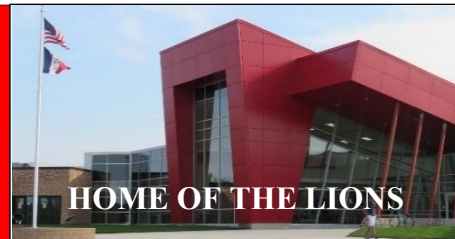




2023-24 School Year

Linn-Mar High School
Updates and Announcements
For Students and Parents
November 10, 2023



Calendar

November 13-18, 2023

...Quarter 2 Week 3...

Monday,	November 13	Regular Schedule (9:00 – 4:00 p.m.) 3:30 p.m. 9th Grade Connection
Tuesday,	November 14	Regular Schedule (9:00 – 4:00 p.m.) 7:30 a.m. Girls/Boys Bowling Team Pictures (CRBC) 3:30 p.m. RTI 4:00 p.m. *Robotics FTC League Meet @ Marion (Hazel Point Intermediate)
Wednesday,	November 15	Regular Schedule (9:00 – 4:00 p.m.) 3:30 p.m. RTI
Thursday,	November 16	Regular Schedule (9:00 – 4:00 p.m.) All Day *OPUS Honor Choir @ Ames (Iowa State University) All Day *Music All-State Festival @ Ames (Iowa State University) All Day *Esports Rainbow 6 State Tourney @ Marshalltown (Orpheum Theatre) 3:30 p.m. RTI 7:00 p.m. 9 th Grade Play <i>The Dining Room</i> (Little Theatre)
Friday,	November 17	Regular Schedule (9:00 – 4:00 p.m.) All Day *Junior Strings Honors Orchestra @ Ames (Iowa State University) All Day Music All-State Festival @ Ames (Iowa State University) All Day *Esports Smash Team State Tourney @ Marshalltown (Orpheum Theatre) 3:30 p.m. RTI 5:00 p.m. *V Girls/Boys Basketball Hall of Pride Scrimmage @ West Delaware HS 7:00 p.m. 9 th Grade Play <i>The Dining Room</i> (Little Theatre)
Saturday,	November 18	All Day Music All-State Festival @ Ames (Iowa State University) 9:00 a.m. V Girls Wrestling Tournament @ Independence 10:00 a.m. Wrestling Cheer Pictures (LM Main Gym) Boys Wrestling Pictures (LM Main Gym) 7:30 p.m. All-State Music Festival Concert @ Ames (Hilton Coliseum)

***Notes**

- 11/14 Robotics dismissed at 2:45 p.m.
- 11/16 OPUS Honor Choir departing prior to 9:00 a.m.
Music All-State Festival departing at various times throughout the day. A departure listing will be sent to staff.
Esports Rainbow 6 Team departing prior to 9:00 a.m.
- 11/17 Junior Strings Honors Orchestra departing prior to 9:00 a.m.
Esports Smash Team departing prior to 9:00 a.m.
V Girls/Boys Basketball dismissed at 3:10 p.m.

Future

- 11/22-24 Thanksgiving break
- 11/30 Board visit to LMHS (8:45 – 9:45 a.m.)
LMHS Parent Conferences (4:30-7:30 p.m.)
- 12/15 Pep Assembly in place of RTI
- 12/18 **9th Grade Connection (3:30 p.m.)**
- 12/22 **Two-Hour Early Release Schedule**
- 12/23-1/2/24 Winter Break
- 1/3/24 Classes Resume
- 1/9 Semester Exams (Blocks 1, 2; Periods 1, 2, 3, 4)

1/10 Semester Exams (Block 3; Periods 5, 6)

1/11 Semester Exams (Block 4; Periods 7, 8)

Student Assistance Office

Student Assistance Specialists Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Joyce Booth-Baisten: joyce.booth@linnmar.k12.ia.us (319) 447-4884

Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559

Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. Thanks to some hard work and efforts by some of our LMHS students, we now have a QR code and a link that can be used more easily for student reporting. The QR code will be posted at various locations around school and the link will be made available in the Updates as well as on the LMHS webpage on the district website.

High School Safe2Speakup

See Something. Say Something.

