



**Linn-Mar High School  
Updates and Announcements  
For Students and Parents  
November 4, 2022**



**Calendar**

**November 7 – November 12, 2022**

**Week 12**

*A few Winter Sports begin...*

<b>Monday,</b>	<b>November 7</b>	<b>Professional Development Schedule – No Classes (7:30 – 3:30 p.m.)</b> <b>6:30 p.m.</b> LMHS Parent Advisory Council (Presentation-Lecture Hall)
<b>Tuesday,</b>	<b>November 8</b>	<b>Regular Daily Schedule (9:00 – 2:00 p.m.)</b> <b>3:30 p.m.</b> RTI 7:00 p.m. Chamber Orchestras Concert (St. Mark’s Church)
<b>Wednesday,</b>	<b>November 9</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> 7:30 a.m. National Letter of Intent Signing Ceremony (South Commons) <b>3:30 p.m.</b> RTI 4:00 p.m. Dungeons and Dragons Club (Learning Center) Chess Club (I013, Dr. Mangano’s classroom)
<b>Thursday,</b>	<b>November 10</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> 2:00 p.m. *Robotics @ CR Metro HS <b>3:30 p.m.</b> RTI 7:00 p.m. 5 <sup>th</sup> Grade and Symphony Orchestra Concert (LM Auditorium) S.O.D.A. Co-Ed Volleyball Tourney (LM Main Gym)
<b>Friday,</b>	<b>November 11</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> <b>3:30 p.m.</b> RTI 11:00 a.m. *V Girls Diving State Meet @ Marshalltown 5:00 p.m. *V Girls Swimming State Meet Prelims @ Marshalltown 6:30 p.m. NHS Lip Sync Contest (LM Auditorium)
<b>Saturday,</b>	<b>November 12</b>	All Day FFA @ Ankeny (DMACC) All Day FBLA Iowa Football Concessions @ Iowa City (Kinnick Stadium) 12:00 p.m. V Girls Swimming State Meet Finals @ Marshalltown

**\*Notes**

- 11/10 Robotics dismissed at 1:30 p.m.
- 11/11 V Girls Diving and Swimming departing prior to 9:00 a.m.

**Future**

- 11/14 9<sup>th</sup> Grade Connection (3:30 p.m.)
- 11/23 Thanksgiving Break – No Classes
- 11/24 Thanksgiving Break – No Classes
- 11/25 Thanksgiving Break – No Classes
- 12/1 LMHS Parent Conferences (4:30-7:30 p.m.)

**Student Assistance Office**

**Student Assistance Counselors Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

- Janessa Carr:** [janessa.carr@linnmar.k12.ia.us](mailto:janessa.carr@linnmar.k12.ia.us) (319) 892-4884
- Jessica Deahl:** [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559
- Kevin McCauley:** [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

## **2<sup>nd</sup> Quarter**

### **Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:**

**November 9-13**      **Human Trafficking Awareness Week (Amnesty International Club)**  
(November 9      **Human Trafficking Awareness Night, 7:00 p.m., Little Theatre)**  
**November 16-20**      **Transgender Awareness Week (Spectrum)**

**Guidelines for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:** The following has been developed to establish uniform expectations and protocols for any building-wide sponsored celebrations/recognitions/drives/awareness initiatives:

- a. Only official LMHS clubs/organizations/teams/groups/classes may sponsor building-wide celebrations/recognitions/drives/awareness initiatives.
- b. All celebrations/recognitions/drives/awareness initiatives will last no longer than one week. Any extension will require administrative approval that will only be granted for unforeseen circumstances (e.g. school weather cancellations). [For national month-long celebrations (October-Breast Cancer Awareness Month, February-Black History Month, etc.), the sponsoring group will work with the administration to change the approved displays/signs/posters from any natural wear].
- c. Any celebration/recognition/drive/awareness initiative must have administrative approval no later than Tuesday of the preceding week.
- d. The celebration/recognition/drive/awareness initiative will be made known to the LMHS staff in the weekly *FYI* and to LMHS students and parents in the weekly *LMHS Updates for Students and Parents*.
- e. All signs/displays/posters must have administrative approval.
- f. All signs/displays/posters will only be in the Four Corners area extended to the double-doors in each adjacent hallway.
- g. Any student found to have damaged any approved signs/displays/posters or to be found disrupting the celebration/recognition/drive/awareness initiative will be subject to discipline.
- h. All signs/displays/posters must be removed by the sponsoring LMHS club/organization/team/group/class by Friday evening of the approved week.

### **Human Trafficking Awareness Week: November 7-11**

**Tuesday:** Amnesty Club will be pouring red sand in the cracks of the cement outside of the South Lot entrance to symbolize people who have 'fallen through the cracks' because of vulnerabilities that lead to human trafficking or exploitation.

**Wednesday:** Guest speaker on human trafficking in the Little Theatre at 7:00 p.m.

Amnesty International Club will also be presenting facts each day on LMTV regarding human trafficking.

