



2023-24 School Year

# Linn-Mar High School Updates and Announcements For Students and Parents January 19, 2024



## District Policy Update

### (Reminder)

The 2023 Iowa Acts, Chapter 96 (House File 604), signed by Governor Reynolds on May 26, 2023, requires the Iowa Department of Education to develop and distribute a model policy for school districts and charter schools that, if adopted, satisfies a school district's or charter school's responsibilities under Iowa Code 279.79 established by the Act. These model policies are intended to support a school district and charter school in meeting the requirements of new Iowa Code section 279.79 and in developing policies for different grade levels that describe how a school district or charter school may discipline a student for making a threat of violence or causing an incident of violence that results in injury or property damage or assault.

Districts are required to:

- Publish the district policy on the district website (2023 Iowa Acts, Chapter 96 [House File 604], section 7, new section 279.79, subsection 1).
- Provide each parent or guardian with a copy of the policy and require the parent or guardian acknowledge receipt of the policy in writing or electronically (2023 Iowa Acts, Chapter 96 [House File 604], section 8).
- Starting in the 24-25 school year, this will be required as part of student registration via PowerSchool.

The policy can be located here - [502.15 Discipline of Students Who Make Threats of Violence or Cause Incidents of Violence](#). We are required by law that parents/guardians acknowledge the receipt of this policy through the student handbooks. You are also being sent the link for the updated LMHS Student Handbook (below) and a form (below) for you to complete. Please fill out the form for each building you have children. Here is the Link: [LMHS Parent Policy Update Verification](#)

[Link to the Updated LMHS 2023-24 Student Handbook \(January\)](#)

## Calendar

January 22 - 27, 2024

...Last full week in January...

<b>Monday, January 22</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> <b>Deadline to ADD Classes for 2<sup>nd</sup> Semester</b>
8:30 a.m.	12 <sup>th</sup> Grade Student Advisory (Presentation-Lecture Hall)
3:30 p.m.	RTI
5:00 p.m.	9 <sup>th</sup> /10 <sup>th</sup> Girls Wrestling CRANDIC meet (LM Main Gym) *9 <sup>th</sup> /10 <sup>th</sup> Boys Wrestling CRANDIC meet @ Iowa City High
6:00 p.m.	*9 <sup>th</sup> Boys (Red) Basketball @ Dubuque Hempstead
6:30 p.m.	9 <sup>th</sup> Boys (Black) Basketball @ Alburnett HS <b>Booster Club Meeting (C110)</b>
<b>Tuesday, January 23</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
9:01 a.m.	<b>SERIOUS THREAT INTRUDER DRILL – Barricading</b>
3:30 p.m.	RTI
4:00 p.m.	Esports Overwatch 2 vs. CR Washington (LRC 3 <sup>rd</sup> Floor)
4:30 p.m.	JV2 Girls Basketball vs. Iowa City High (LM Main Gym) *9 <sup>th</sup> Boys (Black) Basketball @ Iowa City High
5:00 p.m.	*JV Boys Swimming @ CR Washington
6:00 p.m.	JV1/V Girls Basketball vs. Iowa City High (LM Main Gym) *10 <sup>th</sup> /V Boys Basketball @ Iowa City High 9 <sup>th</sup> Boys (Red) Basketball @ Xavier
<b>Wednesday, January 24</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
8:30 a.m.	11 <sup>th</sup> Grade Student Advisory (Presentation-Lecture Hall)
3:30 p.m.	RTI
<b>Thursday, January 25</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
8:30 a.m.	10 <sup>th</sup> Grade Student Advisory (Presentation-Lecture Hall)
10:00 a.m.	*V Girls/Boys Bowling MVC Divisional @ Iowa City (Colonial Lanes)

3:30 p.m. **RTI**  
 4:00 p.m. Esports Rocket League vs. CR Washington (LRC 3<sup>rd</sup> Floor)  
 4:30 p.m. **GRADES DUE**  
 5:30/7:30 p.m. Winter Play *Too Much Light Makes the Baby Gone Blind* (Little Theatre)  
 6:00 p.m. 9<sup>th</sup> Boys (Red) Basketball vs. Iowa City West (Auxiliary Gym)  
 \*JV/V Boys Wrestling @ Western Dubuque (Epworth)  
 6:30 p.m. JV Boys Basketball vs. CR Prairie (LM Main Gym)