****This reporting tool is for High School students only. ****

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please note that if you report anonymously, the investigation may take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

I need to make a report (THIS IS THE LINK)

I have been/Someone I know has been Sexually Assaulted

Weapon on School Grounds

I am/Someone I know is thinking about Suicide

2nd Quarter

Pep Assembly at 3:30 p.m. on December 15

LMHS will have a Pep Assembly in place of RTI on Friday, December 15.

Order Your 2023-24 LMHS Yearbook

Anyone interested in ordering the 2023-24 LMHS Yearbook may do so using the following link.

[Click here to order your 23/24 Yearbook!](#)

12th Grade – LMHS Class of 2024

Senior Cap/Gown/Tassel/Victory Stole Ordering Assistance on November 15

A representative from our vendor (Herff Jones) will be at Linn-Mar Wednesday, November 15th from 8:00 a.m.-10:30 a.m. in the South Commons to assist with ordering as needed and to answer any questions. Please put mark this date on your calendar. Students & Parents will be receiving an email this week with detailed order information and instruction.

Kirkwood Winter/Spring Course registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Foundation Scholarships

Linn-Mar Foundation Scholarships – Attention Seniors! The Linn-Mar Foundation has opened their scholarship application early this year. Applications are completely online and due January 15th. Check out the LM Foundation website for more details.

How to Request a Transcript for College Applications

Seniors needing to request a transcript for a college should do so through Xello. [See this video](#) for details on how to add a school and request a transcript. Students who are applying via Common App must connect their Common App account to Xello - see this [YouTube video](#) for details.

IMPORTANT LMHS Class of 2024 Planning Dates

- 5/6 Senior Recognition Night (7:00 p.m., LMHS Auditorium)
- 5/11 Senior Prom (8:00 – 10:30 p.m.)
- 5/22 Seniors Last Class Day (Graduation Rehearsal, 1:00 p.m.)
- 5/26 Commencement (1:00 p.m., Alliant Energy Powerhouse)

11th Grade

Kirkwood Winter/Spring Course registration is now open.

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

10th Grade

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

9th Grade

Signs Of Suicide Lesson During U.S. History Classes on November 15

All 9th grade students will participate in one classroom lesson which teaches them to recognize the signs of depression and suicide in themselves and others. This is a continuation of their learning that took place in the middle school on the signs of suicide. They are taught the appropriate response to these signs is to use the **ACT** Technique: **A**cknowledge that there is a problem, let the person know you **C**are, and **T**ell a trusted adult. For freshmen enrolled in US History for this semester, their lesson will take place on November 15, 2023. **Parents may view the lesson content and tap into valuable resources about suicide at <https://www.mindwise.org/parents/>. In January, more communication will be sent on the opportunity for students to complete a Depression Screening. These screenings only occur **WITH** parent permission and parents will have the opportunity before that time to view the screener that is used.**

9th Grade Connection Dates: (3:30-4:00 p.m.)

November 13, December 18, March 18, May 6

Activities

Athletics

Congratulations to the Lion Girls Swimming Team for qualifying eight events for the Girls State Swimming Meet! State Qualifiers are: **Grace Whisenand, (200 Medley Relay, 100 Free, 100 Backstroke, 400 Free Relay), **Maura Carstensen** (200 Medley Relay, 100 Butterfly, 200 Free Relay, 100 Breaststroke), **Mehal Raghvani** (200 Medley Relay, 200 IM, 100 Free, 200 Free Relay), **Ellie Junk** (200 Medley Relay, 200 Free Relay), **Layla Breitbart** (200 IM, 400 Free Relay), **Libby Richard** (200 Free Relay), **Izzy Telisak** (400 Free Relay), **Anna Nordine** (400 Free Relay), and alternates **Ava Hofer**, **Petra Sherman**, **Elyah Steffan** and **Ava Winn**!**

