



**Linn-Mar High School  
Updates and Announcements  
For Students and Parents  
February 3, 2023**



**Calendar**

**February 6 – February 11, 2023**

**Week 24**

**Course Registration Week for 2023-24**

<b>Monday, February 6</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> <b>Course Registration Opens in Power School for 8<sup>th</sup>-11<sup>th</sup> Grades</b>
All Day	V Poms National Competition @ Orlando, Florida
<b>3:30 p.m.</b>	<b>*9<sup>th</sup> Grade Connection</b>
6:00 p.m.	JV1 Girls/10 <sup>th</sup> Boys Basketball vs. Xavier (LM Main Gym)
	JV Boys Wrestling MVC Duals (Oak Ridge MS)
7:30 p.m.	JV Boys Basketball @ Iowa City High
<b>Tuesday, February 7</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
All Day	V Poms National Competition @ Orlando, Florida
<b>3:30 p.m.</b>	<b>RTI</b>
	<b>10<sup>th</sup> Grade Course Registration Presentation (LM Auditorium)</b>
6:00 p.m.	*JV1/V Girls Basketball @ Dubuque Hempstead
	10 <sup>th</sup> /V Boys Basketball vs. Dubuque Hempstead (LM Main Gym)
<b>Wednesday, February 8</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
<b>3:30 p.m.</b>	<b>RTI</b>
	<b>11<sup>th</sup> Grade Course Registration Presentation (LM Auditorium)</b>
<b>Thursday, February 9</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
8:05 a.m.	Building Management Team (Presentation-Lecture Hall)
<b>3:30 p.m.</b>	<b>RTI</b>
6:00 p.m.	9 <sup>th</sup> Boys (Red/Black) Basketball vs. Dub. Hempstead (LM Main Gym)
7:00 p.m.	Winter Vocal Concert (LM Auditorium) (Lux, Fortis, Cantemus, Concert Chorale, Bella Voce)
<b>Friday, February 10</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b> <b>Deadline to DROP Classes for 3<sup>rd</sup> Quarter</b> <b>Course Registration Portal Closes After Today</b>
3:15 p.m.	*V Girls/Boys Bowling vs. Dubuque Senior (CRBC)
<b>3:30 p.m.</b>	<b>RTI</b>
4:30 p.m.	JV2 Girls Basketball vs. Western Dubuque (LM Main Gym)
	*9 <sup>th</sup> Boys (Red/Black) Basketball @ Western Dubuque (Epworth)
5:00 p.m.	*V Boys Swimming State Meet @ Iowa City (Univ. of Iowa)
6:00 p.m.	JV1/V Girls Basketball vs. Western Dubuque (LM Main Gym)
	*10 <sup>th</sup> /V Boys Basketball @ Western Dubuque (Epworth)
<b>Saturday, February 11</b>	
8:00 a.m.	ACT @ Marion HS
10:00 a.m.	V Boys Wrestling District Meet @ Marshalltown
12:30 p.m.	V Boys Swimming State Meet @ Iowa City (Univ. of Iowa)
2:30 p.m.	V Boys Basketball vs. Ankeny @ Valley HS (West Des Moines)

**\*Notes**

- 2/6 **9<sup>th</sup> Grade Connection:** 9<sup>th</sup> Grade students need to bring their school-issued computers. The focus will be on course registration for 2023-24.
- 2/7 JV1/V Girls Basketball dismissed at 3:30 p.m.
- 2/10 V Girls/Boys Bowling dismissed at 2:10 p.m.
- 9<sup>th</sup> Boys (Red/Black) Basketball dismissed at 2:25 p.m.
- V Boys Swimming departing prior to 9:00 a.m.

10<sup>th</sup>/V Boys Basketball dismissed at 3:55 p.m.

