



**Linn-Mar High School
Updates and Announcements
For Students and Parents
February 10, 2023**



Calendar

February 13 – February 18, 2023

Week 25

Mid-February has arrived...

Monday, February 13	Regular Daily Schedule (9:00 – 4:00 p.m.)
10:00 a.m.	*V Girls Bowling State Qualifier @ Marshalltown
3:30 p.m.	RTI
6:00 p.m.	*9 th Boys (Red) Basketball @ Western Dubuque (Epworth)
6:30 p.m.	*9 th Boys (Black) Basketball @ Dubuque Walhert
7:30 p.m.	JV Boys Basketball @ CR Kennedy
Tuesday, February 14	Regular Daily Schedule (9:00 – 4:00 p.m.)
10:00 a.m.	*V Boys Bowling State Qualifier @ Marshalltown
3:30 p.m.	RTI
6:00 p.m.	*10 th /V Boys Basketball @ Dubuque Wahlert
7:30 p.m.	Masterworks Concert (LM Auditorium) (Chamber Singers, Concert Chorale, Symphony Orchestra)
Wednesday, February 15	Regular Daily Schedule (9:00 – 4:00 p.m.)
All Day	*V Boys Wrestling Individual State Meet @ Des Moines
3:30 p.m.	RTI
6:00 p.m.	LMHS Step Team Black History Month Celebration (LM Auditorium)
Thursday, February 16	Regular Daily Schedule (9:00 – 4:00 p.m.)
All Day	*Black Youth Summit @ Iowa City (University of Iowa)
All Day	V Boys Wrestling Individual State Meet @ Des Moines
3:30 p.m.	RTI
4:15 p.m.	*9 th Boys (Black) Basketball @ Cedar Falls (Holmes J.H.)
4:30 p.m.	9 th Boys (Red) Basketball vs. CR Jefferson (LM Main Gym)
6:00 p.m.	10 th /V Boys Basketball vs. CR Jefferson (LM Main Gym)
	SENIOR NIGHT
	7-12 Orchestra Concert (LM Auditorium) (Philharmonic, Sinfonietta)
7:30 p.m.	Orchestra Winter Concert w/8 th Grade (LM Auditorium) (Concert Orchestra, Excelsior 8 th , Oak Ridge 8 th , Symphony)
Friday, February 17	Regular Daily Schedule (9:00 – 4:00 p.m.)
	Deadline to Declare Credit/Fail for 3rd Quarter Classes
All Day	V Boys Wrestling Individual State Meet @ Des Moines
3:30 p.m.	RTI
Saturday, February 18	
All Day	Speech Large Group All-State @ Ames (Iowa State University)
All Day	V Boys Wrestling Individual State Meet @ Des Moines
7:00 p.m.	V Girls Basketball Regional vs. Bettendorf (LM Main Gym)

***Notes**

- 2/13 V Girls Bowling departing prior to 9:00 a.m.
- 9th Boys (Red) Basketball dismissed at 3:55 p.m.
- 2/14 V Boys Bowling departing prior to 9:00 a.m.
- 10th/V Boys Basketball dismissed at 3:25 p.m.
- 2/15 V Boys Wrestling dismissed at TBD
- 2/16 Black Youth Summit departing prior to 9:00 a.m. Student participant names will be emailed to staff.
- 9th Boys (Black) Basketball dismissed at 2:15 p.m.

Future

- 2/23 LMHS Parent Conferences (4:30 – 7:30 p.m.)
- 2/27 LMHS Parent Advisory Council (6:30 – 7:45 p.m.)
- 3/2 Two-Hour Early Dismissal Schedule
- 3/7 Two-Hour Early Dismissal Schedule
- 3/10 No Classes – Teacher Comp. Day
- 3/13-17 No Classes – Spring Break
- 3/30 End of 3rd Quarter
- 3/31 Professional Development – No Classes
- 4/3 Teacher Collaboration Day – No Classes
- 4/26 Iowa Statewide Assessment of Student Progress for 9th-11th Grades (12th Grade-No Classes)