**Friday, January 26**

**Regular Daily Schedule (9:00 – 4:00 p.m.)**  
 8:30 a.m. 9<sup>th</sup> Grade Student Advisory (Presentation-Lecture Hall)  
 3:30 p.m. **RTI**  
 5:00 p.m. \*V Girls Wrestling Regional Meet @ TBD  
 5:30/7:30 p.m. Winter Play *Too Much Light Makes the Baby Gone Blind* (Little Theatre)  
 6:00 p.m. JV1/V Girls Basketball vs. Waterloo West (LM Main Gym)  
 \*10<sup>th</sup>/V Boys Basketball @ Waterloo West

**Saturday, January 27**

All Day Show Choirs @ CR Prairie  
 10:00 a.m. 10<sup>th</sup> Boys Swimming MVC Meet @ CR Jefferson  
 V Boys Wrestling MVC Meet @ Dubuque Senior  
 12:00 p.m. V Boys Basketball vs. Des Moines Roosevelt @ Waukee HS  
 1:00 p.m. JV2 Girls Basketball vs. CR Kennedy (Auxiliary Gym)  
 JV1/V Girls Basketball vs. CR Kennedy (LM Main Gym)

**Notes**

1/22 9<sup>th</sup>/10<sup>th</sup> Boys Wrestling dismissed at 2:10 p.m.  
 9<sup>th</sup> Boys (Red) Basketball dismissed at 3:55 p.m.  
 1/23 9<sup>th</sup> Boys (Black) Basketball dismissed at 2:40 p.m.  
 JV Boys Swimming dismissed at 2:10 p.m.  
 10<sup>th</sup>/V Boys Basketball dismissed at 3:55 p.m.  
 1/25 V Girls/Boys Bowling departing prior to 9:00 a.m.  
 JV/V Boys Wrestling dismissed at 2:55 p.m.  
 1/26 V Girls Wrestling departing prior to 9:00 a.m.  
 10<sup>th</sup>/V Boys Basketball dismissed at 3:50 p.m.

**Future**

2/1 Building Management Team (8:05 a.m., Presentation-Lecture Hall)  
 2/8 'INC' GRADES DUE (4:30 p.m.)

**Student Assistance Office**

**Student Assistance Specialists Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Joyce Booth-Baisten: [joyce.booth@linnmar.k12.ia.us](mailto:joyce.booth@linnmar.k12.ia.us) (319) 447-4884  
 Jessica Deahl: [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559  
 Kevin McCauley: [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors. Thanks to some hard work and efforts by some of our LMHS students, we now have a QR code and a link that can be used more easily for student reporting. The QR code will be posted at various locations around school and the link will be made available in the Updates as well as on the LMHS webpage on the district website.

**High School Safe2Speakup**

*See Something. Say Something.*

**\*\*This reporting tool is for High School students only. \*\***

Student reporting helps keep our schools safe. **Please click on the appropriate link below to report a concern to school administration and counselors.** A QR code has been posted around LMHS that will also take you directly to this link. Please

note that if you report anonymously, the investigation make take longer to conduct. Reports to school administration are seen during normal school hours 7:30 am-4:00 pm Monday – Friday when school is in session. If it is outside of this time or an extreme emergency, please dial 911.

[need to make a report \(THIS IS THE LINK\)](#)

[I have been/Someone I know has been Sexually Assaulted](#)

[Weapon on School Grounds](#)

[I am/Someone I know is thinking about Suicide](#)

### 3<sup>rd</sup> Quarter

Congratulations to **Raelyn Fitzgerald** and **Alyssa Newport** for being named finalists in **The Corridor Jazz Art Contest!**

**Serious Threat-Intruder ‘Barricade and Prepare to Fight’ Drill on Tuesday, January 23, 2024 9:01 a.m.**

At 9:01 a.m., the Intercom will ask teachers and staff to go through the ‘Drill’.

Students will stay in the classroom for this drill. This is a ‘NON-Active’ drill. The focus is knowing what to do and where to locate yourself in the classroom. This drill will not take long but we ask all to take this seriously without creating panic.

