



# Linn-Mar High School Updates and Announcements For Students and Parents February 4, 2022



## Calendar for Next Week

*Week 24...A Full Week in February...*

<b>Monday, February 7</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
All Day	V Poms National Competition @ Orlando, Florida
<b>7:00 a.m.</b>	<b>2022-23 Course Registration begins for current 8<sup>th</sup> grade</b>
<b>3:30 p.m.</b>	<b>9<sup>th</sup> Grade Connection</b>
4:00 p.m.	Science Olympiad (Mrs. Azelborn's classroom G-149)
4:45 p.m.	*9 <sup>th</sup> Boys (Red/Black) Basketball @ Iowa City West
5:00 p.m.	JV2 Girls Basketball vs. Iowa City West (Auxiliary Gym)
<b>5:15 p.m.</b>	<b>8<sup>th</sup> Grade Parent Course Registration Night</b>
6:00 p.m.	JV1 Girls/10 <sup>th</sup> Boys Basketball vs. CR Jefferson (LM Main Gym)
7:00 p.m.	JV Boys Basketball vs. CR Jefferson (Auxiliary Gym)
<b>Tuesday, February 8</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
All Day	V Poms National Competition @ Orlando, Florida
<b>7:30 a.m.</b>	<b>9<sup>th</sup> Grade Student Advisory (Presentation-Lecture Hall)</b>
8:00 a.m.	*Femineers Club (Mr. Patterson's classroom D-131)
<b>3:30 p.m.</b>	<b>RTI</b>
4:00 p.m.	Chess Club (Dr. Mangano's classroom, I-13) Dungeons and Dragons Club (Learning Center)
6:00 p.m.	JV1/V Girls Basketball vs. Iowa City Liberty (LM Main Gym) <b>**SENIOR NIGHT**</b> 10 <sup>th</sup> /V Boys Basketball @ Iowa City Liberty
<b>Wednesday, February 9</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
3:30 p.m.	<b>RTI</b>
4:15 p.m.	<b>Building Learning Team (Presentation-Lecture Hall)</b>
7:00 p.m.	*V Wrestling Regional Dual vs. TBD (LM Main Gym)
<b>Thursday, February 10</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
<b>8:05 a.m.</b>	<b>Building Management Team (Presentation-Lecture Hall)</b>
<b>3:30 p.m.</b>	<b>RTI</b>
<b>4:30 p.m.</b>	<b>LMHS 3<sup>rd</sup> Quarter Parent Conferences</b>
5:00 p.m.	*JV2 Girls Basketball @ Iowa City Liberty
7:00 p.m.	9 <sup>th</sup> Boys (Red) Basketball vs. Iowa City Liberty (LM Main Gym) 9 <sup>th</sup> Boys (Black) Basketball vs. Iowa City Liberty (Auxiliary Gym) Winter Vocal Concert (LM Auditorium)
<b>Friday, February 11</b>	<b>Regular Daily Schedule (9:00 – 4:00 p.m.)</b>
	<b>Deadline to Declare Credit-Fail for 3<sup>rd</sup> Quarter Classes</b>
3:15 p.m.	*JV/V Girls/Boys Bowling vs. CR Washington @ CR (CRBC)
<b>3:30 p.m.</b>	<b>RTI</b>
<b>4:15 p.m.</b>	<b>2022-23 Course Registration ends for current 8<sup>th</sup> grade</b>
5:30 p.m.	*V Boys Swimming State Meet @ Iowa City (U. of Iowa)
6:00 p.m.	*JV1/V Girls Basketball @ Iowa City High 10 <sup>th</sup> /V Boys Basketball vs. Iowa City High (LM Main Gym)
<b>Saturday, February 12</b>	
11:00 a.m.	V Boys Wrestling District Meet @ CR Jefferson
12:30 p.m.	V Boys Swimming State Meet @ Iowa City (U. of Iowa)
2:30 p.m.	V Boys Basketball vs. WDM Valley (LM Main Gym) (CR Kennedy vs. Dowling Catholic at 1:00 p.m. in LM Main Gym)