### **ATTENDANCE PHONE NUMBER:**

Our **Attendance Phone line is (319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

### **THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY**

Students wanting/needng assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

### **2<sup>nd</sup> Quarter Academic Planning Dates and Deadlines**

11/5    SAT  
12/2    Deadline to Drop Classes for 2<sup>nd</sup> Quarter  
12/3    SAT  
12/9    Deadline to Declare Credit/Fail for 2<sup>nd</sup> Quarter Classes  
12/10    ACT  
1/11    Semester Exam Schedule (Periods 1,2,3,4; Blocks 1,2)  
1/12    Semester Exam Schedule (Periods 5, 6; Block 3)

## 12<sup>th</sup> Grade – LMHS Class of 2023

### **Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:**

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

**Sanya Oli** has been named the **KCRG-TV9 ‘Student of the Month’** for her efforts with adolescent mental health through the LMHS Mental Health Matters Group!

### **Important 12<sup>th</sup> Grade Planning Dates**

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors’ Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **12<sup>th</sup> Grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

**Linn-Mar Foundation Scholarships** are now open. Students can go online to apply at

<https://www.linnmarfoundation.org/lmfscholarships/>. Applications are due Friday, January 13<sup>th</sup>. Just a note: We are aware that the website has experienced some slow downs. Please be patient as there are higher amounts of traffic on the website right now.

**Job Shadow Opportunities** will open for a 2<sup>nd</sup> round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center’s Job Shadow experiences, applications are due by noon, Friday, November 18<sup>th</sup>. Check out [www.kirkwood.edu/wlc/jobshadows](http://www.kirkwood.edu/wlc/jobshadows) for more details on open job shadows and how to apply.

You can now **register for WINTER & SPRING Kirkwood classes**. You can find a [list of Kirkwood Courses Linn-Mar offers HERE](#). For directions on how to register, [check out this flyer](#).

**Winter term** courses are limited and shorter than a regular semester class with class dates running from December 14<sup>th</sup>-January 24<sup>th</sup>. The deadline to sign up for winter classes is November 29<sup>th</sup>.

**Spring term** course registration is open now until January 3<sup>rd</sup>. Check with your school counselor **BEFORE** winter break about taking spring courses!

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out [www.icansucceed.org/apt](http://www.icansucceed.org/apt) to make an appointment.

### **Senior Transcript Requests**

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

## 11<sup>th</sup> Grade

### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **11<sup>th</sup> Grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

**Job Shadow Opportunities** will open for a 2<sup>nd</sup> round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center’s Job Shadow experiences, applications are due by noon, Friday, November 18<sup>th</sup>. Check out [www.kirkwood.edu/wlc/jobshadows](http://www.kirkwood.edu/wlc/jobshadows) for more details on open job shadows and how to apply.

You can now **register for WINTER & SPRING Kirkwood classes**. You can find a [list of Kirkwood Courses Linn-Mar offers HERE](#). For directions on how to register, [check out this flyer](#).

**Winter term** courses are limited and shorter than a regular semester class with class dates running from December 14<sup>th</sup>-January 24<sup>th</sup>. The deadline to sign up for winter classes is November 29<sup>th</sup>.

**Spring term** course registration is open now until January 3<sup>rd</sup>. Check with your school counselor BEFORE winter break about taking spring courses!

## 10<sup>th</sup> Grade

### From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

### **10<sup>th</sup> Grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

**Job Shadow Opportunities** will open for a 2<sup>nd</sup> round on Monday, November 7<sup>th</sup>. If you are interested in taking advantage of Workplace Learning Center's Job Shadow experiences, applications are due by noon, Friday, November 18<sup>th</sup>. Check out [www.kirkwood.edu/wlc/jobshadows](http://www.kirkwood.edu/wlc/jobshadows) for more details on open job shadows and how to apply.

## 9<sup>th</sup> Grade

### **Future 9<sup>th</sup> Grade Connection Dates (3:30-4:00 p.m.)**

Monday, November 14, 3:30 p.m.

Monday, December 19, 3:30 p.m.

Monday, January 30, 3:30 p.m.

Monday, February 6, 3:30 p.m.

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

### From the College and Career Center:

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

### **9<sup>th</sup> grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

## Activities

### **REACH Booklet**

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

### Athletics

**Good Luck to the Lion Girls Swimming Team as they compete in the State Qualifier Meet on Saturday!**

**Congratulations to the Lion Girls Diving Team member **Kate Denner** for qualifying for the State Diving Meet!**

**Congratulations to the Lions Girls Cross Country Team member **Rachel Adamson** for placing 19<sup>th</sup> at the State Cross Country Meet!**

**Congratulations to the Lions Boys Cross Country Team member **Luke Steffen** for being named to the All-State All-Academic Team!**

**Congratulations to LMHS 12<sup>th</sup> Grade student **Lavie Mzuza** for being selected to sing the National Anthem at the State Volleyball Tournament yesterday!**