### **Future**

- 2/23 LMHS Parent Conferences (4:30 – 7:30 p.m.)
- 2/27 LMHS Parent Advisory Council (6:30 – 7:45 p.m.)
- 3/2 Two-Hour Early Dismissal Schedule
- 3/7 Two-Hour Early Dismissal Schedule
- 3/10 No Classes – Teacher Comp. Day
- 3/13-17 No Classes – Spring Break
- 3/30 End of 3<sup>rd</sup> Quarter
- 3/31 Professional Development – No Classes
- 4/3 Teacher Collaboration Day – No Classes
- 4/26 Iowa Statewide Assessment of Student Progress for 9<sup>th</sup>-11<sup>th</sup> Grades (12<sup>th</sup> Grade-No Classes)

## **Student Assistance Office**

### **Depression Screening Available the Week of February 13**

The teen years, not even factoring in the pandemic, are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar Counselors will be offering Depression Screening the week of February 13 for those who have a [consent form](#) with parental approval. They are focusing on 9<sup>th</sup> and 10<sup>th</sup> grades for screenings, however, 11<sup>th</sup> and 12<sup>th</sup> students will be screened upon parent request. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. If you have any questions, please contact one of the following:

Kim Bowen (School Counselor) 319-447-3175 or [Kimberly.bowen@linnmar.k12.ia.us](mailto:Kimberly.bowen@linnmar.k12.ia.us)

Jessica Deahl (Student Assistance Counselor) 319-370-3559 or [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us)

**Student Assistance Counselors Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

**Janessa Carr:** [janessa.carr@linnmar.k12.ia.us](mailto:janessa.carr@linnmar.k12.ia.us) (319) 892-4884

**Jessica Deahl:** [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559

**Kevin McCauley:** [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

## **3<sup>rd</sup> Quarter**

### **10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> Grade Students Who Did Not Have School-Issued Computers Re-Imaged Last Summer**

10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> Grade Students who did not have their school-issued computer re-imaged last summer need to see either Ms. Huff in the Technology Help Desk (in Learning Center) or Mr. Johnson (in Library) to plan to get your computer re-imaged. If it does not get re-imaged it will not be operable after spring break.

### **Course Registration for 2023-24**

LMHS Course Registration for the 2023-24 school year will be **February 6 - 10**, for 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> grades. More information will be sent regarding course registration in the coming weeks. All course registration is done via PowerSchool.

### **Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:**

<b>February</b>	<b>Black History Month</b>	<b>Sponsoring Group: LM Step Team</b>
<b>February 20 – 24, 2023</b>	<b>Suicide Prevention Week</b>	<b>Sponsoring Group: Mental Health Matters Committee</b>
<b>February 27 – March 3, 2023</b>	<b>Respect Week</b>	<b>Sponsoring Group: Linn-Mar Buddies</b>

### **ATTENDANCE PHONE NUMBER:**

Our **Attendance Phone line is (319-447-3050)**. Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

## **THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY**

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

### **3<sup>rd</sup> Quarter Academic Planning Dates and Deadlines**

2/6	8 <sup>th</sup> Grade Parent-Student Course Registration Night
2/10	Deadline to Drop Classes for 3 <sup>rd</sup> Quarter
2/11	ACT
2/17	Deadline to Declare Credit/Fail for 3 <sup>rd</sup> Quarter Classes
2/23	LMHS Parent Conferences (4:30-7:30 p.m.)
3/9	Deadline to Drop Classes for 2 <sup>nd</sup> Semester
3/11	SAT
3/30	Last Day of 3 <sup>rd</sup> Quarter Deadline to Declare Credit/Fail for 2 <sup>nd</sup> Semester Classes

## **12<sup>th</sup> Grade – LMHS Class of 2023**

### **Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:**

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

### **Important 12<sup>th</sup> Grade Planning Dates**

5/8	Senior Recognition Night (7:00 p.m., LM Auditorium)
5/13	Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
5/17	Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
5/28	Commencement (1:00 p.m., Alliant Energy Power House)

### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **12<sup>th</sup> Grade**

**ICAN is offering “FAFSA Step By Step” on Wednesday, February 8<sup>th</sup> for families who still need to file the FAFSA.** This virtual interactive session is meant to walk participants through the FAFSA form with the goal of having the form completed by the end of the webinar. Sign up now at [https://us06web.zoom.us/webinar/register/WN\\_QIQ7aZDzTRKfMnxPYWv98A](https://us06web.zoom.us/webinar/register/WN_QIQ7aZDzTRKfMnxPYWv98A).