Re-emphasize Point I: *Get out of the Building.*

- a. It is important to simply get out of the building as quickly as possible.
- b. If there is a logjam getting out a door, go to the next closest door – the point being to not wait to get out and to find the next quickest exit and get out of the building.
- c. If cannot leave the building, then barricade and prepare to fight. **THIS IS TODAY’S FOCUS.**

Major Points of this ‘Drill’:

- a. ‘Barricade’: Teachers will show students what items to quickly move in front of classroom door(s) to prevent, or at least disrupt, anyone from entering the room.
- b. ‘Prepare to Fight’: Students will be shown where they will locate in room once they have barricaded doors. (Students would spread throughout the room and locate behind desks/tables/etc. and away from sightline of someone outside the door(s)). Students will be told to ‘arm’ themselves with any objects that they can use to throw/distract any perpetrator that may penetrate the barricade.
- c. ‘Get out of the room and out of the building’: Students will be informed the goal is still to get out of the room and out of the building as they are able. If perpetrator has been distracted/disabled enough to get out of the room, do so quickly and then get out of the building at the nearest exit.
  - Once this is done, then 1<sup>st</sup> Period/1<sup>st</sup> Block will begin.

### Depression Screening Available the Week of January 22, 2024

The teen years are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar Counselors will be offering Depression Screening the week of January 22 with parental informed consent. They are focusing on 9th and 10th grades for screenings; however, 11th and 12th students will be screened upon parent request also. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. Parents can view a copy of the screener at: <https://forms.gle/zpDCxy5mygHg9DZVA>.

If you would like your high school student(s) screened, please fill out the following consent form by January 16: <https://forms.gle/MAhTCdzhEY4RASgt9>

If you have any questions, please contact one of the following:

Kim Bowen (School Counselor) 319-447-3175 or [Kimberly.bowen@linnmar.k12.ia.us](mailto:Kimberly.bowen@linnmar.k12.ia.us)

Jessica Deahl (Student Assistance Counselor) 319-370-3559 or [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us)

### 12<sup>th</sup> Grade – LMHS Class of 2024

#### FAFSA Now Open

Now is the time to apply for Federal Student Aid. After a long delay, the Free Application for Federal Student Aid opened on December 31. Families can get help filing the FAFSA by reaching out to their school counselor, contacting ICAN ([www.icansucceed.org](http://www.icansucceed.org)) or attending a FREE FAFSA Workshop at Linn-Mar High School on Tuesday, January 30<sup>th</sup>. Time slots are available at 4:25, 5:10 and 5:55. Sign up at <https://calendly.com/lmcollegecareer/fafsa-help-night>. The FAFSA Priority deadline for Iowa State, University of Iowa, and University of Iowa is February 1<sup>st</sup>. To receive the maximum amount of aid available, file your FAFSA before your college’s priority deadline. Other Iowa college deadlines can be found at <https://www.icansucceed.org/financial-aid/financial-aid-process/iowa-postsecondary-schools-financial-aid-deadlines>.

### **Summer Internship Information**

Internship applications are now open for SUMMER 2024. Students in grades 10-11 can earn high school and college credit for completing a 40 hour internship during June and July. These internships are unpaid but will give students invaluable opportunities to learn about future careers and enhance their college and scholarship applications. Find out more details and apply at [www.kirkwood.edu/wlc/internships](http://www.kirkwood.edu/wlc/internships). Students are required to complete an application, have two recommenders, and participate in an interview to qualify. Completed applications are due Thursday, February 8, at 5:00PM.

### **Spring Job Shadow Applications**

Job shadow applications are open for spring job shadows through Workplace Learning Connection. Check out [www.kirkwood.edu/wlc/jobshadows](http://www.kirkwood.edu/wlc/jobshadows) to see what opportunities are available this spring and to apply. Completed applications are due Thursday, January 25 at 5:00PM.

### **Kirkwood Winter/Spring Course registration is now open.**

Students can find a [list of Linn-Mar approved Kirkwood courses](#) here. [Click here for directions for how to register and deadlines.](#) Check your email for more details.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

### **How to Request a Transcript for College Applications**

Seniors needing to request a transcript for a college should do so through Xello. [See this video](#) for details on how to add a school and request a transcript. Students who are applying via Common App must connect their Common App account to Xello - see this [YouTube video](#) for details.