Student Assistance Office

Depression Screening Available the Week of February 13

The teen years, not even factoring in the pandemic, are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar Counselors will be offering Depression Screening the week of February 13 for those who have a [consent form](#) with parental approval. They are focusing on 9th and 10th grades for screenings, however, 11th and 12th students will be screened upon parent request. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. If you have any questions, please contact one of the following:

Kim Bowen (School Counselor) 319-447-3175 or Kimberly.bowen@linnmar.k12.ia.us

Jessica Deahl (Student Assistance Counselor) 319-370-3559 or jdeahl@linnmar.k12.ia.us

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Janessa Carr: janessa.carr@linnmar.k12.ia.us (319) 892-4884

Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559

Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

3rd Quarter

10th, 11th, and 12th Grade Students Who Did Not Have School-Issued Computers Re-Imaged Last Summer

10th, 11th, and 12th Grade Students who did not have their school-issued computer re-imaged last summer need to see either Ms. Huff in the Technology Help Desk (in Learning Center) or Mr. Johnson (in Library) to plan to get your computer re-imaged. If it does not get re-imaged it will not be operable after spring break.

Current Calendar for Building-Wide Celebrations/Recognitions/Drives/Awareness Initiatives:

February	Black History Month	Sponsoring Group: LM Step Team
February 20 – 24, 2023	Suicide Prevention Week	Sponsoring Group: Mental Health Matters Committee
February 27 – March 3, 2023	Respect Week	Sponsoring Group: Linn-Mar Buddies

ATTENDANCE PHONE NUMBER:

Our Attendance Phone line is (319-447-3050). Parents are asked to use this number to call regarding any absences. If for an illness, parents are asked to call prior to 8:00 a.m. or as soon as you are able. For appointments, parents call the same phone line (319-447-3050) and leave a message for when the student is to be dismissed for the appointment. Students then pick up passes for the appointment in the Deans Office to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

THE TUTORING CENTER IN THE LEARNING CENTER IS OPEN DAILY

Students wanting/needing assistance with coursework may visit the Tutoring Center before school (8:15-8:45 a.m.) or during class periods/blocks during the school day. This can be drop-in or by appointment by contacting Mrs. Gettemy in the Tutoring Center. Also, any student interested in becoming a student tutor may see Mrs. Gettemy or Mrs. Schumacher in the Learning Center.

3rd Quarter Academic Planning Dates and Deadlines

2/10	Deadline to Drop Classes for 3 rd Quarter
2/11	ACT
2/17	Deadline to Declare Credit/Fail for 3 rd Quarter Classes
2/23	LMHS Parent Conferences (4:30-7:30 p.m.)
3/9	Deadline to Drop Classes for 2 nd Semester
3/11	SAT
3/30	Last Day of 3 rd Quarter Deadline to Declare Credit/Fail for 2 nd Semester Classes

12th Grade – LMHS Class of 2023

Graduation Cap/Gown/Tassel, and Victory Sole Ordering Information:

Ordering information for **Graduation Cap/Gown/Tassel, and Victory Stole** for graduating seniors can be picked up in the School Counseling Office.

Important 12th Grade Planning Dates

5/8	Senior Recognition Night (7:00 p.m., LM Auditorium)
5/13	Senior Prom (8:00-10:30 p.m. LM Main Gym) (Grand March at 7:30 p.m., LM Auditorium)
5/17	Seniors' Last Day of School (1:00 p.m., Graduation Rehearsal, LM Main Gym)
5/28	Commencement (1:00 p.m., Alliant Energy Power House)

From the College and Career Center

College/Career Planning Checklists:

LMHS School Counselors have developed checklists for each grade level to help you focus your college and career planning process. Check out the list for your grade below:

12th Grade

Still need to file the FAFSA. FAFSA priority deadlines have passed or are approaching quickly for our top colleges (University of Iowa – December 1st; Iowa State University – January 3rd; University of Northern Iowa – January 15th; Kirkwood Community College – March 15th; Mount Mercy University – March 1st; Wartburg College – March 1st; and Coe College – March 1st). Check out what your school's deadline might be on [ICAN's website](#). If you need help filing, please schedule an appointment with ICAN (www.icansucceed.org) or see Mrs. Bass in the College/Career Center (Sheryl-bass@linnmar.k12.ia.us).

