



**Linn-Mar High School
Updates and Announcements
For Students and Parents
November 11, 2022**



Calendar

November 14 – November 19, 2022

Week 13

Mid-November has arrived...

Monday, November 14	Regular Daily Schedule (9:00 – 4:00 p.m.) All Day *FBLA State Conference @ Des Moines 3:30 p.m. 9th Grade Connection
Tuesday, November 15	Regular Daily Schedule (9:00 – 4:00 p.m.) 3:30 p.m. RTI
Wednesday, November 16	Regular Daily Schedule (9:00 – 4:00 p.m.) 7:30 a.m. LMHS Faculty-Principal ‘Town Hall’ (via Teams) 3:00 p.m. *Symphony Orchestra Rehearsal @ Des Moines 3:30 p.m. RTI 4:00 p.m. Dungeons and Dragons Club (Learning Center) Chess Club (I013, Dr. Mangano’s classroom) Musical ‘Reveal’ (LM Auditorium)
Thursday, November 17	Regular Daily Schedule (9:00 – 4:00 p.m.) 8:05 a.m. *Symphony Orchestra Performance @ Des Moines 3:30 p.m. RTI 4:00 p.m. *Music All-State Festival Rehearsal @ Ames
Friday, November 18	Regular Daily Schedule (9:00 – 4:00 p.m.) All Day Music All-State Festival Rehearsal @ Ames All Day *Esports Rainbow 6, Smash, and League of Legends Teams State Championships @ Des Moines 3:30 p.m. RTI 6:00 p.m. V Girls/Boys Basketball Hall of Pride Scrimmage vs. West Delaware (LM Main Gym)
Saturday, November 19	9:00 a.m. V Girls Wrestling Tournament @ Independence All Day Music All-State Festival Rehearsal @ Ames (Concert 7:30 p.m.) All Day V Poms Regional @ Johnston

***Notes**

- 11/14 FBLA departing on 11/13.
- 11/16 Symphony Orchestra dismissed at 11:30 a.m.
- 11/17 Symphony Orchestra departing on 11/16.
All-State Band Selectees dismissed at 10:50 a.m. All-State Vocal Selectees dismissed at 12:45 p.m.
- 11/18 Esports departing prior to 9:00 a.m.

Future

- 11/23 Thanksgiving Break – No Classes
- 11/24 Thanksgiving Break – No Classes
- 11/25 Thanksgiving Break – No Classes
- 12/1 LMHS Parent Conferences (4:30-7:30 p.m.)

Student Assistance Office

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Janessa Carr: janessa.carr@linnmar.k12.ia.us (319) 892-4884
Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559
Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

2nd Quarter

Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:

November 16-20 Transgender Awareness Week (Spectrum)

Guidelines for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives: The following has been developed to establish uniform expectations and protocols for any building-wide sponsored celebrations/recognitions/drives/awareness initiatives:

- Only official LMHS clubs/organizations/teams/groups/classes may sponsor building-wide celebrations/recognitions/drives/awareness initiatives.
- All celebrations/recognitions/drives/awareness initiatives will last no longer than one week. Any extension will require administrative approval that will only be granted for unforeseen circumstances (e.g. school weather cancellations). [For national month-long celebrations (October-Breast Cancer Awareness Month, February-Black History Month, etc.), the sponsoring group will work with the administration to change the approved displays/signs/posters from any natural wear].
- Any celebration/recognition/drive/awareness initiative must have administrative approval no later than Tuesday of the preceding week.
- The celebration/recognition/drive/awareness initiative will be made known to the LMHS staff in the weekly *FYI* and to LMHS students and parents in the weekly *LMHS Updates for Students and Parents*.
- All signs/displays/posters must have administrative approval.
- All signs/displays/posters will only be in the Four Corners area extended to the double-doors in each adjacent hallway.
- Any student found to have damaged any approved signs/displays/posters or to be found disrupting the celebration/recognition/drive/awareness initiative will be subject to discipline.
- All signs/displays/posters must be removed by the sponsoring LMHS club/organization/team/group/class by Friday evening of the approved week.

Transgender Awareness Week: November 14 - 18

Spectrum Club will have four posters at the Four Corners during the week and will be decorating the club display cases. The focus for the week is to provide awareness of some of the issues our transgender students at LMHS face, to show and provide support as allies, friends, and peers to our transgender students, and to share information about famous people who are transgender and their impact in the world.