## Notes for the Week

- 2/7 9<sup>th</sup> Boys Basketball dismissed at 3:00 p.m.  
2/8 Femineers Club: is also offered for students at 3:30 p.m. on Tuesday-Friday for those not in RTI.  
2/9 V Wrestling against winner of Pleasant Valley vs. Iowa City High meet at 6:00 p.m. (LM Main Gym)  
2/10 JV2 Girls Basketball dismissed at 3:20 p.m.  
2/11 V Boys Swimming dismissed at TBD  
JV/V Girls/Boys Bowling dismissed at 1:40 p.m.

## Future

- 2/14 No Classes – Teacher Comp. Day  
2/28 LMHS Parent Advisory Council (6:30 p.m., Presentation-Lecture Hall)

## Student Assistance Office

**Student Assistance Counselors Available to All Students including Online-Only Students:** Student Assistance Counselors are available to provide support for all LMHS students. This includes online-only students via virtual meetings, phone calls or on-site. Student Assistance Counselors are available in the Student Assistance Office located in the hallway adjacent to the Main Office. Please reach out to any of the counselors via email, phone call, or Teams to schedule a meeting:

**Janessa Carr:** [janessa.carr@linnmar.k12.ia.us](mailto:janessa.carr@linnmar.k12.ia.us) (319) 892-4884  
**Jessica Deahl:** [jdeahl@linnmar.k12.ia.us](mailto:jdeahl@linnmar.k12.ia.us) (319) 730-3559  
**Kevin McCauley:** [kmccauley@linnmar.k12.ia.us](mailto:kmccauley@linnmar.k12.ia.us) (319) 447-3047

**Any student may contact Student Assistance Counselors, School Counselors, or Academic Assistance Counselors at any time during the school day.**

**Safe2SpeakUp** is an application on all LMHS student school-issued computers that allows a student to report something unsafe or to ask for help for a personal crisis for self or someone else at any time. Safe2SpeakUp alerts are sent directly to LMHS Administrators, Student Assistance Counselors and School Counselors.

## 3<sup>rd</sup> Quarter

### 3<sup>rd</sup> Quarter LMHS Parent Conferences on Thursday, February 10:

LMHS 3<sup>rd</sup> Quarter Parent Conferences will be held on **Thursday, February 10, from 4:30 – 7:30 p.m.** *Priority for conferences is again given to those students for which current concerns exist in a particular class.* On Tuesday, February 8, at Noon, any remaining conference slots will be made available to all parents. The links are:

**VIRTUAL CONFERENCE SIGN-UP: 4:30 – 6:00 p.m.**

[https://myschoolsystems.com/LinnMar/high\\_school\\_virtual/conferences.php?where\\_from=student&language=english](https://myschoolsystems.com/LinnMar/high_school_virtual/conferences.php?where_from=student&language=english)

**IN-PERSON CONFERENCE SIGN-UP: 6:00 – 7:30 p.m.**

[https://www.myschoolsystems.com/LinnMar/high\\_school/conferences.php?where\\_from=student&language=english](https://www.myschoolsystems.com/LinnMar/high_school/conferences.php?where_from=student&language=english)

While parents have the option of online or in-person conferences, we are having the online conferences from 4:30-6:00 p.m. and the in-person conferences from 6:00-7:30 p.m.

**2021-2022 LMHS ADJUSTED DAILY SCHEDULE LINK:** [Adjusted Daily Schedule beginning on September 20](#)

**District ‘Return To Learn’ Plan (includes protocols for Covid-19):**

[District Covid-19 Protocols within the District Return to Learn Plan](#)

### **LMHS Attendance Phone Number**

(319) 447-3050 – this is the phone number for attendance calls to LMHS this year.