“**The Scholarship Process**” will also be presented virtually by ICAN on Wednesday, February 15<sup>th</sup> at 5:30PM. This event is perfect for high school seniors and parents. Register at

[https://us06web.zoom.us/webinar/register/WN\\_LzmBaqBwTiSXtqRaef1bTA](https://us06web.zoom.us/webinar/register/WN_LzmBaqBwTiSXtqRaef1bTA)

Still need to file the FAFSA. FAFSA priority deadlines have passed or are approaching quickly for our top colleges (University of Iowa – December 1<sup>st</sup>; Iowa State University – January 3<sup>rd</sup>; University of Northern Iowa – January 15<sup>th</sup>; Kirkwood Community College – March 15<sup>th</sup>; Mount Mercy University – March 1<sup>st</sup>; Wartburg College – March 1<sup>st</sup>; and Coe College – March 1<sup>st</sup>). Check out what your school’s deadline might be on [ICAN’s website](#). If you need help filing, please schedule an appointment with ICAN ([www.icansucceed.org](http://www.icansucceed.org)) or see Mrs. Bass in the College/Career Center ([Sheryl-bass@linnmar.k12.ia.us](mailto:Sheryl-bass@linnmar.k12.ia.us)).

**Upcoming College Admissions Visits at Linn-Mar – Students can stop in the Counselors’ office to get a pass to talk with admissions counselors from these colleges:**

- Monday, February 6, 3:00PM University of Wisconsin – Platteville
- Friday, March 3, 9:00AM Northwest Iowa Community College

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out [www.icansucceed.org/apt](http://www.icansucceed.org/apt) to make an appointment.

### **Senior Transcript Requests**

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

## **11<sup>th</sup> Grade**

### **2023-2024 LMHS Program of Studies**

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

### **2023-24 Course Registration Presentation**

Counselors will be assisting students with the course registration starting on February 6<sup>th</sup>. **11<sup>th</sup> Grade students will be requested to attend an RTI session (3:30 p.m.) in the Auditorium on Wednesday, February 8.** All 11<sup>th</sup> Grade students are encouraged to attend this session to learn about how to register, make sure they are meeting graduation requirements, and get their questions answered!

#### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **11<sup>th</sup> Grade**

Upcoming College Admissions Visits at Linn-Mar – Students can stop in the Counselors' office to get a pass to talk with admissions counselors from these colleges:

- Monday, February 6, 3:00PM University of Wisconsin – Platteville
- Friday, March 3, 9:00AM Northwest Iowa Community College

**Kirkwood Academy Presentations** – Are you interested in taking college credit in high school? Mrs. Bass will be offering presentations about the Kirkwood Academies available to Linn-Mar students and share how to register. See the dates 9th below and pick the presentation that works for you. You can see more information about the [Kirkwood Academies HERE](#).

- **Thursday, February 9<sup>th</sup> – All Kirkwood Academy overview**
- **Monday, February 13<sup>th</sup> – Health Career Academies** – This session is for if you are deciding between the Patient Care, Pre-Health, and Pre-Nursing academies
- **Tuesday, February 14<sup>th</sup> – All Kirkwood Academy overview**

Applications for SUMMER Internships through Workplace Learning Connection are now open **through February 10<sup>th</sup>** at noon. Students can learn more about this opportunity at [www.kirkwood.edu/wlc/internships](http://www.kirkwood.edu/wlc/internships).

