ezra Crandall** (MVC All-Academic), **Hudson Decklever** (MVC All-Academic), **Justin Leemhuis** (MVC All-Academic), **Carlos Morales** (MVC All-Academic), **Graedyn Morrissey** (MVC All-Academic), **Benjamin White** (MVC All-Academic), **Hayden Wildman** (MVC All-Academic), and **Jimmy Wood** (MVC All-Academic)!**

**Congratulations to the following LMHS Lions who are currently planning to sign a national letter of intent on Wednesday! **Shelby Lake**- Loras College- Soccer, **Kadin Fry**- Wartburg College- Soccer, **Blake Whitlow**- Wartburg College- Soccer, **Mackenzie Cejka**- Loras College- Soccer, **Grace Whisenand**-Western Colorado University- Swimming, **Luke Kelley**- University of South Dakota- Swimming, **Mason Turner**- University of South Dakota- Swimming, **Rylie Bucklin**- Luther College- Soccer, **Kane Naaktgeboren**- Iowa State University- Wrestling, **Clayton Feldman**- Marshalltown Community College- Baseball, **Kaylee Bunn** – Mount Mercy College – Track and Field, **Devin Bormann**-Wartburg College-Soccer, and **Austin Andersen**- Des Moines Area Community College- Baseball!**

### ***Fine Arts***

**Congratulations to the LMHS Music Department for the 54 members accepted and 5 members selected as alternates to the 2023 Iowa All-State Music Festival!**

**All-State Band Selections: **Graedyn Morrissey**-Bassoon (4<sup>th</sup> Year), **Evan Shanley**-Clarinet (3<sup>rd</sup> Year), **Shea Southwood**- Flute (3<sup>rd</sup> Year), **Karli Sletteland**-Horn (2<sup>nd</sup> Year), **Brock Whitham**-Clarinet (2<sup>nd</sup> Year), **Jace Whitham**-Alto Sax (2<sup>nd</sup> Year), **Marley Fonck**-Flute (1<sup>st</sup> Year), **Theodore Hartwig**-Flute (1<sup>st</sup> Year), **Jonas Jaritz**-Clarinet (1<sup>st</sup> Year), **Adam Kmetz**-Horn (1<sup>st</sup> Year), **Everett Sams**-Horn (1<sup>st</sup> Year), **Gigi Wright**-Oboe (1<sup>st</sup> Year)! **All-State Band Alternates: **Mariselle Jones**-Clarinet (1<sup>st</sup> alternate), **Parker Nicks**-Tuba (1<sup>st</sup> alternate), **Owen Soenen**-Trumpet (1<sup>st</sup> alternate)!****

**All-State Chorus Selections: **Jacob Jensen**-Tenor (3<sup>rd</sup> Year), **Kamryn White**-Soprano (3<sup>rd</sup> Year), **Arjun Raghavendran**-Tenor (2<sup>nd</sup> Year), **Erika Steenhoek**-Alto (2<sup>nd</sup> Year), **Isaac Stanger**-Tenor (2<sup>nd</sup> Year), **Maddie Eley**-Alto (2<sup>nd</sup> Year), **Mara Kehrt**- Soprano (2<sup>nd</sup> Year), **Ryal Hanson**-Bass (2<sup>nd</sup> Year), **Timothy Laubach**-Bass (2<sup>nd</sup> Year), **Zach Kendrick**-Tenor (2<sup>nd</sup> Year), **Gabbie Biedermann**-Soprano (1<sup>st</sup> Year), **James Knatz II**-Bass (1<sup>st</sup> Year), **Kaia Sjobakken**-Soprano (1<sup>st</sup> Year), **Kaitlyn Johnson**-Alto**

(1<sup>st</sup> Year), **Lucas Rabe**-Bass (1<sup>st</sup> Year), **Maryn Budke**-Soprano (1<sup>st</sup> Year), **Micah Langley**-Bass (1<sup>st</sup> Year), **Olivia Ferin**-Soprano (1<sup>st</sup> Year), **Olivia Getz**-Alto (1<sup>st</sup> Year), **Owen Hilbert**-Tenor (1<sup>st</sup> Year), **Sydney Young**-Alto (1<sup>st</sup> Year), **Tate Whittaker-Smith**-Tenor (1<sup>st</sup> Year)!

**All-State Orchestra Selections:** **Ava Macek**-Viola (4<sup>th</sup> Year), **Melissa Wang**-Violin (4<sup>th</sup> Year), **Rashaan Bryant**-Violin (3<sup>rd</sup> Year), **Clara Haker**-Cello (3<sup>rd</sup> Year), **Andras Haugen**-Bass (3<sup>rd</sup> Year), **Eric Liang**-Violin (3<sup>rd</sup> Year), **Amy Miller**-Viola (3<sup>rd</sup> Year), **Kathryn Delsing**-Viola (2<sup>nd</sup> Year), **Krishna Modha**-Cello (2<sup>nd</sup> Year), **Izzy Telisak**-Violin (2<sup>nd</sup> Year), **Jordyn Puffer**-Bass (2<sup>nd</sup> Year), **Lucie Scott**-Cello (2<sup>nd</sup> Year), **Henry Granger**-Bass (1<sup>st</sup> Year), **Jackson Haro**-Violin (1<sup>st</sup> Year), **Sutra Iyer**-Violin (1<sup>st</sup> Year), **Ellie Kim**-Violin (1<sup>st</sup> Year), **Grace Luo**-Violin (1<sup>st</sup> Year), **Charlotte Masters**-Viola (1<sup>st</sup> Year), **Erich Nguyen**-Viola (1<sup>st</sup> Year), **Sophia Phan**-Violin (1<sup>st</sup> Year)! **All-State Orchestra Alternates:** **Maddie Barnidge** – Cello (2<sup>nd</sup> alternate), **Andrea Reznicow** – Viola (1<sup>st</sup> alternate)!

## **Other Information**

Attendance for the week (Thursday – Thursday): **95.3 %**

The next edition of the *Updates for Students and Parents* will be sent to all LMHS students and parents on **November 10**.