



**Linn-Mar High School
Updates and Announcements
For Students and Parents
October 28, 2022**



Calendar

October 31 – November 5, 2022

Week 11

2nd Quarter begins...

Monday,	October 31	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
Tuesday,	November 1	Regular Daily Schedule (9:00 – 2:00 p.m.)
	3:30 p.m.	RTI
	6:00 p.m.	Parade of Bands (LM Auditorium) (Boulder Peak 5 th Grade, Symphony Band)
	7:30 p.m.	Parade of Band (LM Auditorium) (Hazel Point 5 th Grade, Concert Band)
Wednesday,	November 2	Regular Daily Schedule (9:00 – 4:00 p.m.)
		Deadline to ADD Classes for 2nd Quarter
	All Day	*Model United Nations Leadership Team @ Des Moines
	3:30 p.m.	RTI
	4:00 p.m.	Dungeons and Dragons Club (Learning Center)
Thursday,	November 3	Regular Daily Schedule (9:00 – 4:00 p.m.)
	All Day	*Model United Nations Large Group @ Des Moines
	8:05 a.m.	Building Management Team (Presentation-Lecture Hall)
	3:30 p.m.	RTI
	5:00 p.m.	V Girls Diving State Qualifier Meet (LM Aquatic Center)
	7:00 p.m.	9 th Grade Play “She Kills Monsters” (Little Theatre)
Friday,	November 4	Regular Daily Schedule (9:00 – 4:00 p.m.)
	3:30 p.m.	RTI
	7:00 p.m.	V Football Playoffs 2 nd Round @ Southeast Polk or LM Stadium vs. Ames 9 th Grade Play “She Kills Monsters” (Little Theatre)
Saturday,	November 5	
	8:00 p.m.	Athletics Department ‘Garage Sale’ (LM Main Gym)
	12:00 p.m.	V Girls Swimming State Qualifier Meet (LM Aquatic Center)

***Notes**

- 11/2 Model U.N. Leadership Team departing at 6:45 a.m.
- 11/3 Model U.N. departing at 6:45 a.m.

Future

- 11/7 LMHS Parent Advisory (6:30 p.m., Presentation-Lecture Hall)
- 11/23 Thanksgiving Break – No Classes
- 11/24 Thanksgiving Break – No Classes
- 11/25 Thanksgiving Break – No Classes
- 12/1 LMHS Parent Conferences (4:30-7:30 p.m.)

Student Assistance Office

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

- Janessa Carr:** janessa.carr@linnmar.k12.ia.us (319) 892-4884
- Jessica Deahl:** jdeahl@linnmar.k12.ia.us (319) 730-3559
- Kevin McCauley:** kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

2nd Quarter

Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:

November 9-13 Human Trafficking Awareness Week (Amnesty International Club)
(November 9 Human Trafficking Awareness Night, 7:00 p.m., Little Theatre)
November 16-20 Transgender Awareness Week (Spectrum)

Guidelines for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives: The following has been developed to establish uniform expectations and protocols for any building-wide sponsored celebrations/recognitions/drives/awareness initiatives:

- a. Only official LMHS clubs/organizations/teams/groups/classes may sponsor building-wide celebrations/recognitions/drives/awareness initiatives.
- b. All celebrations/recognitions/drives/awareness initiatives will last no longer than one week. Any extension will require administrative approval that will only be granted for unforeseen circumstances (e.g. school weather cancellations). [For national month-long celebrations (October-Breast Cancer Awareness Month, February-Black History Month, etc.), the sponsoring group will work with the administration to change the approved displays/signs/posters from any natural wear].
- c. Any celebration/recognition/drive/awareness initiative must have administrative approval no later than Tuesday of the preceding week.
- d. The celebration/recognition/drive/awareness initiative will be made known to the LMHS staff in the weekly *FYI* and to LMHS students and parents in the weekly *LMHS Updates for Students and Parents*.
- e. All signs/displays/posters must have administrative approval.
- f. All signs/displays/posters will only be in the Four Corners area extended to the double-doors in each adjacent hallway.
- g. Any student found to have damaged any approved signs/displays/posters or to be found disrupting the celebration/recognition/drive/awareness initiative will be subject to discipline.
- h. All signs/displays/posters must be removed by the sponsoring LMHS club/organization/team/group/class by Friday evening of the approved week.