### **10<sup>th</sup> Grade**

#### **2023-2024 LMHS Program of Studies**

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

### **2023-24 Course Registration Presentation**

Counselors will be assisting students with the course registration starting on February 6<sup>th</sup>. **10<sup>th</sup> Grade students will be requested to attend an RTI session (3:30 p.m.) in the Auditorium on Tuesday, February 7.** All 10<sup>th</sup> Grade students are encouraged to attend this session to learn about how to register, make sure they are meeting graduation requirements, and get their questions answered!

#### **From the College and Career Center**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **10<sup>th</sup> Grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

**Kirkwood Academy Presentations** – Are you interested in taking college credit in high school? Mrs. Bass will be offering presentations about the Kirkwood Academies available to Linn-Mar students and share how to register. See the dates 9th below and pick the presentation that works for you. You can see more information about the [Kirkwood Academies HERE](#).

- **Thursday, February 9<sup>th</sup> – All Kirkwood Academy overview**
- **Monday, February 13<sup>th</sup> – Health Career Academies** – This session is for if you are deciding between the Patient Care, Pre-Health, and Pre-Nursing academies
- **Tuesday, February 14<sup>th</sup> – All Kirkwood Academy overview**

Applications for SUMMER Internships through Workplace Learning Connection are now open **through February 10<sup>th</sup>** at noon. Students can learn more about this opportunity at [www.kirkwood.edu/wlc/internships](http://www.kirkwood.edu/wlc/internships).

### **9<sup>th</sup> Grade**

**Future 9<sup>th</sup> Grade Connection Dates (3:30-4:00 p.m.)**

\*Students will need your school-issued computers for 9<sup>th</sup> Grade Connection on both Jan February 6.

Monday, February 6, 3:30 p.m. (Topic: Registration for courses for the 2023-24 school year).

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

### **2023-2024 LMHS Program of Studies**

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

### **2023-24 Course Registration**

#### **Registration Presentations:**

Counselors will be assisting students with the course registration starting on February 6. **9<sup>th</sup> graders will hear about registration during 9<sup>th</sup> Grade Connection on Monday.**

#### **From the College and Career Center:**

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

#### **9<sup>th</sup> grade**

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

## **Activities**

### **REACH Booklet**

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

### **Athletics**

#### **A Message as we begin the Winter Sports Season:**

#### **SPORTSMANSHIP**

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents or that does not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your efforts toward sportsmanship are greatly appreciated.

**DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!**

**Congratulations to the Lion Boys Swimming Team for being Champions at the MVC Super Meet on January 21!**

**Congratulations to the V Boys Wrestling Team for being Champions at the MVC Meet on Saturday!**

**Congratulations to the Lion athletes signing National Letters of Intent on Wednesday, February 1:**

**Mitchell Frahm**- Cornell College- *Football*, **Tristan "TJ" Jackson**- Grand View University- *Football*, **Carter Henderson**- Minnesota State University-Mankato- *Football*, **Kate Denner**- Luther College-*Swimming & Diving*, **Taylor Brunson** - St. Ambrose College- *Basketball*, **Jack Johnson**- Truman State University- *Soccer*, **Breann Johnson**- Kansas Wesleyan University- *Softball*, and **Carter Bond**- Loras College- *Baseball*!

**Good Luck to the Lion Girls Wrestlers competing in the Girls State Wrestling Meet this weekend! Our six Lion State Qualifying wrestlers are Reece Roberts, Ally Jelinek, Kate Seery, Ava Hofer, Hayley Setrum, and Trinity Young!**

**Good Luck to the V Linn-Mar Poms at National Competition this weekend!**

**Good Luck to the V Girls and Boys Basketball as they compete tonight at Xavier!**

**Good Luck to the V Boys Swimming Team as they compete in the District Meet on Saturday!**

**Good Luck to 9<sup>th</sup> Grade Boys (Red) Basketball as they compete against Cedar Falls on Saturday!**

### **Fine Arts**

**Congratulations to 10<sup>th</sup> Street Edition Show Choir for being Grand Champion at the CR Prairie competition on Saturday!**

