



**Linn-Mar High School
Updates and Announcements
For Students and Parents
January 28, 2022**



Calendar for Next Week

Week 23...Here comes February...

Monday, January 31 *Regular Daily Schedule (9:00 – 4:00 p.m.)*
 7:00 a.m. 2022-23 Course Registration begins for current 9th-11th grades
 3:30 p.m. 9th Grade Connection
 4:00 p.m. Science Olympiad (Mrs. Azelborn's classroom G-149)
 5:00 p.m. JV2 Girls Basketball vs. CR Kennedy (Auxiliary Gym)
 6:00 p.m. 9th Boys (Red) Basketball @ CR Kennedy
 7:00 p.m. JV Boys Basketball @ Xavier
 7:30 p.m. 9th Boys (Black) Basketball @ CR Kennedy

Tuesday, February 1 *Regular Daily Schedule (9:00 – 4:00 p.m.)*
 All Day *V Poms National Competition @ Orlando, Florida
 All Day *FFA Legislative Symposium @ Des Moines
 7:30 a.m. 10th Grade Student Advisory (Presentation-Lecture Hall)
 8:00 a.m. Femineers Club (Mr. Patterson's classroom D-31)
 3:30 p.m. RTI
 4:00 p.m. Chess Club (Dr. Mangano's classroom, I-13)
 4:15 p.m. LMHS eSports Overwatch vs. Williamsburg
 6:00 p.m. JV1/V Girls Basketball vs. Cedar Falls (LM Main Gym)
 *10th/V Boys Basketball @ Cedar Falls

Wednesday, February 2 *Regular Daily Schedule (9:00 – 4:00 p.m.)*
 All Day V Pom National Competition @ Orlando, Florida
 7:30 a.m. National Letter of Intent Signing Ceremony (South Commons)
 3:30 p.m. RTI

Thursday, February 3 *Regular Daily Schedule (9:00 – 4:00 p.m.)*
 All Day V Pom National Competition @ Orlando, Florida
 7:30 a.m. 9th Grade Student Advisory (Presentation-Lecture Hall)
 3:30 p.m. RTI
 4:00 p.m. Dungeons and Dragons Club (Learning Center)
 6:15 p.m. JV/V Wrestling vs. CR Washington (LM Main Gym)
 Senior Night
 6:30 p.m. 9th Boys (Red) Basketball vs. CR Jefferson (Auxiliary Gym)
 7:00 p.m. JV Boys Basketball @ Iowa City High
 Winter Play *You Can't Take It With You* (Little Theatre)
 7:45 p.m. 9th Boys (Black) Basketball vs. CR Jefferson (Auxiliary Gym)

Friday, February 4 *Regular Daily Schedule (9:00 – 4:00 p.m.)*
 All Day V Poms National Competition @ Orlando, Florida
 All Day *Orchestra Metro Orchestra Festival @ CR (Paramount Theatre)
 3:30 p.m. RTI
 4:15 p.m. 2022-23 Course Registration ends for current 9th-11th grades
 4:30 p.m. *JV2 Girls Basketball @ CR Jefferson
 6:00 p.m. V Girls/Boys Basketball @ CR Jefferson
 7:00 p.m. Winter Play *You Can't Take It With You* (Little Theatre)

Saturday, February 5
 All Day V Poms National Competition @ Orlando, Florida
 All Day Speech Large-Group State Contest @ CR Kennedy
 All Day Robotics @ Pleasant Valley HS (Bettendorf)
 9:30 a.m. JV Boys Basketball vs. CR Washington (LM Main Gym)

10th/JV Wrestling MVC Meet @ Western Dubuque (Epworth)
12:00 p.m. JV2 Girls Basketball vs. Pleasant Valley (LM Main Gym)
V Boys Swimming District Meet (LM Aquatic Center)
1:30 p.m. JV1/V Girls Basketball vs. Pleasant Valley (LM Main Gym)

Notes for the Week

2/1 10th/V Boys Basketball dismissed at 3:50 p.m.
FFA departing prior to 9:00 a.m.
V Poms departing prior to 9:00 a.m.
2/4 Metro Orchestra Festival: Orchestra members participating will be emailed to staff.
JV2 Girls Basketball dismissed at 2:55 p.m.