Upcoming College Admissions Visits at Linn-Mar – Students can stop in the Counselors' office to get a pass to talk with admissions counselors from these colleges:

- Friday, March 3, 9:00AM Northwest Iowa Community College

Need help filing the FAFSA? ICAN provides free FAFSA application assistance at their Hiawatha location or virtually. Check out www.icansucceed.org/apt to make an appointment.

Senior Transcript Requests

Transcript requests should be sent via Xello. [Follow the step-by-step directions HERE to complete this process](#). Common App accounts should also be connected to your account so all forms will be sent correctly to your colleges by following [THESE STEPS](#).

11th Grade

2023-2024 LMHS Program of Studies

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

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- Friday, March 3, 9:00AM Northwest Iowa Community College

Kirkwood Academy Presentations – Are you interested in taking college credit in high school? Mrs. Bass will be offering presentations about the Kirkwood Academies available to Linn-Mar students and share how to register. See the dates 9th below and pick the presentation that works for you. You can see more information about the [Kirkwood Academies HERE](#).

- **Monday, February 13th – Health Career Academies** – This session is for if you are deciding between the Patient Care, Pre-Health, and Pre-Nursing academies
- **Tuesday, February 14th – All Kirkwood Academy overview**

10th Grade

2023-2024 LMHS Program of Studies

Here is a copy of the LMHS Program of Studies for 2023-24. Course Registration will take place from February 6 – February 10 via Power School.

2023-24 Course Registration Presentation

Counselors will be assisting students with the course registration starting on February 6th. **10th Grade students will be requested to attend an RTI session (3:30 p.m.) in the Auditorium on Tuesday, February 7.** All 10th Grade students are encouraged to attend this session to learn about how to register, make sure they are meeting graduation requirements, and get their questions answered!

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10th Grade

College Admission Counselor visits to LMHS have begun. If you are interested in what schools will be represented this year, check out the school counseling website at

<https://sites.google.com/a/linnmar.k12.ia.us/linn-mar-high-school-counseling/career>.

Kirkwood Academy Presentations – Are you interested in taking college credit in high school? Mrs. Bass will be offering presentations about the Kirkwood Academies available to Linn-Mar students and share how to register. See the dates 9th below and pick the presentation that works for you. You can see more information about the [Kirkwood Academies HERE](#).

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9th Grade

Future 9th Grade Connection Dates (3:30-4:00 p.m.)

Monday, March 6, 3:30 p.m.

Monday, April 17, 3:30 p.m.

Monday, May 8, 3:30 p.m.

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9th grade

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Activities

REACH Booklet

This link is for the LMHS REACH Activities Booklet. Not all activities are listed in this booklet, but almost all of them are in here.

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

Athletics

A Message as we begin the Winter Sports Season:

SPORTSMANSHIP

Linn-Mar High School students, parents, and spectators are all expected to exemplify the highest level of sportsmanship at athletic events. Chanting or taunting opponents, doing anything to incite opponents or that does not display appropriate sportsmanship is unacceptable at a high school athletic contest. Your efforts toward sportsmanship are greatly appreciated.

DO YOUR PART TO SUPPORT LINN-MAR TEAMS LOUDLY, ENTHUSIASTICALLY, AND WITH THE HIGHEST DEGREE OF SPORTSMANSHIP!

Congratulations to the Lion Boys Swimming Team for Qualifying Eleven Events for the Boys State Swimming Meet! State Qualifiers include: 200 Medley Relay 200 Free (Owen Sieren); 200 IM (Blake Behrens); 50 Free (Hudson Huberg, Ryan Horsey); 100 Fly (Parker Macho); 100 Free (Hudson Huberg, Ryan Horsey, Colin Taylor); 500 Free (Owen Sieren); 200 Free Relay; 100 Back (Parker Macho); 100 Breast (Blake Behrens); and 400 Free Relay!