### **Process for Calling Students Out for Appointments during the School Day:**

Parents are asked to call the day prior or early in the morning for an appointment during the school day. Students then pick up passes for appointment to show teachers when they need to leave. Students leaving for appointments must check out from the Deans Office and then check back into the Deans Office upon return. Thank you for your help when appointments are necessary during the school day.

### **LMHS 2021-22 Student Handbook**

The 2021-22 LMHS Student Handbook can be found at this site: [2021-22 LMHS Student Handbook](#)

### **Academic Dates and Deadlines**

- 2/7 8<sup>th</sup> Grade Course Registration begins for 2022-23 School Year  
8<sup>th</sup> Grade Parent Course Registration Night at LMHS  
3/4 Deadline to DROP classes for 2<sup>nd</sup> Semester.

## 12<sup>th</sup> Grade – LMHS Class of 2022

### **Depression Screening**

The teen years, not even factoring in the pandemic, are marked by a rollercoaster ride of emotions – difficult for teens, their parents, and educators. Linn Mar counselors will be offering Depression Screening the first two weeks in March for those who have a [consent form](#) with parental approval. They are focusing on 9<sup>th</sup> and 10<sup>th</sup> grades for screenings, however, 11<sup>th</sup> and 12<sup>th</sup> students will be screened upon parent request. This tool cannot provide a diagnosis of depression, but it does give an indication of whether a young person should be referred for evaluation by a mental health professional. If you have any questions, please contact Kim Bowen at [Kimberly.bowen@linnmar.k12.ia.us](mailto:Kimberly.bowen@linnmar.k12.ia.us) or call 319-447-3175.

Linn-Mar Foundation Scholarships have been added to Xello. **Applications are due to the Counselors' Office on Monday, February 14<sup>th</sup> by the end of the school day.** Greater Cedar Rapids Foundation Scholarships are also posted on Xello. The deadline for these scholarships vary.

Seniors interested in participating in an apprenticeship after high school are encouraged to sign up for the University of Iowa Labor Center's Pre-Apprenticeship Program. Check out the details and register at <https://laborcenter.uiowa.edu/preapprenticeship-program>.

**February 1<sup>st</sup> is the last date to sign up for Late Start classes at Kirkwood.** See your counselor for more info!

### **College and Career Center Information:**

Scholarships – Local Scholarships are being added to Xello weekly! Be sure to login and check them out through the College Planning link. See this video for how to find them: <https://youtu.be/184m6jnhEaU>.

**FAFSA** – If you have not yet filed the FAFSA, many [priority deadlines](#) are quickly approaching. Follow these easy steps to file at home:

1. Create an FSA ID for your student and one parent. – [studentaid.gov/FSA-ID](https://studentaid.gov/FSA-ID)
  - a. Make sure to save your username and password for future FAFSA filings and verify your email and phone number
2. Go to [www.FAFSA.gov](http://www.FAFSA.gov) to start your application.
  - a. [List of items you need to file the FAFSA.](#)
  - b. File the 2022-2023 Form for students starting college in Fall 2023.
  - c. Check out the Federal Student Aid Page Dedicated to the FAFSA Process: <https://studentaid.gov/apply-for-aid/fafsa/filling-out>.

File the FAFSA with assistance from ICAN by [making an appointment on their website](#). If you have questions about the FAFSA, please contact your school counselor or Mrs. Bass for assistance.

**Senior transcript requests:** Seniors must request transcripts through Xello. You can learn how to complete the request by watching this short video: <https://youtu.be/rd1O95uHatg>

Follow the College/Career Center on Instagram @LinnmarHScounseling.

Looking for a part-time job? Check out the Jobs Board across from the Main Office to see who is hiring!

## 11<sup>th</sup> Grade

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Sophomore and Juniors interested in [Career Academies at Kirkwood](#) should contact your school counselor or Mrs. Bass to attend an information session about available academies. Information sessions will be hosted during RTI over the next few weeks.

**February 1<sup>st</sup> is the last date to sign up for Late Start classes at Kirkwood.** See your counselor for more info!