ATTENDANCE PHONE NUMBER:

Our **Attendance Phone line is (319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

1st Quarter Academic Planning Dates and Deadlines

10/22 ACT

10/27 Last day of 1st Quarter Classes

Deadline to Declare Credit/Fail for 1st Semester Classes

10/31 1st Day of 2nd Quarter

12th Grade – LMHS Class of 2023

Graduation Cap/Gown/Tassel, and Victory Sole Ordering on November 1:

The time has arrived for families to order their **Graduation Cap/Gown/Tassel, and Victory Stole** for your graduating senior. **A representative from our vendor (Herff Jones) will be at Linn-Mar this coming Tuesday, November 1st from 8:00am-10:30am in the South Commons** to take orders, as well as assist with any questions. Please put this on your calendar. Students & Parents will be receiving an email this week with detailed order information and instruction.

Sanya Oli has been named the **KCRG-TV9 'Student of the Month'** for her efforts with adolescent mental health through the **LMHS Mental Health Matters Group!**

Important 12th Grade Planning Dates

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

AP Course Students

The payment window will open on October 21st for 1st semester AP classes and Exam Only sections. All students who wish to take an AP exam in May must register and pay the full \$88 exam fee **by November 4th, 2022**. Please remember to select "Yes" for the exam when registering. Students may still register and pay for a 1st semester or Exam Only exam during the second payment window in February 2023 for an additional fee of \$40. Please make the payment in PowerSchool under the Purchases and Payments tab to the left of the screen. You may also make your payment to Joyce Dayton in the Cashiers office.

If your student has a conflict they can e-mail the AP Coordinator, Heather Kosikas, at heather.kosikas@linnmar.k12.ia.us

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

12th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Juniors and Seniors: **Scholarships** – Students looking for scholarships should check out Xello's scholarship list to learn about open scholarship opportunities. You can find a video tutorial here: <https://youtu.be/184m6jnhEaU>. Additional scholarship websites we recommend include [GoingMerry](#), [FastWeb](#) and [Scholarship America](#) – these are national scholarship search sites to help your student find relevant scholarships for them. Upcoming Scholarship Deadlines include the Heisman High School Scholarship, Golden Door Scholars,

Juniors and Seniors can sign up for Winter & Spring Internships through Workplace Learning Connection starting Monday, September 26th. Check out www.kirkwood.edu/wlc/internships for more details. Students can earn 2.5 to 5 credits for participating in 45 or 90 hour experiences with local employers.

Senior Transcript Requests

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

11th Grade

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9th Grade

Future 9th Grade Connection Dates (3:30-4:00 p.m.)

Monday, November 14, 3:30 p.m.

Monday, December 19, 3:30 p.m.

Monday, January 30, 3:30 p.m.

Monday, February 6, 3:30 p.m.

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

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Activities

REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

Athletics

Congratulations to the Lions Football Team for Qualifying for the 5A State Playoffs! Good Luck tonight at CR Prairie!

Congratulations to the LM Competition Cheer Team for Placing 2nd at the Iowa Central Community College Competition

last Sunday! The Competition Cheer Team includes: Amelia Berger, Karlee Bruce, Elizabeth Cechura, Ashlyn, Chamberlain, Sami Culver, Rachel Dunnwald, Lena Ealy, Sydney Fischer, Peyton Krotz, Emma Morgan, Ameriz Nielsen, Ella Thies, Katelyn Wallrichs, Addie Wegmann, Emma Welsh, and Paige Wilhelm!

Congratulations to Lions Girls Swimmer Hayley Kimmel for setting a MVC Conference record in the 100 Breaststroke (1:04.39) on Saturday at the MVC meet! This was the longest standing girls swimming MVC conference record set by LM

Athletic Hall of Famer Hayley Fry in 2003 (1:05.87). The Lions Girls Swimming and Diving Team placed 3rd at the MVC Super Meet!

Good Luck to the Lions Girls Cross Country Team and individual qualifiers Rachel Adamson and Ally Buck at the State Cross Country Meet tomorrow! Team Qualifiers are: Rachel Adamson, Jordyn Beck, Anna Buchholz, Ally Buck, Avery Dechant, Addie Domer, Chloe Egbert, Gabby Mauren, Bethany Northrup, Leah Paulson, Breka Trapp and Abbey Vezina!

Good Luck to the Luke Steffen of the Lions Boys Cross Country Team as he competes at the State Cross Country Meet tomorrow!

Congratulations to the following Lion Volleyball MVC All-Conference and All Metro selectees:

Tessa Casebolt (All MVC-1st Team, All Metro-Honorable Mention), Kate Passmore (All MVC-1st Team, All-Metro-1st Team), Georgi Patten (All MVC-2nd Team, All-Metro-Honorable Mention), Kelsey Klesner (All-MVC-Honorable Mention), Emersyn Gries (All MVC-Honorable Mention)!