Future

1/31 9th-11th Grades Course Registration Begins for 2022-23
2/1 10th Grade Student Advisory (7:30 a.m., Presentation-Lecture Hall)
2/3 Rescheduled Winter Play *You Can't Take it with You* (7:00 p.m., Little Theatre)
2/4 Rescheduled Winter Play *You Can't Take it with You* (7:00 p.m., Little Theatre)
2/7 8th Grade Parent Course Registration Night for 2022-2023
2/8 9th Grade Student Advisory (7:30 a.m., Presentation-Lecture Hall) (Date Change)

Student Assistance Office

Student Assistance Counselors Available to All Students including Online-Only Students: Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

Janessa Carr: janessa.carr@linnmar.k12.ia.us (319) 892-4884
Jessica Deahl: jdeahl@linnmar.k12.ia.us (319) 730-3559
Kevin McCauley: kmccauley@linnmar.k12.ia.us (319) 447-3047

Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.

Safe2SpeakUp is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

3rd Quarter

2021-2022 LMHS ADJUSTED DAILY SCHEDULE LINK: [Adjusted Daily Schedule beginning on September 20](#)

District 'Return To Learn' Plan (includes protocols for Covid-19):
[District Covid-19 Protocols within the District Return to Learn Plan](#)

LMHS Attendance Phone Number

(319) 447-3050 – this is the phone number for attendance calls to LMHS this year.

Process for Calling Students Out for Appointments during the School Day:

Parents are asked to call the day prior or early in the morning for an appointment during the school day. Students then pick up passes for appointment to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

LMHS 2021-22 Student Handbook

The 2021-22 LMHS Student Handbook can be found at this site: [2021-22 LMHS Student Handbook](#)

Academic Dates and Deadlines

1/31 9th-11th Grades Course Registration begins for 2022-23 School Year
2/4 Deadline to DROP Classes for 3rd Quarter
2/7 8th Grade Course Registration begins for 2022-23 School Year
8th Grade Parent Course Registration Night at LMHS

12th Grade – LMHS Class of 2022

Depression Screening

The teen years, not even factoring in the pandemic, are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar counselors will be offering Depression Screening the first two weeks in March for those who have a [consent form](#) with parental approval. They are focusing on 9th and 10th grades for screenings, however, 11th and 12th students will be screened upon parent request. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. If you have any questions, please contact Kim Bowen at Kimberly.bowen@linnmar.k12.ia.us or call 319-447-3175.

Linn-Mar Foundation Scholarships have been added to Xello. **Applications are due to the Counselors' Office on Monday, February 14th by the end of the school day.** Greater Cedar Rapids Foundation Scholarships are also posted on Xello. The deadline for these scholarships vary.

Seniors interested in participating in an apprenticeship after high school are encouraged to sign up for the University of Iowa Labor Center's Pre-Apprenticeship Program. Check out the details and register at <https://laborcenter.uiowa.edu/preapprenticeship-program>.

February 1st is the last date to sign up for Late Start classes at Kirkwood. See your counselor for more info!

College and Career Center Information:

Scholarships – Local Scholarships are being added to Xello weekly! Be sure to login and check them out through the College Planning link. See this video for how to find them: <https://youtu.be/184m6jnhEaU>.

FAFSA – If you have not yet filed the FAFSA, many [priority deadlines](#) are quickly approaching. Follow these easy steps to file at home:

1. Create an FSA ID for your student and one parent. – studentaid.gov/FSA-ID
 - a. Make sure to save your username and password for future FAFSA filings and verify your email and phone number
2. Go to www.FAFSA.gov to start your application.
 - a. [List of items you need to file the FAFSA.](#)
 - b. File the 2022-2023 Form for students starting college in Fall 2023.
 - c. Check out the Federal Student Aid Page Dedicated to the FAFSA Process: <https://studentaid.gov/apply-for-aid/fafsa/filling-out>.

File the FAFSA with assistance from ICAN by [making an appointment on their website](#). If you have questions about the FAFSA, please contact your school counselor or Mrs. Bass for assistance.

Senior transcript requests: Seniors must request transcripts through Xello. You can learn how to complete the request by watching this short video: <https://youtu.be/rd1O95uHatg>

Follow the College/Career Center on Instagram @LinnmarHScounseling.

