



**Linn-Mar High School
Updates and Announcements
For Students and Parents
January 27, 2023**



Calendar

January 30 – February 4, 2023

Week 23

Here Comes February...

Monday,	January 30	Regular Daily Schedule (9:00 – 4:00 p.m.) 3:30 p.m. *9th Grade Connection 4:30 p.m. *JV2/JV1/V Girls Basketball vs. CR Washington (LM Main Gym)
Tuesday,	January 31	Regular Daily Schedule (9:00 – 4:00 p.m.) 3:30 p.m. RTI 4:15 p.m. *9 th Boys (Black) Basketball @ CR Washington 6:00 p.m. 10 th /V Boys Basketball @ CR Washington V Boys Wrestling Dual State Qualifier (LM Main Gym)
Wednesday,	February 1	Regular Daily Schedule (9:00 – 4:00 p.m.) 7:30 a.m. National Letter of Intent Signing Ceremony (South Commons) All Day *V Poms National Competition @ Orlando, Florida 3:30 p.m. RTI
Thursday,	February 2	Regular Daily Schedule (9:00 – 4:00 p.m.) All Day V Poms National Competition @ Orlando, Florida All Day *V Girls Wrestling State Meet @ Coralville 3:15 p.m. *V Girls/Boys Bowling @ CRBC 3:30 p.m. RTI 6:00 p.m. JV2 Girls Basketball @ Xavier 9 th Boys (Red) Basketball @ Xavier (Navy) 7:30 p.m. 9 th Boys (Black) Basketball @ Xavier (Silver) JV Boys Basketball vs. Iowa City West (LM Main Gym)
Friday,	February 3	Regular Daily Schedule (9:00 – 4:00 p.m.) All Day V Poms National Competition @ Orlando, Florida All Day V Girls Wrestling State Meet @ Coralville 3:30 p.m. RTI 6:00 p.m. V Girls/Boys Basketball @ Xavier
Saturday,	February 4	All Day V Poms National Competition @ Orlando, Florida All Day Orchestra Metro Orchestra Festival @ CR (Paramount Theatre) All Day Speech Large Group State Contest @ CR Washington All Day V Boys Wrestling State Dual Meet @ Coralville 9:00 a.m. 9 th Boys (Red) Basketball @ Cedar Falls (Peet Jr. High) 12:00 p.m. V Boys Swimming State Qualifier Meet (LM Aquatic Center)

***Notes**

- 1/30 **9th Grade Connection:** All groups will be doing Career-College Preparation this Monday. Students will need their school-issued computers for 9th Grade Connection on both January 31, and February 6. (Students will then do Course Registration for the February 6 session).
- 1/31 9th Boys (Black) Basketball dismissed at 3:00 p.m.
- 2/1 V Poms departing prior to 9:00 a.m.
- 2/2 V Girls Wrestling departing prior to 9:00 a.m.
V Girls/Boys Bowling dismissed at 1:55 p.m.

Future

- 2/6 9th Grade Connection (3:30-4:00 p.m.)

Student Assistance Office

Depression Screening Available the Week of February 13

The teen years, not even factoring in the pandemic, are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar Counselors will be offering Depression Screening the week of February 13 for those who have a [consent form](#) with parental approval. They are focusing on 9th and 10th grades for screenings, however, 11th and 12th students will be screened upon parent request. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. If you have any questions, please contact one of the following:

Kim Bowen (School Counselor) 319-447-3175 or Kimberly.bowen@linnmar.k12.ia.us

Jessica Deahl (Student Assistance Counselor) 319-370-3559 or jdeahl@linnmar.k12.ia.us

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Janessa Carr: janessa.carr@linnmar.k12.ia.us (319) 892-4884

Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559

Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

2nd Quarter

1st Semester/2nd Quarter grades were due on January 19. Final grades in PowerSchool were posted on January 20. Students with INC grades will have until February 2, to complete work for 1st Semester/2nd Quarter.

3rd Quarter

10th, 11th, and 12th Grade Students Who Did Not Have School-Issued Computers Re-Imaged Last Summer

10th, 11th, and 12th Grade Students who did not have their school-issued computer re-imaged last summer need to see either Ms. Huff in the Technology Help Desk (in Learning Center) or Mr. Johnson (in Library) to plan to get your computer re-imaged. If it does not get re-imaged it will not be operable after spring break.

Course Registration for 2023-24

LMHS Course Registration for the 2023-24 school year will be **February 6 - 10**, for 8th, 9th, 10th, and 11th grades. More information will be sent regarding course registration in the coming weeks. All course registration is done via PowerSchool.

Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:

February	Black History Month	Sponsoring Group: LM Step Team
February 20 – 24, 2023	Suicide Prevention Week	Sponsoring Group: Mental Health Matters Committee
February 27 – March 3, 2023	Respect Week	Sponsoring Group: Linn-Mar Buddies

ATTENDANCE PHONE NUMBER:

Our Attendance Phone line is **(319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

3rd Quarter Academic Planning Dates and Deadlines

2/6 8th Grade Parent-Student Course Registration Night

2/20 Deadline to Drop Classes for 3rd Quarter

- 2/11 ACT
- 2/17 Deadline to Declare Credit/Fail for 3rd Quarter Classes
- 2/23 LMHS Parent Conferences (4:30-7:30 p.m.)
- 3/9 Deadline to Drop Classes for 2nd Semester
- 3/11 SAT
- 3/30 Last Day of 3rd Quarter
Deadline to Declare Credit/Fail for 2nd Semester Classes

12th Grade – LMHS Class of 2023

Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

Important 12th Grade Planning Dates

- 5/8 Senior Recognition Night (7:00 p.m., LM Auditorium)
- 5/13 Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
- 5/17 Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
- 5/28 Commencement (1:00 p.m., Alliant Energy Power House)

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

12th Grade

Still need to file the FAFSA. FAFSA priority deadlines have passed or are approaching quickly for our top colleges (University of Iowa – December 1st; Iowa State University – January 3rd; University of Northern Iowa – January 15th; Kirkwood Community College – March 15th; Mount Mercy University – March 1st; Wartburg College – March 1st; and Coe College – March 1st). Check out what your school's deadline might be on [ICAN's website](#). If you need help filing, please schedule an appointment with ICAN (www.icansucceed.org) or see Mrs. Bass in the College/Career Center (Sheryl-bass@linnmar.k12.ia.us).

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out www.icansucceed.org/apt to make an appointment.

Senior Transcript Requests

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

11th Grade

2023-2024 Linn-Mar High School Program of Studies

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

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11th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Applications for SUMMER Internships through Workplace Learning Connection are now open **through February 10th** at noon. Students can learn more about this opportunity at www.kirkwood.edu/wlc/internships.

10th Grade

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9th Grade

Future 9th Grade Connection Dates (3:30-4:00 p.m.)

*Students will need your school-issued computers for 9th Grade Connection on both January 30 and February 6.

Monday, January 30, 3:30 p.m. (Topic: College-Career Transition).

Monday, February 6, 3:30 p.m. (Topic: Registration for courses for the 2023-24 school year).

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

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Activities

REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

Athletics

A Message as we begin the Winter Sports Season:

SPORTSMANSHIP

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents or that does not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your efforts toward sportsmanship are greatly appreciated.

DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!

Congratulations to the Lion Boys Swimming Team for being Champions at the MVC Super Meet on Saturday!

Congratulations to the V Boys Wrestling Team for being Champions at the Bob Lueders Invitational at Clinton on Saturday!

Congratulations to the Lion athletes signing National Letters of Intent on Wednesday, February 1:

Mitchell Frahm- Cornell College- Football, **Tristan "TJ" Jackson**- Grand View University- Football, **Carter Henderson**- Minnesota State University-Mankato- Football, **Kate Denner**- Luther College-Swimming & Diving, **Taylor Brunson** - St.

Ambrose College- *Basketball*, **Jack Johnson**- Truman State University- *Soccer*, **Breann Johnson**- Kansas Wesleyan University- *Softball*, and **Carter Bond**- Loras College- *Baseball*!

Good Luck to the **Lion Girls Wrestlers** competing in the **State Qualifier Meet** today!

Good Luck to the **V Linn-Mar Poms** at **National Competition** next week!

Good Luck to the **JV1/V Girls and 10th/V Boys Basketball** as they compete tonight against Waterloo West!

Good Luck to the **Lion Boys Wrestlers** competing in the **MVC Meet** on Saturday!

Good Luck to the **10th Boys Swimmers** competing in the **MVC 10th Grade Meet** on Saturday!

Good Luck to the **9th Boys (Reserve) Basketball** competing at Iowa City Liberty on Saturday!

Good Luck to the **JV2 Girls Basketball** competing at Maquoketa Valley (Delhi) on Saturday!

Fine Arts

Congratulations to **LM Speech Team** for having **four events qualify** for **State Large Group Contest!** **State-bound performers** include: **Abigail Richard** and **Gwen Morris** (Short Film *How the Cookie Crumbles*), **Breann Johnson**, **Shea Southwood**, **Timothy Laubach**, and **William Shaheen** (One Act Play *Accused of Comedy*), **Addison Sleezer**, **Ellyson Hoffman**, **George Joyner**, **Jacob Maurer**, **Kyra Clay**, **Melia Bohn**, **Shea Southwood**, and **William Shaheen** (Varsity Readers Theatre *About Her*), and **Aheli Mustafi**, **Aria Meyer-Fernandez**, **Jailyn Moore**, and **Rylee Thompson** (Freshmen Readers Theatre *Check Please*)!

Best wishes to the **LM Drama cast and crew** of *The Man Who Came Dinner* performing tonight!

Good Luck to **10th Street Edition**, **In-Step**, and **Hi-Style Show Choirs** performing on Saturday at CR Prairie!

Clubs and Organizations

Good Luck to **LMHS Robotics** competing at Clear Creek-Amana on Saturday!

Dungeons and Dragons Club Meets on **Wednesday afternoons from 4:00-6:00 p.m.** in the **Learning Center**.

Other Information

Linn-Mar School Foundation Mane Event on March 3

2023 Mane Event tickets are now available for purchase. Mane Event is the primary fundraiser for the Linn-Mar School Foundation, come and support the Foundation, students and teachers! The event will be held at Elmerest Country Club and the theme is "Going Hollywood"! Dress up as your favorite movie characters... consider this an adult costume party.

We are limited in seating due to our venue change, so if you want to attend, get your tickets early! Get more information or purchase tickets by visiting our [website](#) or go directly to the [ticketing website](#).

Attendance for the week (Thursday - Thursday): **94 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, February 3.**