Congratulations to the following Lion Volleyball players named to the MVC All-Academic Team:

Johanna Carey, Tessa Casebolt, Ellie Daubenmier, Aynslye DeMoss, Gwen Gaffney, Mallory Guenther, Shelby Lake, Ryan Mohasci, Madison Stroschein, Sydney Carsello, Hailee Jenatscheck, Sydney Kleist, Riley Long, and Georgi Patten!

Seniors signing National Letters of Intent this fall will be honored on Wednesday, November 9, in the South Commons at 7:30 a.m. Current signees include: Hayley Kimmel- University of Iowa- Swimming, Tate Naaktgeboren- Iowa State University- Wrestling, Grace McCarty- Emporia State University- Softball, Zoe Kennedy- Western Colorado University- Basketball, Sofia Bush- University of Iowa- Soccer, Tristan Howard- Wartburg College- Soccer, Ian Steffen- University of Minnesota - Swimming, and Jordyn Beck- Indian Hills Community College- Softball!

Congratulations to the Lions Girls Cross Country Team for Qualifying as a Team for the State Cross Country Meet! Lion Girls Cross Country Team Qualifiers are: Rachel Adamson, Jordyn Beck, Anna Buchholz, Ally Buck, Avery Dechant, Addie Domer, Chloe Egbert, Gabby Mauren, Bethany Northrup, Leah Paulson, Breka Trapp and Abbey Vezina!

Congratulations to Lion Girls Cross Country runners Rachel Adamson and Ally Buck for also Qualifying as Individuals for the State Cross Country Meet!

Congratulations to LM Cheer member Ashlyn Chamberlain for being Selected to the All-State Cheer Squad!

Congratulations to LM Varsity Poms for taking 1st Place at the Iowa City Liberty Pom Competition!

HUGE ATHLETICS GARAGE SALE ON NOVEMBER 5!

Saturday, November 5th

8am-12pm

Linn-Mar High School Main Gym

Old uniforms (maybe you or someone you know wore these and would love to have that memorabilia!)

Team warm ups, jackets, jerseys, shirts, etc (Great for Red/Black Spirit Days)

Used equipment (spikes, barbells, weights, balls, etc)

All proceeds go back to Athletic Department to help purchase new uniforms and equipment for the teams!

BONUS: Roar Store will also be open during that time as well!

Fine Arts

The LMHS Symphony Orchestra has been invited to perform on November 17, at the Iowa Association of School Boards annual convention.

Congratulations to the following 58 LMHS students for being named to the Iowa All-State Music Band, Choir, or Orchestra:

All-State Band:

Shea Southwood, Graedyn Morrissey, Brock Whitham, Evan Shanley, Maddie Biedermann, Eva Hill, Kaiya Taylor, Erin Flugstad, Jace Whitham, Owen Soenen, Karli Sletteland, Makoto Carolin, Reid Post, and Ella Dorman! Alternates: Abbey Vezina, Christian Maakestad, Mariselle Jones, Isaac Kamphaugh, Dale Nuss, and Lucas Rabe!

All-State Choir:

Arjun Raghavendran, Brielle Anderson, Caiden Abbott, Emily Brennom, Emily Fredin, Erika Steenhoek, Grant Gallaway, Isaac Stanger, Jack Noehren, Jacob Jensen, Kaleb Wesselink, Kamryn Kramer, Kamryn White, Kate Flugstad, Kyra Kanz, Maddie Eley, Melia Bohn, Owen Schlesinger, Ryal Hanson, Sabyn Jones, and Zach Kendrick! Alternate: Lilly Walker!

All-State Orchestra:

Tejas Gururaja, Michael Lemos, Rishi Ajoykumar, Ella Gerber, Emily Greiner, Nathan Groezinger, Shreya Kulkarni, Ava Macek, Alex Resendiz, Melissa Wang, Katie Barnidge, Rashaan Bryant, Clara Haker, Andras Haugen, Eric Liang,

Amy Miller, Richard Phan, Kathryn Delsing, Krishna Modha, Izzy Telisak, Jordyn Puffer, Lucie Scott, and Shafin Wasimi!

Clubs and Organizations

LMHS Esports Overwatch 2 Tryout

The winter season of Esports is just around the corner. **Overwatch 2** is holding **tryouts** on **November 2, at 4:00 p.m. in the LRC**. If you want more information about this tryout please see Mr. Johnson in the Library.

Other Information

Attendance for the week (Thursday - Thursday): **95 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, November 4.**