ATTENDANCE PHONE NUMBER:

Our **Attendance Phone line is (319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

2nd Quarter Academic Planning Dates and Deadlines

12/2 Deadline to Drop Classes for 2nd Quarter
12/3 SAT
12/9 Deadline to Declare Credit/Fail for 2nd Quarter Classes
12/10 ACT
1/11 Semester Exam Schedule (Periods 1,2,3,4; Blocks 1,2)
1/12 Semester Exam Schedule (Periods 5, 6; Block 3)

12th Grade – LMHS Class of 2023

Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

Important 12th Grade Planning Dates

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

12th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Linn-Mar Foundation Scholarships are now open. Students can go online to apply at <https://www.linnmarfoundation.org/lmfscholarships/>. Applications are due Friday, January 13th. Just a note: We are aware that the website has experienced some slow downs. Please be patient as there are higher amounts of traffic on the website right now.

Job Shadow Opportunities will open for a 2nd round on Monday, November 7th. If you are interested in taking advantage of Workplace Learning Center's Job Shadow experiences, applications are due by noon, Friday, November 18th. Check out www.kirkwood.edu/wlc/jobshadows for more details on open job shadows and how to apply.

You can now register for WINTER & SPRING Kirkwood classes. You can find a [list of Kirkwood Courses Linn-Mar offers](#)

[HERE](#). For directions on how to register, [check out this flyer](#).

Winter term courses are limited and shorter than a regular semester class with class dates running from December 14th-January 24th. The deadline to sign up for winter classes is November 29th.

Spring term course registration is open now until January 3rd. Check with your school counselor BEFORE winter break about taking spring courses!

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out www.icansucceed.org/apt to make an appointment.

Senior Transcript Requests

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

11th Grade

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11th Grade

Health Science Academies Information Session on November 17

Sophomores and juniors interested in learning more about the 4 health sciences academies at the Kirkwood Linn Regional Center are encouraged to attend Health Sciences day on Thursday, November 17th. Counselors will be taking students to this event – if you are interested in going with talk to your school counselor by Wednesday. Students also may sign up on their own - to register, go to <https://forms.gle/8R9SNCOqQondU1S8>. Check out [this flyer](#) for more information.

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9th Grade

Future 9th Grade Connection Dates (3:30-4:00 p.m.)

Monday, November 14, 3:30 p.m. **The focus will be on Mindfulness.**

Monday, December 19, 3:30 p.m.

Monday, January 30, 3:30 p.m.

Monday, February 6, 3:30 p.m.

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

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Activities

REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

Athletics

A Message as we begin the Winter Sports Season:

SPORTSMANSHIP

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents or that does not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your efforts toward sportsmanship are greatly appreciated.

DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!

Good Luck to the Lion Girls Swimming and Diving Team as they compete in the **State Meet Today and Saturday!** State Qualifiers are: **Kate Denner** (Diving); **Mehal Raghvani** (200 Medley Relay, 100 Backstroke, 400 Free Relay); **Hayley Kimmel** (200 Medley Relay, 100 Free, 100 Backstroke, 400 Medley Relay); **Maura Carstensen** (200 Medley Relay, 100 Butterfly, 200 Free Relay, 100 Breaststroke); **Emily Brennom** (200 Medley Relay, 500 Free); **Lucy Haars** (200 Free, 100 Free, 200 Free Relay, 400 Free Relay); **Mikala Schmidt** (200 Free, 500 Free, 400 Free Relay); **Ellie Junk** (200 Free Relay); **Libby Richard** (200 Free Relay), and **Grace Whisenaud** (100 Backstroke)!

Good Luck to the LM Varsity Poms as they compete in **Regional Competition** at Johnston **next Saturday!**

Congratulations to the LM Competition Cheer Team for **Placing 1st** at the **Waukee Competition** last Sunday! The **Competition Cheer Team** includes: **Amelia Berger, Karlee Bruce, Elizabeth Cechura, Ashlyn, Chamberlain, Sami Culver, Rachel Dunnwald, Lena Ealy, Sydney Fischer, Peyton Krotz, Emma Morgan, Ameriz Nielsen, Ella Thies, Katelyn Wallrichs, Addie Wegmann, Emma Welsh, and Paige Wilhelm!**