Congratulations to the Lion Volleyball Team for the following state/conference/metro recognition this season: **Tessa Casebolt (Academic All-State, All-MVC 1st Team, All-Metro 2nd Team, MVC All-Academic), **Ellie Daubenmier** (Academic All-State, All-Metro Honorable Mention, MVC All-Academic), **Mallory Guenther** (Academic All-State, MVC All-Academic), **Kate Passmore** (MVC Valley Division 'Player of the Year', MVC 1st Team, All-Metro 1st Team, MVC All-Academic), **Kira Klesner** (MVC Honorable Mention, All-Metro 2nd Team, MVC All-Academic), **Karsyn Michael** (MVC 2nd Team, All-Metro Honorable Mention), **Gwen Gaffney** (MVC Honorable Mention, MVC All-Academic), **Emma Barnes** (MVC All-Academic), **Emily Brandt** (MVC All-Academic), **Emily Brunson** (MVC All Academic), **Katelyn Castor** (MVC All-Academic), **Lauren Castor** (MVC All-Academic), **Samantha Eichinger** (MVC All-Academic), **Minni Joyner** (MVC All-Academic), **Kelsey Klesner** (MVC All-Academic), **Addi Millius** (MVC All-Academic), **Ashlynn Moores** (MVC All-Academic), and **Madison Stroschien** (MVC All-Academic)!**

Congratulations to **Shandin Gilbert for qualifying for the Girls State Diving Meet!**

Congratulations to the Lion Boys Golf Team for the following state/conference/metro recognition this season: **Christian Cloyd (All-State 2nd Team, All-MVC 1st Team, All-Metro 1st Team), **Max Faulkner** (All-MVC 2nd Team, All-Metro 2nd Team),**

Ben Steenrod (All-MVC 2nd Team, All-Metro 2nd Team), **Cameron Potter** (All-MVC Honorable Mention, MVC All-Academic), **Ian Anderson** (All-Metro Honorable Mention, MVC All-Academic), **Drake Miller** (All-Metro Honorable Mention, MVC All-Academic), **Brody Faulkner** (MVC All-Academic), **Dylan Heater** (MVC All-Academic), **Jacob Jensen** (MVC All-Academic), **Braydon Foster** (MVC All-Academic), **Owen Havlik** (MVC All-Academic), **Nate Hoefle** (MVC All-Academic), **Jackson Kramer** (MVC All-Academic) and **Henry Wagner** (MVC All-Academic)!

Congratulations to the **Lion Girls Cross Country Team** for the following **state/conference/metro recognition** this season: **Hailey Kozloski** (State Meet Qualifier, All-MVC 2nd Team, All-Metro 1st Team), **Ally Buck** (State Meet Qualifier, All-MVC 2nd Team, All-Metro 1st Team, MVC All-Academic), **Bella Cole** (All-MVC Honorable Mention, All-Metro 2nd Team), **Chloe Egbert** (All-MVC Honorable Mention, All-Metro 2nd Team), **Addie Domer** (All-MVC Honorable Mention, All-Metro 2nd Team), **Gabbie Mauren** (All-Metro 2nd Team, MVC All-Academic), **Avery Dechant** (All-Metro Honorable Mention), **Paylee Shaffer** (All-Metro Honorable Mention), **Thanh Beech** (MVC All-Academic), **Addie Brooks** (MVC All-Academic), **Anna Buchholz** (MVC All-Academic), **Katie Christenson** (MVC All-Academic), **Mya Koppes** (MVC All-Academic), **Katelyn Orr** (MVC All-Academic), **Hazel Koenighain** (MVC All-Academic), **Morgan Like** (MVC All-Academic), **Zoe Scott** (MVC All-Academic), **Rita Sourwine** (MVC All-Academic), and **Breka Trapp** (MVC All-Academic)!

Congratulations to the **Lion Boys Cross Country Team** for the following **state/conference/metro recognition** this season: **Riley Kuhn** (State Meet Qualifier, All-MVC Honorable Mention, All-Metro 1st Team), **Ethan Cheney** (All-MVC Honorable Mention, All Metro 2nd Team), **Ethan Boston** (All-MVC Honorable Mention), **Brendan Bakker** (All-Metro Honorable Mention, MVC All-Academic), **Owen Hanson** (All-Metro Honorable Mention), **Griffin Adamson** (MVC All-Academic), **Bassil Elshiekh** (MVC All-Academic), **Evan Felton** (MVC All-Academic), **Owen Hanson** (MVC All-Academic), **Theo Hartwig** (MVC All-Academic), **Ethan Kamphaugh** (MVC All-Academic), **Adam Kmetz** (MVC All-Academic), **Dylan Koepnick** (MVC All-Academic), **Bhargava Malya** (MVC All-Academic), **Tyler Person** (MVC All-Academic), **Talan Stradt** (MVC All-Academic), **Lucas Tentinger** (MVC All-Academic), **Thiago Bedal** (MVC All-Academic), **Isaac Cormier** (MVC All-Academic), **Ezra Crandall** (MVC All-Academic), **Hudson Decklever** (MVC All-Academic), **Justin Leemhuis** (MVC All-Academic), **Carlos Morales** (MVC All-Academic), **Graedyn Morrissey** (MVC All-Academic), **Benjamin White** (MVC All-Academic), **Hayden Wildman** (MVC All-Academic), and **Jimmy Wood** (MVC All-Academic)!