**10<sup>th</sup> Street Edition also received the award for Best Visuals! To In-Step Show Choir for being 2<sup>nd</sup> Place in the Mixed Prep Division at CR Prairie on Saturday! And, to Hi-Style Show Choir for being 1<sup>st</sup> Place in the Treble prep division at CR Prairie!**

**Good Luck to our Large Group State Speech Participants on Saturday!**

**Best Wishes to LMHS Orchestra members in the Metro Orchestra Festival on Saturday!**

Congratulations to LM Speech Team for having four events qualify for State Large Group Contest! State-bound performers include: **Abigail Richard** and **Gwen Morris** (Short Film *How the Cookie Crumbles*), **Breann Johnson**, **Shea Southwood**, **Timothy Laubach**, and **William Shaheen** (One Act Play *Accused of Comedy*), **Addison Sleezer**, **Ellyson Hoffman**, **George Joyner**, **Jacob Maurer**, **Kyra Clay**, **Melia Bohn**, **Shea Southwood**, and **William Shaheen** (Varsity Readers Theatre *About Her*), and **Aheli Mustafi**, **Aria Meyer-Fernandez**, **Jailyn Moore**, and **Rylee Thompson** (Freshmen Readers Theatre *Check Please*)!

### Clubs and Organizations

Congratulations to LMHS Robotics for advancing Team FTC 4324 *Lost in Time* to the Eastern Iowa Super Qualifier Tournament on February 18! **FTC 4150 Dark Matter** won the **Design Award**, and **FTC 10107 ALoTO** (*A League of Their Own*) won the **Innovate Award** for their robots at the **FIRST Tech Challenge League Tournament** on Saturday! Members of *Lost in Time* are: **Owen Chase**, **Alexander Chavez**, **Rory Desotel**, **Nathan Holts**, **Johan Joseph**, **Hrishikesh Kondiboyina**, **Nihal Kotur**, **Sreenav Naveen**, **Erich Nguyen**, **Nafees ahamed Niyas**, **Pranav Pradeep**, **Quentin Rud**, and **Kushal Vanavasam**! Members of *Dark Matter* are: **Bassil Elshiekh**, **Nithin John**, **Charlotte Masters**, **Tyler Person**, **Joe Schafer**, **Owen Soenen**, **Aditya Suri**, and **Samraat Zagade**! Members of *A League of Their Own* are: **Shrisantosh Balasubramanian**, **Jonah Frosch**, **Elly Hoffman**, **Alexander Jannusch**, **Grant Jessen**, **Connor Juel**, **Mary Marasch**, **Chloe Rouse**, **Courtney Stoddard**, **Lucas Tentinger**, **Michael Worden**, and **Ely Xiao**!

**Dungeons and Dragons Club Meets on Wednesday afternoons from 4:00-6:00 p.m. in the Learning Center.**

### **Other Information**

#### **LMCSD Superintendent Search Process Has Started**

The Linn-Mar School Board has recently hired Grundmeyer Leader Services to support the search for a new district superintendent. Your feedback regarding what “desired qualifications” are most important for this position will ensure the new hire is a good fit for both the school district and communities. A Superintendent Search Survey is now available on the Linn-Mar website. Please complete the survey before Sunday, February 8<sup>th</sup>. Thank you.

<https://www.linnmar.k12.ia.us/news/your-input-superintendent-qualifications/>

#### **Linn-Mar School Foundation Mane Event on March 3**

2023 Mane Event tickets are now available for purchase. Mane Event is the primary fundraiser for the Linn-Mar School Foundation, come and support the Foundation, students and teachers! The event will be held at Elmcrest Country Club and the theme is “Going Hollywood”! Dress up as your favorite movie characters... consider this an adult costume party.

We are limited in seating due to our venue change, so if you want to attend, get your tickets early! Get more information or purchase tickets by visiting our [website](#) or go directly to the [ticketing website](#).

Attendance for the week (Thursday - Thursday): **95.3 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, February 10.**