Looking for a part-time job? Check out the Jobs Board across from the Main Office to see who is hiring!

11th Grade

Depression Screening

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Registration for the 2022-2023 School Year Courses begins Monday, January 31:

Registration for courses during the 2022-2023 school year will take place all next week, January 31- February 4. Directions for how to register on Power Schools, along with links to videos on opportunities to consider and the Program of Studies, will be sent out via email to all 9-11 grades students. Please consult your math teacher for recommendations on what math you should consider. If you have any questions or issues, please contact your School Counselor.

Sophomore and Juniors interested in [Career Academies at Kirkwood](#) should contact your school counselor or Mrs. Bass to attend an information session about available academies. Information sessions will be hosted during RTI over the next few weeks.

February 1st is the last date to sign up for Late Start classes at Kirkwood. See your counselor for more info!

Informational Venture Video Link  [Venture Promo:](#)

College and Career Center Information:

The College Board is offering a new scholarship called BigFuture Scholarships. As you complete various activities for college planning, you will earn entries into monthly drawings for \$500 and \$40,000 scholarships. Simply login to your College Board account or create one to get started! Check out BigFutureScholarships.org to find out more.

10th and 11th grade students can now sign up for Summer Internships through Workplace Learning Connection. Earn high school credit by completing 45-90 hour internships over the summer. Hours can be flexible around other activities. Check out all of the details at www.kirkwood.edu/wlc/internships.

Juniors can now register for Spring Kirkwood classes. See your school counselor for details.

Want to help your student earn money for college? Sign up for SP3 email updates for an opportunity to win a \$500 529 deposit, go to www.SP3.org to sign up.

Looking for a part-time job? Check out the Jobs Board across from the Main Office to see who is hiring!

10th Grade

Depression Screening

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Informational Venture Video Link  [Venture Promo:](#)

College and Career Center Information:

Counselors would like to encourage students to **consider completing career interest assessments using Xello. Students can sign on to Xello by clicking on the app on their Office 365/MyApps page. The “Matchmaker” assessment is a great interest inventory to start your career search.** Take 15-20 minutes choosing how you feel about various tasks to be matched with careers.

Want to help your student earn money for college? Sign up for SP3 email updates for an opportunity to win a \$500 529 deposit, go to www.SP3.org to sign up.

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9th Grade

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Informational Venture Video Link  [Venture Promo:](#)

9th Grade Connection on Monday, January 31, will focus on Course Registration:

During 9th Grade Connection on Monday, January 31, 9th grade students will receive specific directions on registration on PowerSchool. *Some of the 9th Grade Connection groups will meet in the Lecture Hall today for a dual purpose: Course Planning on Xello and Directions to Register on PowerSchool since their Course Planning meetings were cancelled due to weather.* These students are from the following 9th Grade Connections teachers will REPORT DIRECTLY to the Lecture Hall: Mr. May, Ms. Parsley, Ms. Hajek, Ms. Sleeper, Ms. Marcia Smith, Mr. Reed, Mr. Kibbie, Mr. Mangano, Mr. McCann, Ms. Wesbrook, Mr. Printy, Ms. Turner, Ms. Crock, Mr. Dvorak, and Mr. Hill.

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Student Activities

A. Activities:

The *Reach* document listing all of the current LMHS Student Activities can be found at this site:
<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

B. Athletics:

Congratulations to the following Lion Athletes!

Best wishes the LM Varsity Poms as they compete at national competition next week in Orlando, Florida!

To the Lion Wrestlers Ally Jelinek, Ava Hofer, Carly Baumgartner, Reese Roberts, and Lauren Pulis for placing at the Girls State Wrestling Tournament!

To the LM Lion Wrestlers taking 1st place at the Clinton Wrestling Tournament! The Lions Crowned three champions (Brayden Parke, Kane Naaktgeboren, Luke Gaffney)!

To the LM Lion Boys Swimming Team for having eight MVC All-Conference Selections:

Ian Steffen (200 medley relay, 100 free, 400 free relay); **Aiden Carstensen** (200 medley relay, 50 free, 100 backstroke, 400 free relay); **Cooper Callahan** (200 medley relay, 200 individual medley, 500 free, 400 free relay, Swimmer of the Year); **Ryan Horsey** (200 medley relay); **Luke Kelley** (200 free); **Connor Schaffel** (400 free relay, 200 free (second team), 500 free (second team)); **AJ Helmle** (100 fly (second team)); **Blake Behrens** (100 breaststroke (second team)); **Tom Belin** (Coach of the Year)!