Congratulations to the Lions Football Team members selected for All-Conference (MVC) and All-Metro Honors! Selectees area: **Carter Henderson** (1st Team-All-MVC, 2nd Team-All Metro); **T.J. Jackson** (2nd Team-All-MVC, 1st Team-All-Metro); **Keaton Roskop** (1st Team-All-MVC, 1st Team-All-Metro); **Austin Waller** (1st Team-All-MVC, Honorable Mention All-Metro); **Colton Waller** (1st Team-All MVC, 1st Team All-Metro); **Jackson Severson** (1st Team-All-MVC, 2nd Team All-Metro); **Sam Watts** (1st Team All-MVC, 2nd Team All-Metro); **Dylan Muszynski** (1st Team All-MVC); **Ben Blackford** (2nd Team All-MVC, Honorable Mention All-Metro); **Carson Luense** (2nd Team All-MVC, Honorable Mention All-Metro); **Jack White** (2nd Team All-MVC, Honorable Mention All-Metro); **Gavin Howk** (2nd Team All-MVC); **Will Starnes** (Honorable Mention All-MVC); **Kinnick Lechtenberg** (Honorable Mention All-MVC), **Hayden Thoms** (Honorable Mention All-MVC); **Kinnick Nims** (Honorable Mention All-MVC)!

Congratulations to the Lions Football Team members named to the MVC All-Academic Team: **Andrew AbouAssaly, Murphy Aucutt, Abraham Behning, Isaac Brown, Tayden Ferguson, Dylan Finn, Brighton Glaspie, Nathan Green, Aiden Klaren, Kinnick Lechtenberg, Lucas Rabe, Keaton Roskop, Sam Watts, Ben Blackford, James Bouska, Samuel Hartwig, Reid Recker, Hayden Thoms, and Jack White!**

Congratulations to the Lions Girls Cross Country Team member Rachel Adamson for placing **19th** at the **State Cross Country Meet!**

Congratulations to the Lions Boys Cross Country Team member Luke Steffen for being named to the **All-State All-Academic Team!**

Congratulations to LMHS 12th Grade student Lavie Mzuza for being selected to **sing the National Anthem at the State Volleyball Tournament** last week!

Fine Arts

Best wishes to all our Music All-State Selectees as they participate in the **All-State Music Festival** next **Thursday, Friday, and Saturday!** And, best wishes to our **9th grade vocal students** participating in the **OPUS Honor Choir** next week!

Congratulations to the 9th grade vocal students selected for the **OPUS Honor Choir!** Selectees were: **Olivia Getz, Sophia Phan, Trinity Mueller, Venus Kramer, and Charlie Stevens** (alternate)!

Clubs and Organizations

Fall Esports teams to compete at the State Championships

Good luck to the Rainbow 6, Smash, League of Legends varsity teams as they compete in the **Fall State Championships** next **Friday (November 18)** at **Des Moines!** **Rainbow 6 Siege** Team members: **Jackson Alexman, Tyler Ong, Holden Swyers, Ethan Crawford, Seth Bradley, Aiden Diesing, and Bridger McDonald!** **League of Legends** Team members: **Shafin Wasimi, Adam Knapp, Alex McElmeel, Gerardo Ortiz-Santos, Sabyn Jones, Tyler Ong, Ely Xiao, and Holden Swyers!** **Smash Brothers Ultimate** Team members: **Eli Nanke, Dylan Beck, Lucas Carlson, Owen Madsen, Sully Reck, Ethan Hussel, Alex Rodriguez, Jason Garrett, Sidney Stinson-Barrett, Joel Silcox, Jack Meyer, and Austin Pfab!**

A League of Their Own (Team 10107) Robotics Team Food Drive for the LMHS PRIDE Food Pantry

One of our **LMHS Robotics** teams, **A League of Their Own (Team 10107)**, is sponsoring a **food drive** from **November 16 – December 22**. Items from the food drive will be given to the **Linn-Mar High School PRIDE Food Pantry**. (LMHS does have a food pantry located within our building called the **LMHS PRIDE Food Pantry**). Labeled boxes will be set up in **The Colton**

Center, Pride Rock Commons, South Commons, West/Theatre Commons, and Four Corners areas for collection of non-perishable food items.

Other Information

A 'thank you' to all our current and past veterans on this Veterans Day. We salute the veterans on our staff at LMHS: **Chelsea Dill** (Army), **Dr. John Hanson** (Marines), **Laura Kainz** (Navy), **Sherry Parsley** (Navy), **Wayne Swanson** (Marines), **Thomas Stark** (Navy), and **Greg McCann** (Navy, U.S.S. Iowa)!

Attendance for the week (Thursday - Thursday): **94.5 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, November 18**. **The edition on November 18 will be for the weeks of November 21 and November 28.**