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Every school counselor and student assistance counselor is available to support students during this time.
Please feel free to reach out to them via email to set up a time to talk.
Linn-Mar specific information and resources can be found at https://tinyurl.com/wecareaboutyou
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Kindergarten

## Comparing Activities

Fill in the boxes with the $<,>$, or $=$ sign to show less than, greater than, \& equal to.


equal to

Draw 2 different amounts of objects (circles, stars, etc) in the boxes below to make the sign in the middle true!


Count by 1 's to 100 by taking turns with a family member saying every other number until you reach 100!

Color the amount of cubes to match the number found right below it!

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8
2


7


10


5

Circle the GREATEST number of cubes! Put a giant $X$ over the one with the LEAST number of cubes!

Circle the SMALLEST number in each box below.


Jack has an ice cream cone with 4 scoops on it. Meg has a cone with 6 scoops on it! Hank has a cone with 2 scoops on it. Draw a picture to match this number story. Then circle the ice cream cone with the greatest number of scoops!

Use the graph to the right to answer the questions below.
Which summer activity do kids
like the most?

How many kids liked soccer best?
$\qquad$


## SCAVENGER HUNT

Directions: Look for numbers in magazines and newspapers! Cut them out and glue them below to complete each number comparison!
(


## KINDNESS <br> SCAVENGER HUNT

Directions: Try to complete as many acts of kindness as you can over the next week.

- Read to a younger sister or brother -Do someone else's chore
- Help make dinner
- Write a letter or draw a picture for someone in your family
- Give someone in your family a hug
- Give a pet or family member a treat
- Play a game with a family member
- Donate toys you don't play with to charity
- Donate food to local food bank or food pantry


## GRADE Lesson 13: K Managing Frustration

## What Is My Child Learning?

Your child is learning that feelings vary in strength and that strong feelings need to be managed. Your child will learn that saying "Stop" and naming their feeling is an effective way to begin to calm down.

## Why Is This Important?

Naming a feeling can help it feel less powerful, which can help your child when they're upset or overwhelmed by a strong emotion.

During this time of uncertainty, children may be experiencing a whole range of big feelings. Being able to name their feelings and practice Calming-Down Steps willhelp children manage their emotions appropriately and feel a greater sense of control in coping with frustration, anger, or worry.

## Vocabulary

Practice these words with your child before or during the lesson:

- Strong feelings: when your feelings are very big and you might not be able to control them
- Frustrated: feeling upset or angry because you're not able to do what you're trying to do


## After the Lesson

- Ask your child to describe a scenario when they might feel frustrated.
- When your child is picturing that frustrating scenario, have them practice putting their hands on their tummy, saying "Stop," and naming their feeling.


## Daily Practice

- Try doing these activities with your child to help reinforce what they've learned:
- Play the Clap and Count Brain Builder at home.
- Listen to "The Calm-Down Song."
- Talk about a recent time when you felt frustrated and what made you feel better.


## Create a Second Step Account

1. Go to www.secondstep.org
2. Under New Users, click "Create Account"
3. Complete the required fields
4. Add Program Activation Key: SSPK FAMI LY70


#### Abstract

The Second Step Family Resources (individually or together, the "Resource") are for educational use only by parents, families, and teachers with students currently learning online due to the impact of COVID-19. Each Resource has been created by Committee for Children, and all intellectual property and other property rights, including copyright, are owned and controlled by Committee for Children. Your use of a Resource does not create any ownership interest or other rights in the Resource or any of its contents or elements. Neither the Resource nor its contents or elements may be copied, performed, modified, distributed, downloaded, posted, or shared with or given to sold to anyone else or used for any noneducational purpose. Additional terms and conditions may apply, as indicated for a particular resource. © Committee for Children 2020.


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## Caring

1. Talk about Empathy. Empathy is when you're able to understand and care about how someone else is feeling. Empathy is not the same as feeling sorry for someone.
2. Read/Watch Rainbow Fish to the Rescue
3. Discuss as a group:
a. What does it mean to be caring?
b. What are some words that describe the character trait of caring?
c. What are some ways that we show that we care?
d. Why is it important to care for others?
4. As a family, read and discuss each scenario.
5. Read the scenario, and discuss empathy and caring (how you would feel).What could you do for that person?
i. Scenario 1 - There's a new student at your school who wears clothes that are different from what everyone else wears. People begin to make fun of what the new student is wearing.
6. Practice what you would say to the person who is being teased.
7. Practice what you would say to the people who are teasing.
ii. Scenario 2 - Four friends are playing together out at recess. Two of the girls start to whisper to each other and then begin to laugh.
8. Practice what you would say to the person who is being whispered about.
9. Practice what you would say to the people who are whispering.
iii. Scenario 3 - There is a game of tag at recess. The person who is it tags a boy too hard and the boy falls down, scraping his knees and hands.
10. Practice what you would say to the person who is hurt.
11. Practice what you would say to the people who pushed him.

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A- Alligator
B- Butterfly
C- Carrot
D- Duck
E- Egg
F- Fox
G- Grapes H- Heart
I- Igloo
J- Jellyfish
K- Key
L- Leaf
M- Mushroom
N - Necklace
O- Octopus
P- Plant
Q- Queen
R- Rainbow
S- Strawberry
T- Tent
U- Unicorn
V- Vegetable W- Waldo
X- X-ray
Y- Yarn
Z- Zipper

See examples below.
Can you find YOUR art teachers work below?
Mrs. Havlicek, Mrs. McDonald, Mrs. Boyle, Mrs. Krause, Mrs. Bailey, Mrs. Wheeler


Kindergarten

Kindergarten Music Lesson for the Week of May 11, 2020.
National Standard Focus: Creating and Performing
MU:Cr1.1.1a With limited guidance, create musical ideas for a specific purpose.
MU:Pr4.2.1a With limited guidance, demonstrate knowledge of music concepts in music from a variety of cultures selected for performance.

I Can Statements:
1-I can sing a Sol/Mi melody
2-I can create a Sol/Mi melody

Watch the video of Ms. Rosenkranz explaining and practicing Sol and Mi (High and Low).

Activity:

1. Use four objects: cereal boxes, stuffed animals, books, anything really that you can position in high and low patterns.
2. Create different high/low patterns and sing the patterns that you make!
3. Send a picture or a video of the patterns you make to your music teacher.

Extension:

1. Decode the pattern of "Rain, Rain, Go Away" and use your boxes (objects) to show the pattern.
2. Lyrics of the song: Rain, rain, go away.

Come again another day,
Little children want to play!
Rain, rain go away.