LMHS Girls Tennis Player/Parent Meeting at 6:30 p.m. on Monday, January 31

Any LMHS Girls interested in participating in Tennis this spring, a **player/parent meeting will be held at 6:30 p.m. on Monday, January 31**, in the **Presentation-Lecture Hall**. Contact the Athletic Office or Coach Paternostro with questions.

C. Fine Arts:

Large Group Speech State Qualifiers:

Congratulations to LMHS Speech for qualifying Television Broadcasting, Radio Broadcasting, Reader’s Theatre and Short Film production for State Speech Large-Group competition!

Wind Ensemble Selected to Perform at the IBA Conference in May:

Congratulations to the LMHS Wind Ensemble on being selected as the 4A Concert Band to perform at the Iowa Bandmasters Association Conference in May! This is one of the highest honors a concert band can receive in Iowa!

Bella Voce Selected to Perform as a Featured Choir at the Iowa Choral Showcase:

Congratulations to LMHS Bella Voce on being selected as a Feature Choir at the Iowa Choral Showcase in April!

Winter Play Rescheduled to February 3 and 4

The LMHS Drama presentation *You Can’t Take It with You* at 7:00 p.m. in the Little Theatre has been rescheduled for Thursday, February 3, and Friday, February 4. All seats are \$5.00. Activity passes and Thespian membership cards are honored.

State Large-Group Speech Parent and Student Volunteers Needed

Parent and Student Volunteers are Needed for State Large-Group Speech on **Saturday, February 5**, at Cedar Rapids Kennedy High School. LMHS students who qualify for State Large-Group Speech will also be performing at this location. LMHS students will be able to receive volunteer CORDS hours for this event. Thank you for your consideration in helping at State Large-Group Speech. For any questions, please contact Mrs. Feilmeier-Marzen at 319-447-1535 or stop by classroom KL102. The link to sign up as a volunteer for State Large-Group Speech is:

<https://www.signupgenius.com/go/10C0F4EA9A929A7FFC43-ihssa>

D. Clubs/Organizations:

LMHS Student Ambassadors Meeting on February 4:

The Student Ambassadors are encouraged to attend a meeting on Friday, February 4, at 8:15 a.m. in the Little Theater. You will learn more about the Silver Cords program, signing up for helping on upcoming 8th Grade Parent Course Registration Night, and creating a check-in program with new students.

[LMHS Student Ambassador Application](#)

LMHS Femeiners Club

The LMHS Femeiners Club meets each Tuesday (8:00-8:50 a.m.) in Mr. Patterson's classroom (D-31). See Mr. Patterson or Ms. Lentz for more information.

LMHS Chess Club

The LMHS Chess Club meets each Tuesday (4:00-5:00 p.m.) in Dr. Mangano's classroom (I-13). See Dr. Mangano for more information.

LMHS Dungeons and Dragons Club

The LMHS Dungeons and Dragons Club meets each Thursday (4:00-6:00 p.m.) in the Learning Center. See Mr. Griggs for more information.

LMHS Science Olympiad Teams

The LMHS Science Olympiad Teams meet each Monday at 4:00 p.m. in Mrs. Azelborns' classroom (G-149). See Mrs. Azelborn or Mr. Garcia for more information about Science Olympiad.

LMHS eSports Winter and Spring Seasons has started:

Any student interested in being involved in LMHS eSports winter season (Overwatch and Rocket League) is encouraged to reach out to Brian Johnson (bjohnson@linnmar.k12.ia.us), Luke Johnson (luke.johnson@linnmar.k12.ia.us) or Zach Mixdorf (zmixdorf@linnmar.k12.ia.us) for more information on intramural play.

Other Information

Ordering the Linn-Mar High School 2021-22 Yearbook

All 2021-22 LMHS Yearbooks are purchased directly through the vendor, Jostens. The link to order the 2021-22 LMHS Yearbook is: <https://www.jostens.com/>

Attendance for This Week (through Thursday): **89.8 %**

The next *LMHS Updates and Announcements for Students and Parents* will be sent on **Friday, February 4.**