**Congratulations to the Lions Football Team for Qualifying for the 5A State Playoffs!**

**Congratulations to the LM Competition Cheer Team for Placing 2<sup>nd</sup> at the Iowa Central Community College Competition last Sunday!** The **Competition Cheer Team** includes: **Amelia Berger, Karlee Bruce, Elizabeth Cechura, Ashlyn, Chamberlain, Sami Culver, Rachel Dunnwald, Lena Ealy, Sydney Fischer, Peyton Krotz, Emma Morgan, Ameriz Nielsen, Ella Thies, Katelyn Wallrichs, Addie Wegmann, Emma Welsh, and Paige Wilhelm!**

**Congratulations to Lions Girls Swimmer Hayley Kimmel for setting a MVC Conference record in the 100 Breaststroke (1:04.39) on Saturday at the MVC meet!** This was the longest standing girls swimming MVC conference record set by LM Athletic Hall of Famer Hayley Fry in 2003 (1:05.87). The **Lions Girls Swimming and Diving Team placed 3<sup>rd</sup> at the MVC Super Meet!**

**Congratulations to the following Lion Volleyball MVC All-Conference and All Metro selectees:**

**Tessa Casebolt (All MVC-1<sup>st</sup> Team, All Metro-Honorable Mention), Kate Passmore (All MVC-1<sup>st</sup> Team, All-Metro-1<sup>st</sup> Team), Georgi Patten (All MVC-2<sup>nd</sup> Team, All-Metro-Honorable Mention), Kelsey Klesner (All-MVC-Honorable Mention), Emersyn Gries (All MVC-Honorable Mention)!**

**Congratulations to the following Lion Volleyball players named to the MVC All-Academic Team:**

**Johanna Carey, Tessa Casebolt, Ellie Daubenmier, Aynslie DeMoss, Gwen Gaffney, Mallory Guenther, Shelby Lake, Ryan Mohasci, Madison Stroschein, Sydney Carsello, Hailee Jenatscheck, Sydney Kleist, Riley Long, and Georgi Patten!**

**Seniors signing National Letters of Intent this fall will be honored on Wednesday, November 9, in the South Commons at**

**7:30 a.m. Current signees include: Hayley Kimmel- University of Iowa- Swimming, Tate Naaktgeboren- Iowa State University- Wrestling, Grace McCarty- Emporia State University- Softball, Zoe Kennedy- Western Colorado University- Basketball, Sofia Bush- University of Iowa- Soccer, Tristan Howard- Wartburg College- Soccer, Ian Steffen- University of Minnesota - Swimming, and Jordyn Beck- Indian Hills Community College- Softball!**

### **HUGE ATHLETICS GARAGE SALE ON NOVEMBER 5!**

Saturday, November 5th

8am-12pm

Linn-Mar High School Main Gym

**Old uniforms** (maybe you or someone you know wore these and would love to have that memorabilia!)

**Team warm ups, jackets, jerseys, shirts, etc** (Great for Red/Black Spirit Days)

**Used equipment** (spikes, barbells, weights, balls, etc)

All proceeds go back to Athletic Department to help purchase new uniforms and equipment for the teams!

**BONUS:** Roar Store will also be open during that time as well!

### **Fine Arts**

The LMHS Symphony Orchestra has been invited to perform on **November 17**, at the **Iowa Association of School Boards annual convention.**

**Congratulations to the following 58 LMHS students for being named to the Iowa All-State Music Band, Choir, or Orchestra:**

#### **All-State Band:**

**Shea Southwood, Graedyn Morrissey, Brock Whitham, Evan Shanley, Maddie Biedermann, Eva Hill, Kaiya Taylor, Erin Flugstad, Jace Whitham, Owen Soenen, Karli Sletteland, Makoto Carolin, Reid Post, and Ella Dorman! Alternates: Abbey Vezina, Christian Maakestad, Mariselle Jones, Isaac Kamphaugh, Dale Nuss, and Lucas Rabe!**

#### **All-State Choir:**

**Arjun Raghavendran, Brielle Anderson, Caiden Abbott, Emily Brennom, Emily Fredin, Erika Steenhoek, Grant Gallaway, Isaac Stanger, Jack Noehren, Jacob Jensen, Kaleb Wesselink, Kamryn Kramer, Kamryn White, Kate Flugstad, Kyra Kanz, Maddie Eley, Melia Bohn, Owen Schlesinger, Ryal Hanson, Sabyn Jones, and Zach Kendrick! Alternate: Lilly Walker!**

#### **All-State Orchestra:**

**Tejas Gururaja, Michael Lemos, Rishi Ajoykumar, Ella Gerber, Emily Greiner, Nathan Groezinger, Shreya Kulkarni, Ava Macek, Alex Resendiz, Melissa Wang, Katie Barnidge, Rashaan Bryant, Clara Haker, Andras Haugen, Eric Liang, Amy Miller, Richard Phan, Kathryn Delsing, Krishna Modha, Izzy Telisak, Jordyn Puffer, Lucie Scott, and Shafin Wasimi!**

### **Clubs and Organizations**

#### **Fall Esports teams to compete at the State Championships**

The Rainbow 6, Smash, League of Legends varsity teams have qualified for and will each be competing in the Fall State Championships on November 18 at Des Moines.

## **Other Information**

Attendance for the week (Thursday - Thursday): **94.3 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, November 11.**