Informational Venture Video Link  [Venture Promo:](#)

### **College and Career Center Information:**

The College Board is offering a new scholarship called BigFuture Scholarships. As you complete various activities for college planning, you will earn entries into monthly drawings for \$500 and \$40,000 scholarships. Simply login to your College Board account or create one to get started! Check out [BigFutureScholarships.org](https://BigFutureScholarships.org) to find out more.

10<sup>th</sup> and 11<sup>th</sup> grade students can now sign up for Summer Internships through Workplace Learning Connection. Earn high school credit by completing 45-90 hour internships over the summer. Hours can be flexible around other activities. Check out all of the details at [www.kirkwood.edu/wlc/internships](http://www.kirkwood.edu/wlc/internships).

Juniors can now register for Spring Kirkwood classes. See your school counselor for details.

Want to help your student earn money for college? Sign up for SP3 email updates for an opportunity to win a \$500 529 deposit, go to [www.SP3.org](http://www.SP3.org) to sign up.

Looking for a part-time job? Check out the Jobs Board across from the Main Office to see who is hiring!

## 10<sup>th</sup> Grade

### Depression Screening

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Informational Venture Video Link  [Venture Promo:](#)

### College and Career Center Information:

Counselors would like to encourage students to **consider completing career interest assessments using Xello. Students can sign on to Xello by clicking on the app on their Office 365/MyApps page. The “Matchmaker” assessment is a great interest inventory to start your career search.** Take 15-20 minutes choosing how you feel about various tasks to be matched with careers.

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## 9<sup>th</sup> Grade

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## Student Activities

### *A. Activities:*

**Student Council Winter Fling Dance on March 5:**

Save the Date! The Spring Fling Dance (*formerly WPA Dance*) will be held on Saturday March 5<sup>th</sup>. Outside Guests will be allowed at this Dance. Approval Form will need to be completed for non-LMHS students. Dress is NOT formal, but nice. More details will be shared next week. In the meantime, please share the news with your friends and classmates.

The *Reach* document listing all of the current LMHS Student Activities can be found at this site:

<https://sites.google.com/linnmar.k12.ia.us/lmhsreach/home>

***B. Athletics:***

**Congratulations to the following Lion Athletes!**

**Best wishes to the LM Boys Swimming Team as they compete at the State Qualifier Meet on Saturday!**

**Best wishes to the LM Varsity Poms as they compete at national competition in Orlando, Florida!**

**To the Lion Wrestlers Ally Jelinek, Ava Hofer, Carly Baumgartner, Reese Roberts, and Lauren Pulis for placing at the Girls State Wrestling Tournament!**

**To the LM Lion Wrestlers taking 1<sup>st</sup> place at the Clinton Wrestling Tournament! The Lions Crowned three champions (Brayden Parke, Kane Naaktgeboren, Luke Gaffney)!**

**To the LM Lion Boys Swimming Team for having eight MVC All-Conference Selections:**

**Ian Steffen** (200 medley relay, 100 free, 400 free relay); **Aiden Carstensen** (200 medley relay, 50 free, 100 backstroke, 400 free relay); **Cooper Callahan** (200 medley relay, 200 individual medley, 500 free, 400 free relay, Swimmer of the Year); **Ryan Horsey** (200 medley relay); **Luke Kelley** (200 free); **Connor Schaffel** (400 free relay, 200 free (second team), 500 free (second team)); **AJ Helmle** (100 fly (second team)); **Blake Behrens** (100 breaststroke (second team)); **Tom Belin** (Coach of the Year)!

**LMHS Girls Tennis Player/Parent Meeting at 6:30 p.m. on Monday, January 31**

Any LMHS Girls interested in participating in Tennis this spring, a **player/parent meeting will be held at 6:30 p.m. on Monday, January 31**, in the **Presentation-Lecture Hall**. Contact the Athletic Office or Coach Paternostro with questions.