Congratulations to the following **LMHS Lions** who are currently planning to sign a **national letter of intent** on Wednesday! **Shelby Lake**- Loras College- Soccer, **Kadin Fry**- Wartburg College- Soccer, **Blake Whitlow**- Wartburg College- Soccer, **Mackenzie Cejka**- Loras College- Soccer, **Grace Whisenand**-Western Colorado University- Swimming, **Luke Kelley**- University of South Dakota- Swimming, **Mason Turner**- University of South Dakota- Swimming, **Rylie Bucklin**- Luther College- Soccer, **Kane Naaktgeboren**- Iowa State University- Wrestling, **Clayton Feldman**- Marshalltown Community College- Baseball, **Kaylee Bunn** – Mount Mercy College – Track and Field, **Devin Bormann**-Wartburg College-Soccer, and **Austin Andersen**- Des Moines Area Community College- Baseball!

Fine Arts

Congratulations to the **LMHS Choral program** for having **5 members** selected to the **2023 Iowa OPUS Choral Festival**: **Will Bahl**, **Bradley Duncan-Porter**, **Rachel Hora**, **Everett Sams**, and **Parker Shadrack**!

Congratulations to the **LMHS Orchestra program** for having **12 members** selected to the **2023 NEISTA Jr. Honor Strings Orchestra**: **Trystan Asher** (Bass), **Maddie Barnidge** (Cello), **Lily Carlson** (Violin), **Caleb Delay** (Bass), **Olivia Lee** (Bass), **Cohen Mitchell** (Cello), **Sahana Nagarajan** (Violin), **Ashlynn Novak** (Violin), **Anastasia Sackfield** (Violin), **Maian Seeley** (Violin), **Simon Vieria** (Cello), and **Sophia Weber** (Viola)!

Congratulations to the **LMHS Band program** for having the following members selected to the **Northeast Iowa Bandmasters Association (NEIBA) Honor Band Festival** on December 2: Selectees include: **Thanh Beech** (Tuba), **Kyle Earnest** (Alto Saxophone), **Kael Edaburn** (Trombone), **Ellenor Fredin** (Clarinet), **Gavin Gates** (Euphonium), **Leah Glew** (Flute), **Sutra Iyer** (Trumpet), **Caden Justus** (Bass Clarinet), **Teressa Laubach** (Bassoon), **Aaron Malget** (Horn), **Evie McInroy** (Clarinet), **Molly McPeck** (Alto Saxophone), **Lily Miglia** (Flute), **Maria Neihart Thielen** (Clarinet), **Reese Peddicord** (Clarinet), **Khushi Reddy** (Clarinet), and **Ewan Southwood** (Percussion)!

Clubs and Organizations

Congratulations to **LMHS Esports** and the **Rainbow 6 Siege Team** for **Qualifying for the Fall Esports State Tournament!** Team members are: **Ethan Crawford** (Captain), **Ryan Lane**, **Clement Cochet**, **Kohen Fredrickson**, **Ryder Darrow**, **Grant Jessen**, **Max Reck**, **Bridger McDonald**, **Andrew Zolnowsky**, and **Connor Nissen**!

Congratulations to **LMHS Esports** and the **Smash Brothers Ultimate Team** for **Qualifying for the Fall Esports State Tournament!** Team members are: **Kyle Langston**, **Brett Decker**, **Lucas Carlson**, **Adam Ledger**, **Alex Rodriguez**, **Easton Shepherd**, **Jack Meyer**, **Seth Dickson**, **Austin Pfab**, and **Joel Silcox**!

Other Information

Attendance for the week (Thursday – Thursday): **92.5 %**

The next edition of the *Updates for Students and Parents* will be sent to all LMHS students and parents on **November 17**.