### **IMPORTANT LMHS Class of 2024 Planning Dates**

- 5/6 Senior Recognition Night (7:00 p.m., LMHS Auditorium)
- 5/11 Senior Prom (8:00 – 10:30 p.m., Olympic Southside Theater, CR)
- 5/22 Seniors Last Class Day (Graduation Rehearsal, 1:00 p.m.)
- 5/26 Commencement (1:00 p.m., Alliant Energy Powerhouse)

## **11<sup>th</sup> Grade**

### **Registration for the 2024-2025 School Year:**

Registration for the 2024-2025 school year will take place February 5-9. Students will be receiving information in their **homeroom meeting** on **February 5** about courses and how to register. There will be optional virtual parent meetings on January 29 to discuss important things parents may want to know to help their students make good decisions in regards to their class selection.

#### **Junior Section:**

\*Virtual Parent Information Meeting: Registration for 2024-25 School Year for Incoming 12th Graders on January 29 from 5:30 to 6 pm. School Counselors will discuss important information in regards to courses and the course selection process. Here is the link for the virtual Teams meeting: <http://tinyurl.com/vs4vdrw2>

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## **10<sup>th</sup> Grade**

### **Registration for the 2024-2025 School Year:**

Registration for the 2024-2025 school year will take place February 5-9. Students will be receiving information in their **homeroom meeting on February 5** about courses and how to register. There will be optional virtual parent meetings on January 29 to discuss important things parents may want to know to help their students make good decisions in regards to their class selection.

### **Sophomore Section:**

\*Virtual Parent Information Meeting: Registration for 2024-25 School Year for Incoming 11th Graders on January 29 from 5:30 to 6 pm. School Counselors will discuss important information in regards to courses and the course selection process. Here is the link for the virtual Teams meeting: <https://tinurl.com/5hctw8ms>

### **Summer Internship Information**

Internship applications are now open for SUMMER 2024. Students in grades 10-11 can earn high school and college credit for completing a 40 hour internship during June and July. These internships are unpaid but will give students invaluable opportunities to learn about future careers and enhance their college and scholarship applications. Find out more details and apply at [www.kirkwood.edu/wlc/internships](http://www.kirkwood.edu/wlc/internships). Students are required to complete an application, have two recommenders, and participate in an interview to qualify. Completed applications are due Thursday, February 8, at 5:00PM.

### **Spring Job Shadow Applications**

Job shadow applications are open for spring job shadows through Workplace Learning Connection. Check out [www.kirkwood.edu/wlc/jobshadows](http://www.kirkwood.edu/wlc/jobshadows) to see what opportunities are available this spring and to apply. Completed applications are due Thursday, January 25 at 5:00PM.

Upcoming visits- Students can sign up to meet with college admissions counselors at Linn-Mar at <https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

## **9<sup>th</sup> Grade**

### **Registration for the 2024-2025 School Year:**

Registration for the 2024-2025 school year will take place February 5-9. Students will be receiving information in their **homeroom meeting on February 5** about courses and how to register. There will be optional virtual parent meetings on January 29 to discuss important things parents may want to know to help their students make good decisions in regards to their class selection.

### **Freshmen Section:**

\*Virtual Parent Information Meeting: Registration for 2024-25 School Year for Incoming 10th Graders on January 29 from 5:30 to 6 pm. School Counselors will discuss important information in regards to courses and the course selection process. Here is the link for the virtual Teams meeting: <http://tinurl.com/4cw46fu9>

### **9<sup>th</sup> Grade Connection Dates: (3:30-4:00 p.m.)**

March 18, May 6

## **Activities**

### **Athletics**

#### **A Message as we begin the '23-'24 Winter Sports Season:**

### **SPORTSMANSHIP**

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents, or other actions that do not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your actions of sportsmanship are greatly appreciated.

***DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!***

## **Other Information**

The next edition of the *Updates for Students and Parents* will be sent to all LMHS students and parents on **January 26, 2024.**