***C. Fine Arts:***

**Winter Play *You Can't Take It With You* Final Performance Tonight!**

The Linn-Mar Drama Department will perform the comedy *You Can't Take It With You* on Thursday and Friday this week (February 3 & 4) at 7:00 in the Little Theater. Tickets are \$5 each at the door or students may use their activity pass. Come see what all the fun is about!

**Large Group Speech State Qualifiers:**

**Congratulations to LMHS Speech** for qualifying Television Broadcasting, Radio Broadcasting, Reader's Theatre and Short Film production for State Speech Large-Group competition!

**Wind Ensemble Selected to Perform at the IBA Conference in May:**

**Congratulations to the LMHS Wind Ensemble** on being selected as the 4A Concert Band to perform at the Iowa Bandmasters Association Conference in May! This is one of the highest honors a concert band can receive in Iowa!

**Bella Voce Selected to Perform as a Featured Choir at the Iowa Choral Showcase:**

**Congratulations to LMHS Bella Voce** on being selected as a Feature Choir at the Iowa Choral Showcase in April!

**Winter Play Rescheduled to February 3 and 4**

The LMHS Drama presentation *You Can't Take It with You* at 7:00 p.m. in the Little Theatre has been rescheduled for Thursday, February 3, and Friday, February 4. All seats are \$5.00. Activity passes and Thespian membership cards are honored.

**State Large-Group Speech Parent and Student Volunteers Needed**

Parent and Student Volunteers are Needed for State Large-Group Speech on **Saturday, February 5**, at Cedar Rapids Kennedy High School. LMHS students who qualify for State Large-Group Speech will also be performing at this location. LMHS students will be able to receive volunteer CORDS hours for this event. Thank you for your consideration in helping at State Large-Group Speech. For any questions, please contact Mrs. Feilmeier-Marzen at 319-447-1535 or stop by classroom KL102. The link to sign up as a volunteer for State Large-Group Speech is:

<https://www.signupgenius.com/go/10C0F4EA9A929A7FFC43-ihssa>

***D. Clubs/Organizations:***

## [LMHS Student Ambassador Application](#)

### **LMHS Femineers Club**

The LMHS Femineers Club meets each Tuesday (8:00-8:50 a.m.) in Mr. Patterson's classroom (D-31). See Mr. Patterson or Ms. Lentz for more information.

### **LMHS Chess Club**

The LMHS Chess Club meets each Tuesday (4:00-5:00 p.m.) in Dr. Mangano's classroom (I-13). See Dr. Mangano for more information.

### **LMHS Dungeons and Dragons Club**

The LMHS Dungeons and Dragons Club meets each Thursday (4:00-6:00 p.m.) in the Learning Center. See Mr. Griggs for more information.

### **LMHS Science Olympiad Teams**

The LMHS Science Olympiad Teams meet each Monday at 4:00 p.m. in Mrs. Azelborns' classroom (G-149). See Mrs. Azelborn or Mr. Garcia for more information about Science Olympiad.

### **LMHS eSports Winter and Spring Seasons has started:**

Any student interested in being involved in LMHS eSports winter season (Overwatch and Rocket League) is encouraged to reach out to Brian Johnson ([bjohnson@linnmar.k12.ia.us](mailto:bjohnson@linnmar.k12.ia.us)), Luke Johnson ([luke.johnson@linnmar.k12.ia.us](mailto:luke.johnson@linnmar.k12.ia.us)) or Zach Mixdorf ([zmixdorf@linnmar.k12.ia.us](mailto:zmixdorf@linnmar.k12.ia.us)) for more information on intramural play.

## **Other Information**

### **Ordering the Linn-Mar High School 2021-22 Yearbook**

All 2021-22 LMHS Yearbooks are purchased directly through the vendor, Jostens. The link to order the 2021-22 LMHS Yearbook is: <https://www.jostens.com/>

**Attendance for This Week (through Thursday): 93.8 %**

**The next LMHS Updates and Announcements for Students and Parents will be sent on Friday, February 11.**