Congratulations to Lion Girls Wrestler Kate Seery for taking 8th Place at the first ever Girls State Wrestling Tournament!

Congratulations to the V LM Poms for taking 2nd Place in Poms at the UDA Nationals! This is the highest place at Nationals in LMVP history! Congratulations to the V LM Poms for taking 6th Place in Jazz at the UDA Nationals!

Good Luck to the V Girls and Boys Basketball as they compete tonight at Xavier!

Good Luck to the V Boys Swimming Team as they compete in the District Meet on Saturday!

Good Luck to 9th Grade Boys (Red) Basketball as they compete against Cedar Falls on Saturday!

Fine Arts

Congratulations to LM Speech Team for having three events receive Division I Ratings at State Large Group Contest! State Division I performers include: Breann Johnson, Shea Southwood, Timothy Laubach, and William Shaheen (One Act Play *Accused of Comedy*), Addison Sleezer, Ellyson Hoffman, George Joyner, Jacob Maurer, Kyra Clay, Melia Bohn, Shea Southwood, and William Shaheen (Varsity Readers Theatre *About Her*), and Aheli Mustafi, Aria Meyer-Fernandez, Jailyn Moore, and Rylee Thompson (Freshmen Readers Theatre *Check Please*)!

Congratulations to 10th Street Edition Show Choir for being Grand Champion at the CR Prairie competition! 10th Street Edition also received the award for Best Visuals! To In-Step Show Choir for being 2nd Place in the Mixed Prep Division at CR Prairie! And, to Hi-Style Show Choir for being 1st Place in the Treble prep division at CR Prairie!

Clubs and Organizations

Key Club will be having a pre-order booth for their Valentine carnation sale for Valentine's Day. Key Club will be in the Pride Rock Commons from 8:20-9:00 a.m. on Monday. They are \$3.00 and the carnations will be delivered to your person of choice on February 14.

Congratulations to LMHS Robotics for advancing Team FTC 4324 *Lost in Time* to the Eastern Iowa Super Qualifier Tournament on February 18! FTC 4150 *Dark Matter* won the Design Award, and FTC 10107 *ALoTO (A League of Their Own)* won the Innovate Award for their robots at the FIRST Tech Challenge League Tournament on Saturday! Members of *Lost in Time* are: Owen Chase, Alexander Chavez, Rory Desotel, Nathan Holts, Johan Joseph, Hrishikesh Kondiboyina, Nihal Kotur, Sreenav Naveen, Erich Nguyen, Nafees ahamed Niyas, Pranav Pradeep, Quentin Rud, and Kushal Vanavasam! Members of *Dark Matter* are: Bassil Elshiekh, Nithin John, Charlotte Masters, Tyler Person, Joe Schafer, Owen Soenen, Aditya Suri, and Samraat Zagade! Members of *A League of Their Own* are: Shrisantosh Balasubramanian, Jonah Frosch, Elly Hoffman, Alexander Jannusch, Grant Jensen, Connor Juel, Mary Marasch, Chloe Rouse, Courtney Stoddard, Lucas Tentinger, Michael Worden, and Ely Xiao!

Dungeons and Dragons Club Meets on Wednesday afternoons from 4:00-6:00 p.m. in the Learning Center.

Other Information

1st Semester/2nd Quarter Grades (includes + and – grades) (A=4837, B=2017, C=719, D=177, F=168)

Linn-Mar School Foundation Mane Event on March 3

2023 Mane Event tickets are now available for purchase. Mane Event is the primary fundraiser for the Linn-Mar School Foundation, come and support the Foundation, students and teachers! The event will be held at Elmcrest Country Club and the theme is "Going Hollywood"! Dress up as your favorite movie characters... consider this an adult costume party.

We are limited in seating due to our venue change, so if you want to attend, get your tickets early! Get more information or purchase tickets by visiting our [website](#) or go directly to the [ticketing website](#).

Attendance for the week (Thursday - Thursday): **95.3 %**

The next weekly *LMHS Updates and Announcements for Students and Parents* for the 2022-23 school year will be sent on **Friday, February 17.**